

IMPORTANT, RETAIN FOR FUTURE REFERENCE: READ CAREFULLY

ASSEMBLY INSTRUCTION

IMPORTANT SAFETY NOTICE

The bike has been designed for home use only. Please note the following safety precautions:

1. Read all instructions before assembly & operation. Assemble the bike exactly as per the instructions contained in this manual.
2. Check all screws, nuts & other connections before using the bike.
3. Use the bike only for its intended use as described in this manual.
4. Use a suitable base, such as a rubber mat, under the bike and keep the area around the bike clear of dirt and obstacles.
5. Keep children & pets away from the bike at all times.
6. Only one person at a time should use the bike. (max weight:110 KG)
7. Always use the bike on a dry, clear & level surface. Do not use it outdoors or near water or excessive moisture.
8. Always remove water or moisture from the bike before & after use.
9. Keep all hands & feet away from any moving parts.
10. Do not insert any objects into any of the openings on the bike.
11. Before using the bike clean it thoroughly, do a comprehensive & proper warm up.
12. Always wear appropriate workout clothing & shoes when exercising & do not wear robes or other clothing that could become caught in the bike.
13. Close supervision is necessary when used by children, invalids or disabled persons.
14. If dizziness, nausea, chest pains, or any other abnormal symptoms are experienced while using the bike, STOP the workout at once & CONSULT A PHYSICIAN IMMEDIATELY.

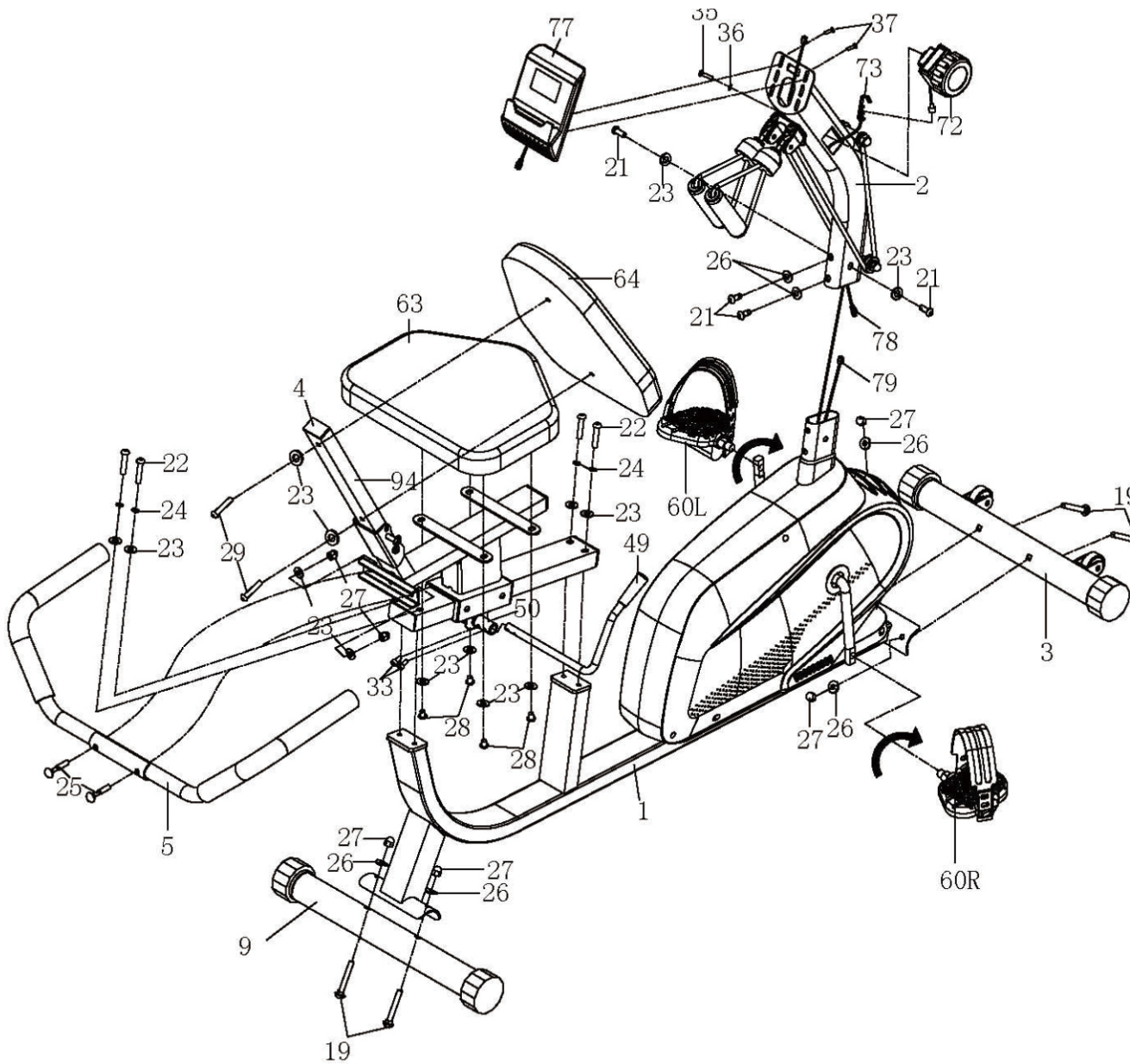
WARNING: BEFORE BEGINNING ANY EXERCISE PROGRAM, CONSULT YOUR PHYSICIAN. THIS IS ESPECIALLY IMPORTANT FOR INDIVIDUALS WITH PRE-EXISTING HEALTH PROBLEMS. READ ALL INSTRUCTIONS BEFORE USING THE BIKE. WE ASSUME NO RESPONSIBILITY FOR HEALTH-RELATED INJURIES OR PROPERTY DAMAGE SUSTAINED BY OR THROUGH INCORRECT OR EXCESSIVE USE OF THIS BIKE.

MAX WEIGHT OF USER: 110 KG

BATTERY WARNING:

1. Do not mix alkaline, standard (carbon-zinc), or rechargeable (nickel-cadmium) batteries.
2. Never mix old and new batteries.
3. Batteries are to be inserted with the correct polarity.
4. Remove the batteries when the unit is not in use for long periods.
5. The supply terminals are not to be short-circuited.
6. Always comply with local laws and regulations.

EXPLODED DRAWING



Assembly Instructions

1. Preparatory work

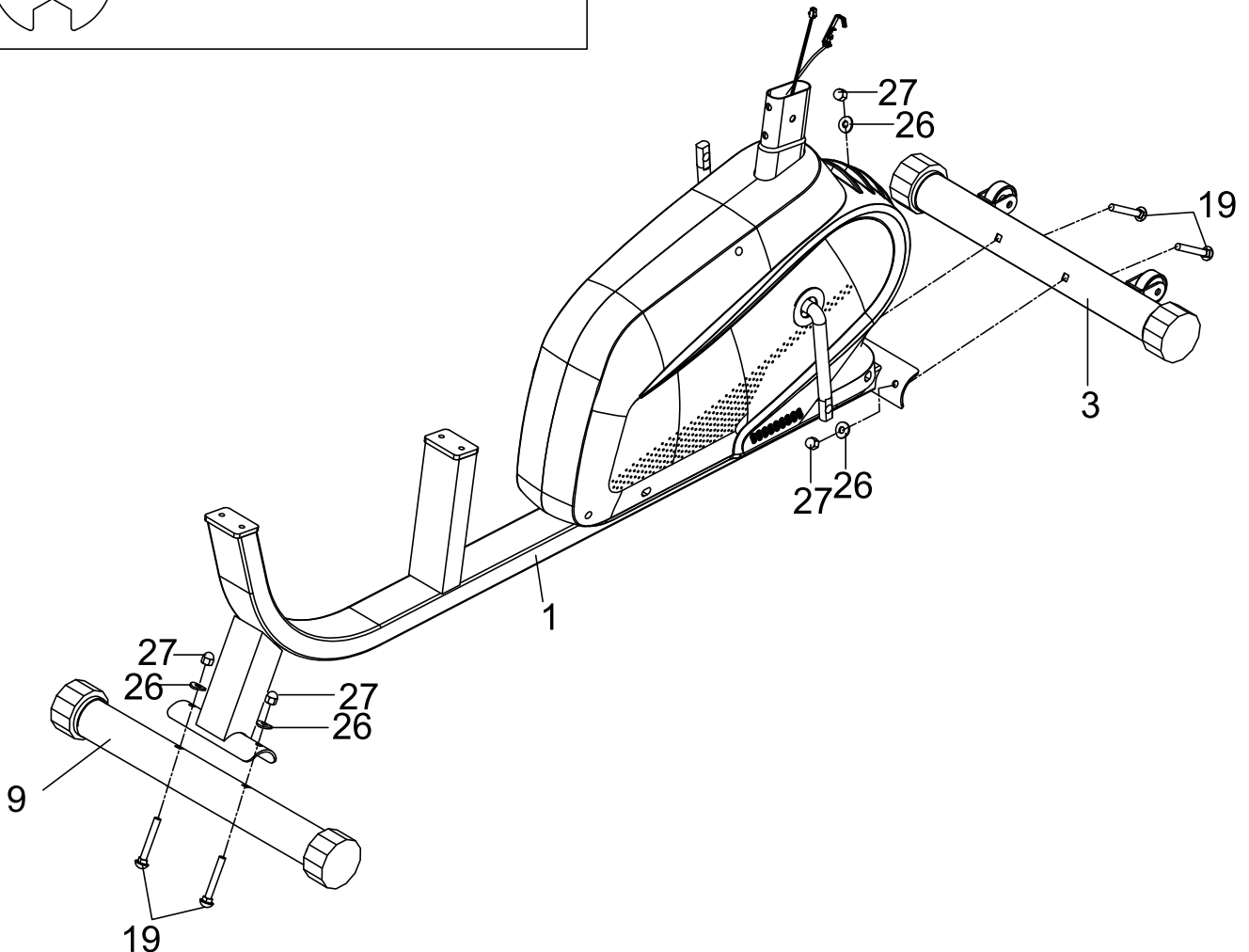
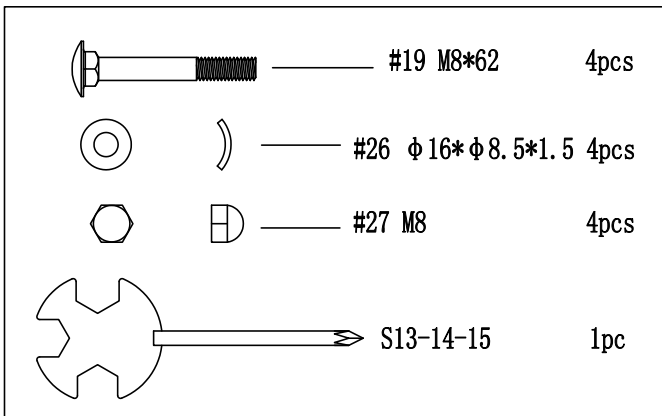
A. Make sure there is enough space before installation.

B. Confirm all the components are ready before installation. (refer to previous product exploded view which indicates the name and the location of the components).


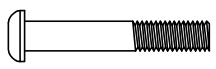


C. Use the provided tools or the special self-contained tools to install.

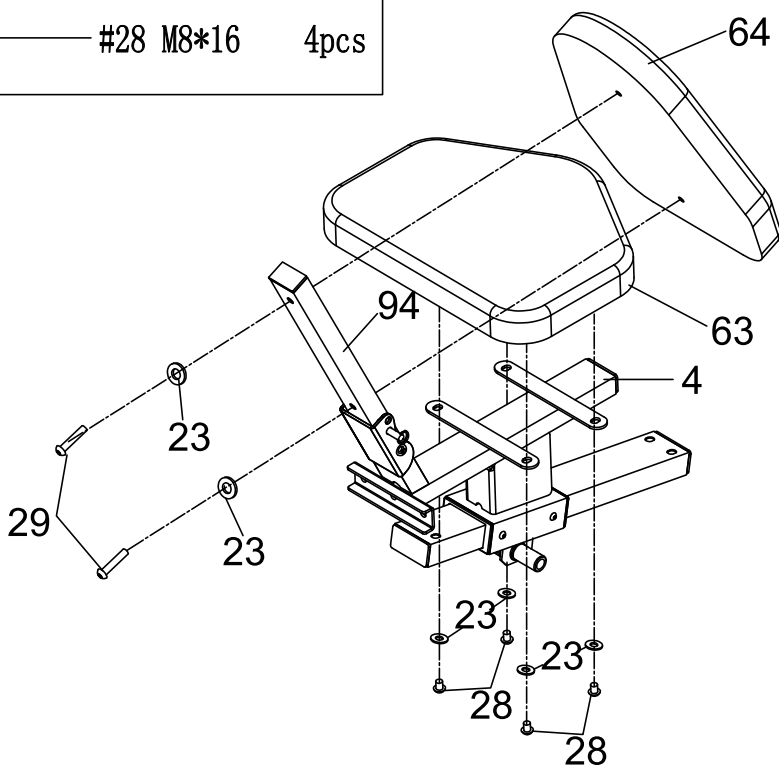
2. Assembly instructions

Step 1:

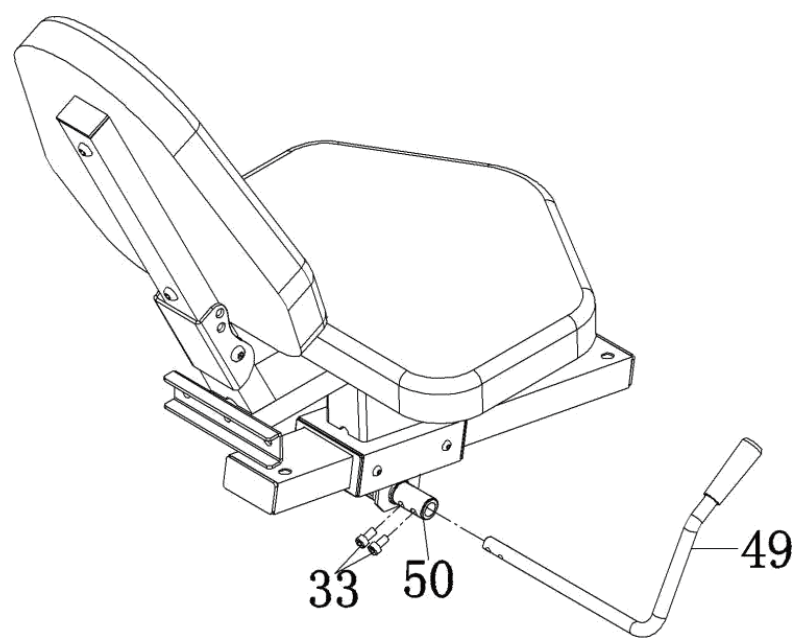



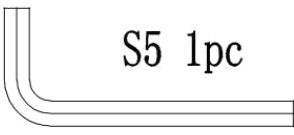
Step 2:

-  S5 1pc
-  #29 M8*40 2pcs
-  #23 $\phi 16 * \phi 8.5 * 1.5$ 6pcs
-  #28 M8*16 4pcs

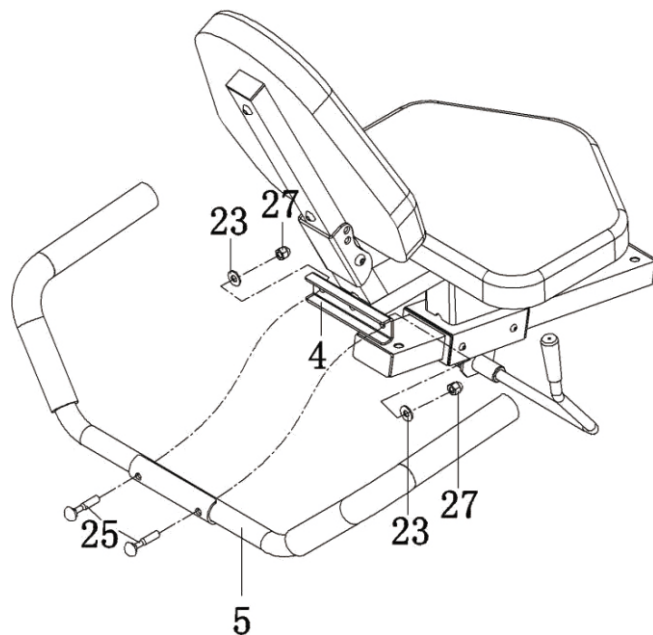
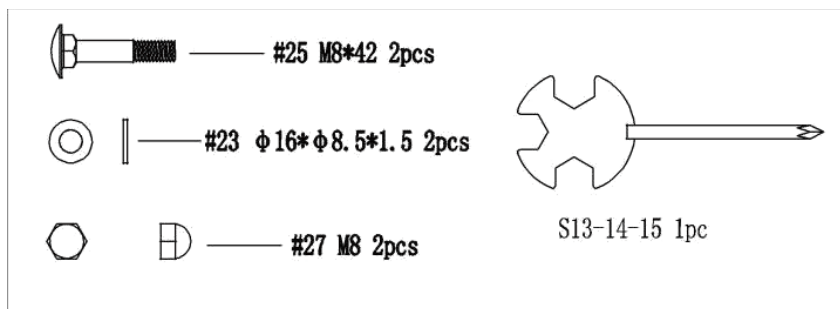


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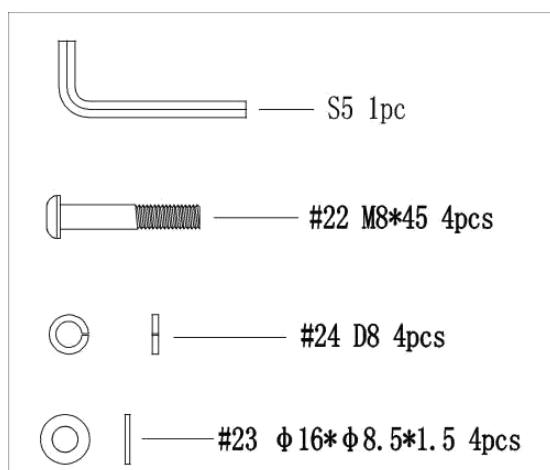
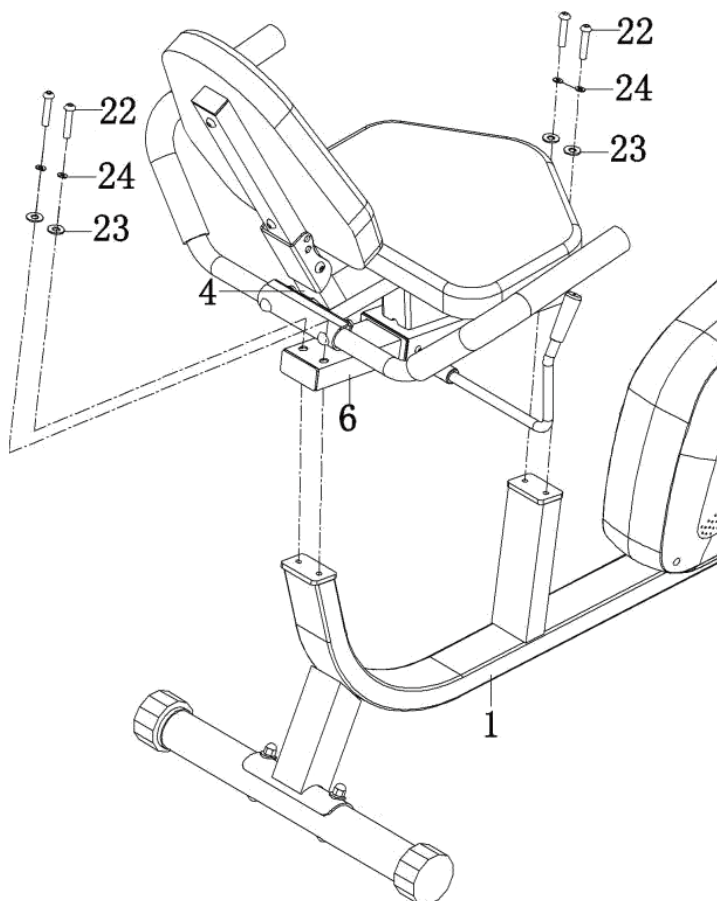


-  #33 M6*15 2pcs
-  S5 1pc

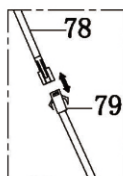
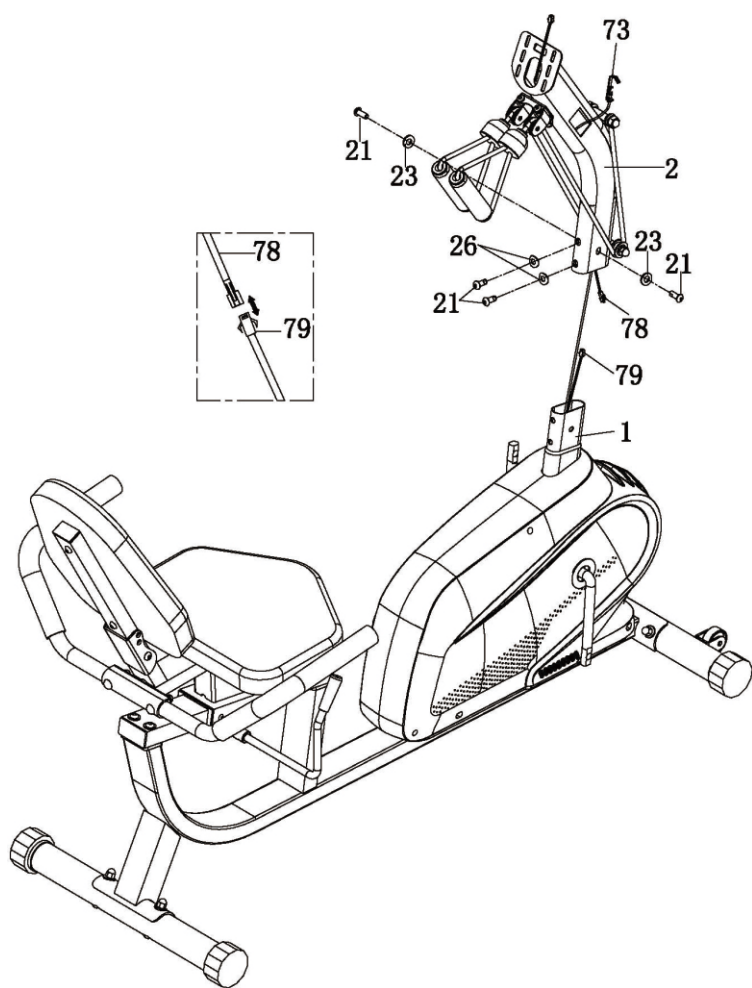
Step4:







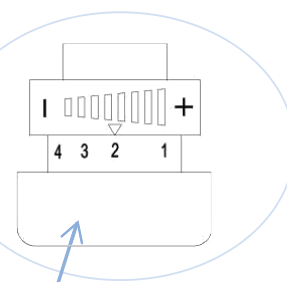
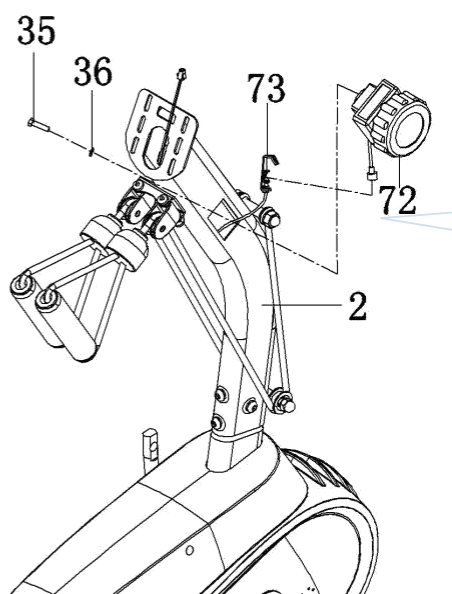
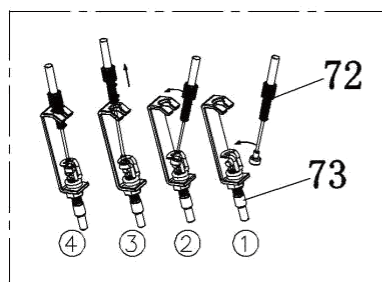
Step 5:



Step 6:

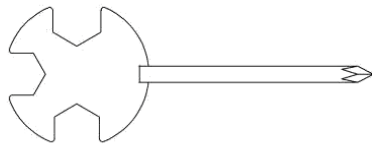
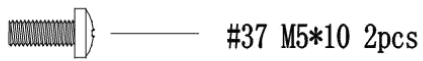
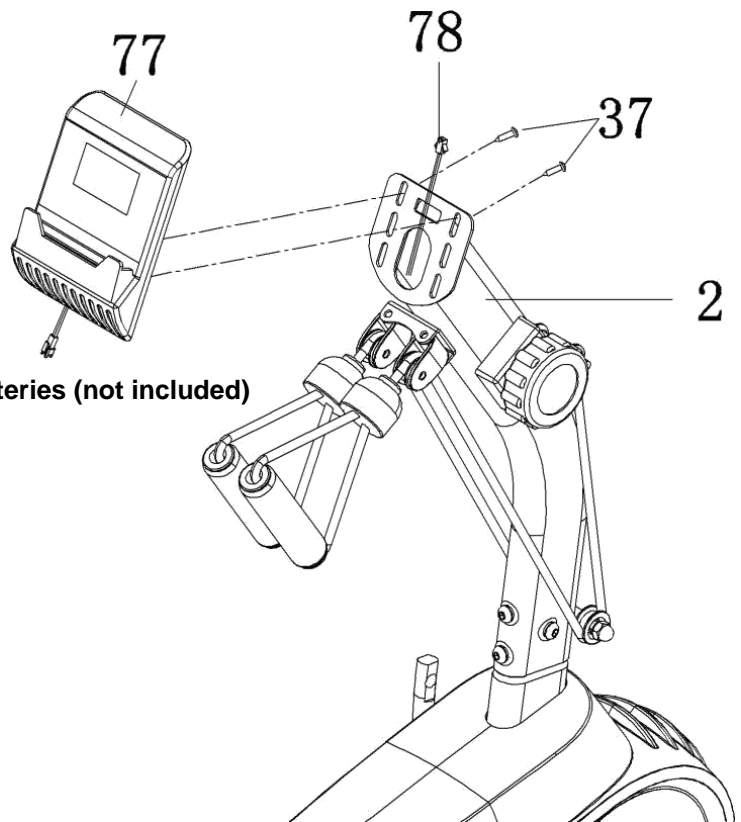
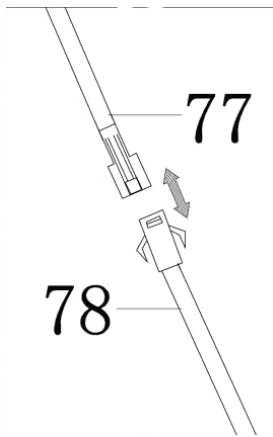


-  — S5 1pc
-  — #21 M8*15 4pcs
- ) — #26 $\phi 16*\phi 8.5*1.5$ 2pcs
-  | — #23 $\phi 16*\phi 8.5*1.5$ 2pcs

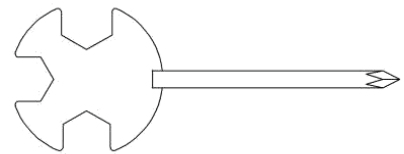
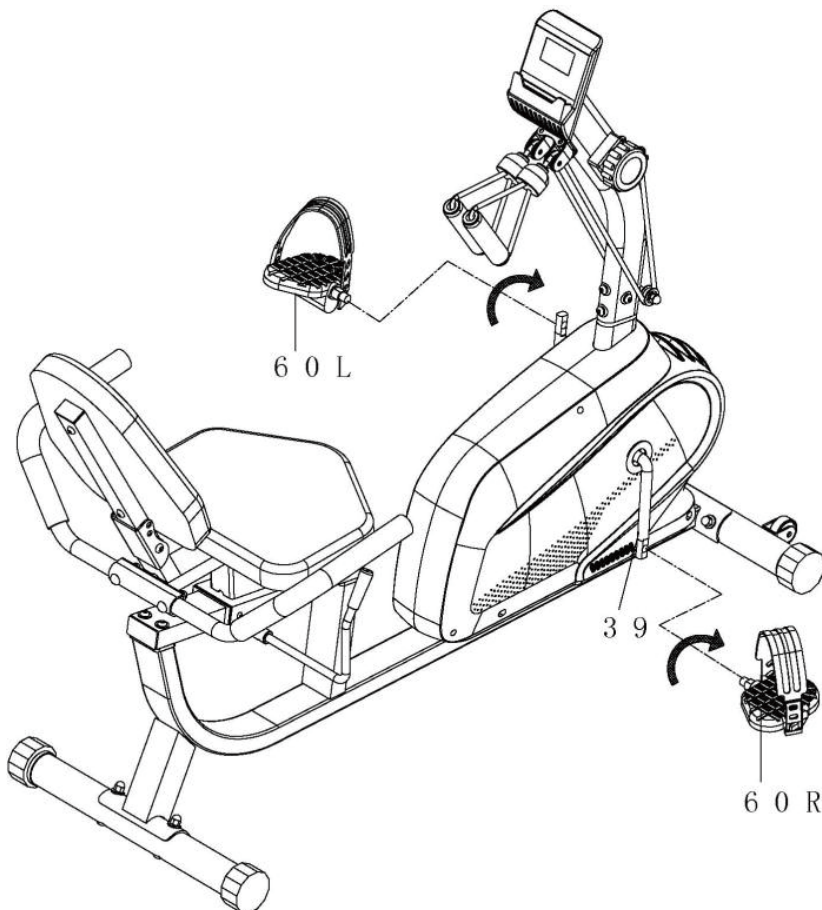


Note: Set the Tension Control Knob at 1 to ensure enough wire length to connect the Tension Control Wires (No. 72 and 73).

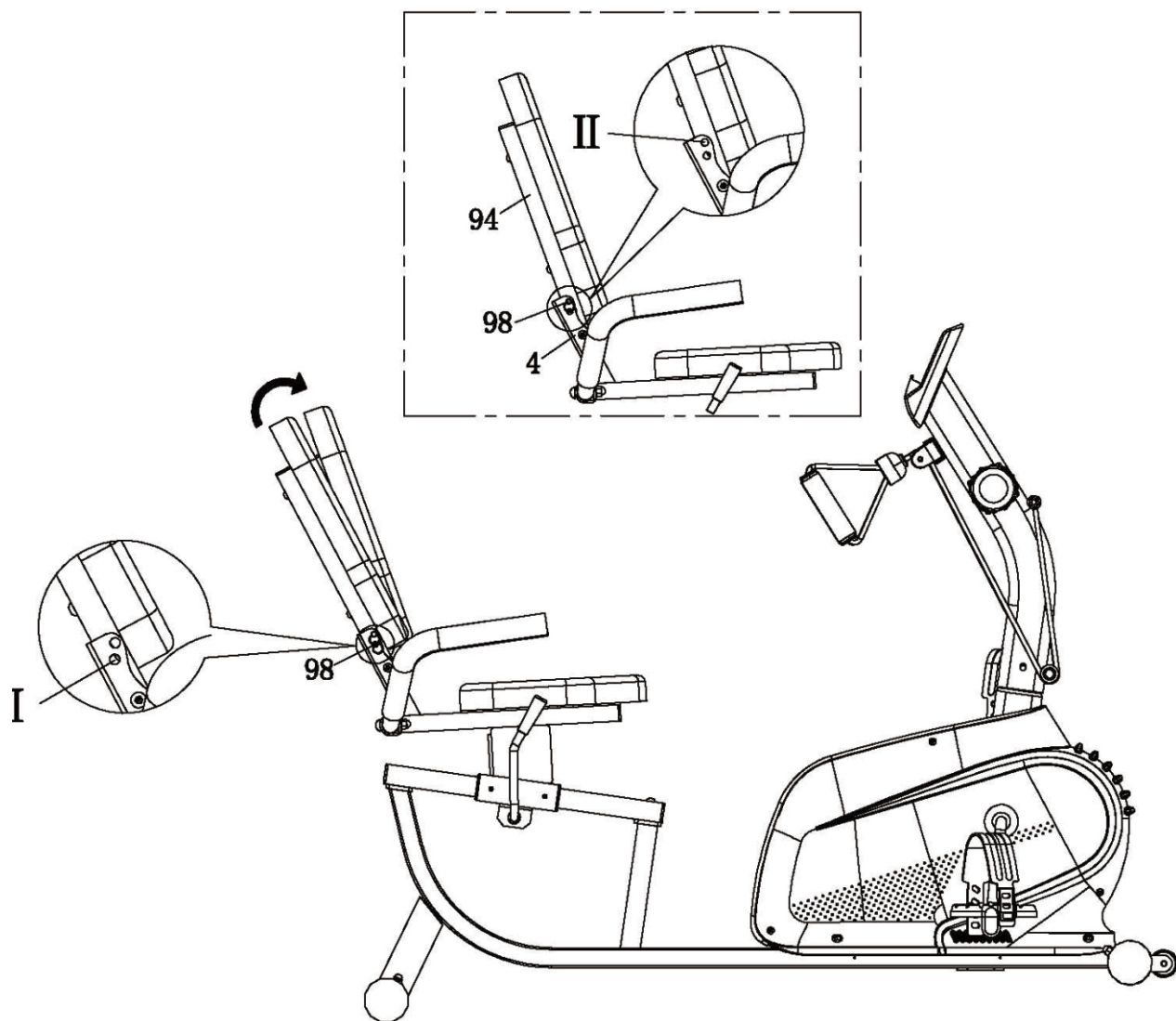
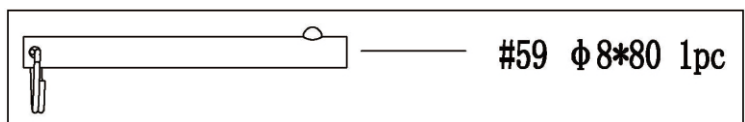
Step 7:



Step 8:



Step 9:



ADJUSTING THE SADDLE

Pull the Brake handle (49) up to loosen (see Fig 1). Then you can move on the Cushion frame(4) to find a suitable position. Push the Brake handle (49) down to tighten (see Fig 2).

Fig 1

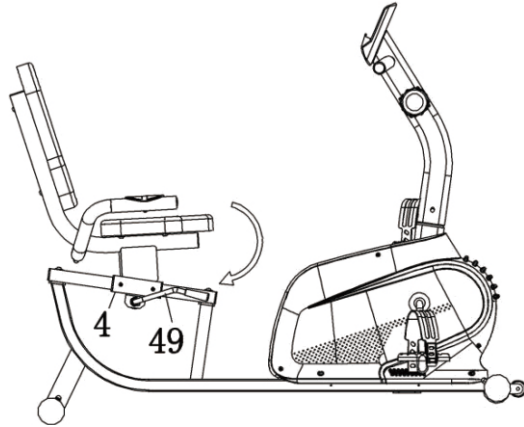
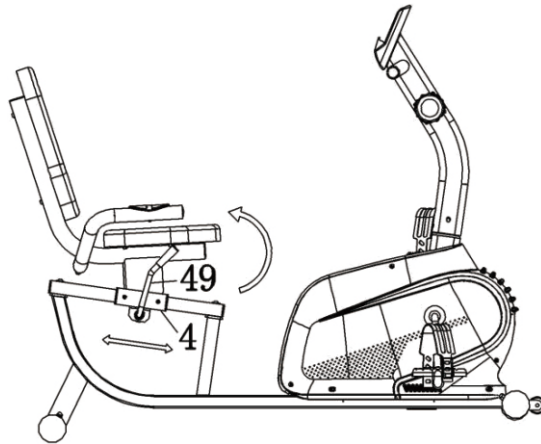
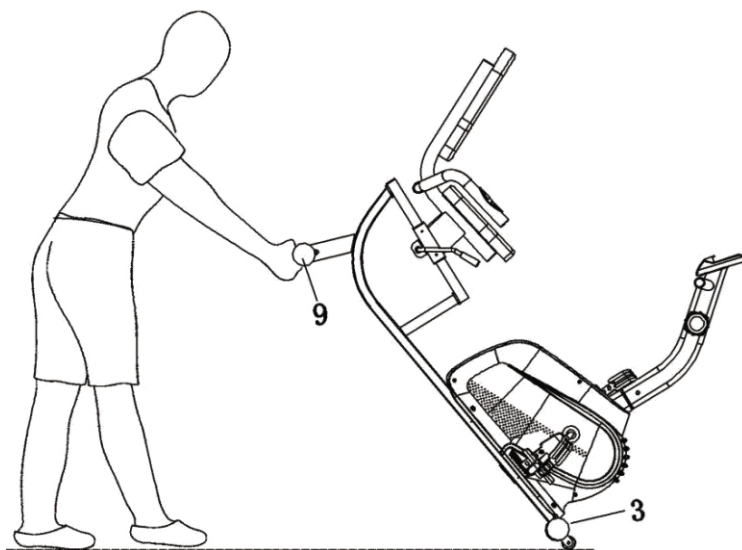


Fig 2



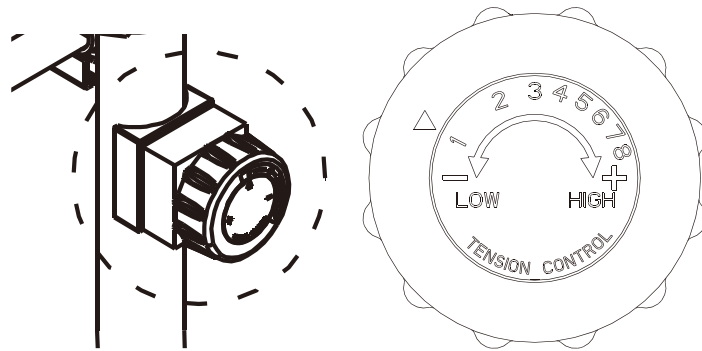
HOW TO MOVE THE BIKE?



Hold the **Rear Stabilizer (No. 9)** and lift the bike until wheels on the **Front Stabilizer (No. 3)** touch the ground. Now you can wheel the bike to the desired location.

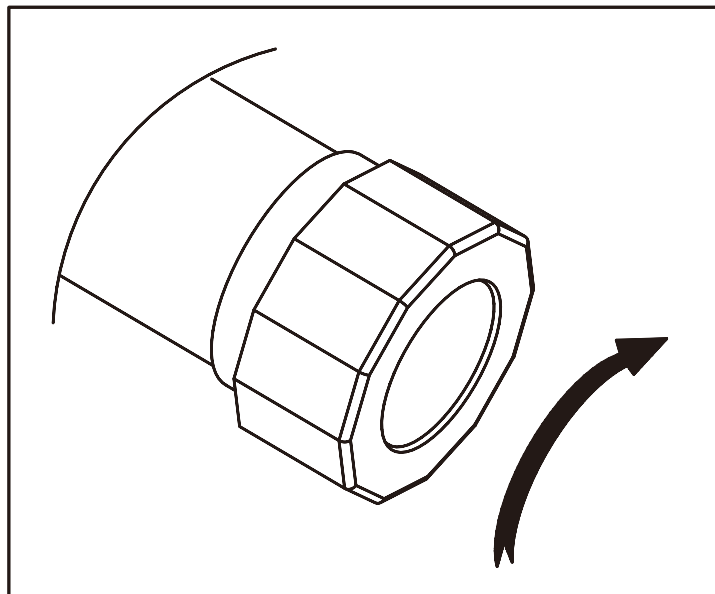
ADJUSTING THE RESISTANCE

Adjust the resistance of the bike using the **Tension Control (No. 72)**. Increase the level of resistance by turning the tension knob to the **RIGHT (clockwise)**, decrease the level of resistance by turning the tension knob to the **LEFT (counter-clockwise)**.

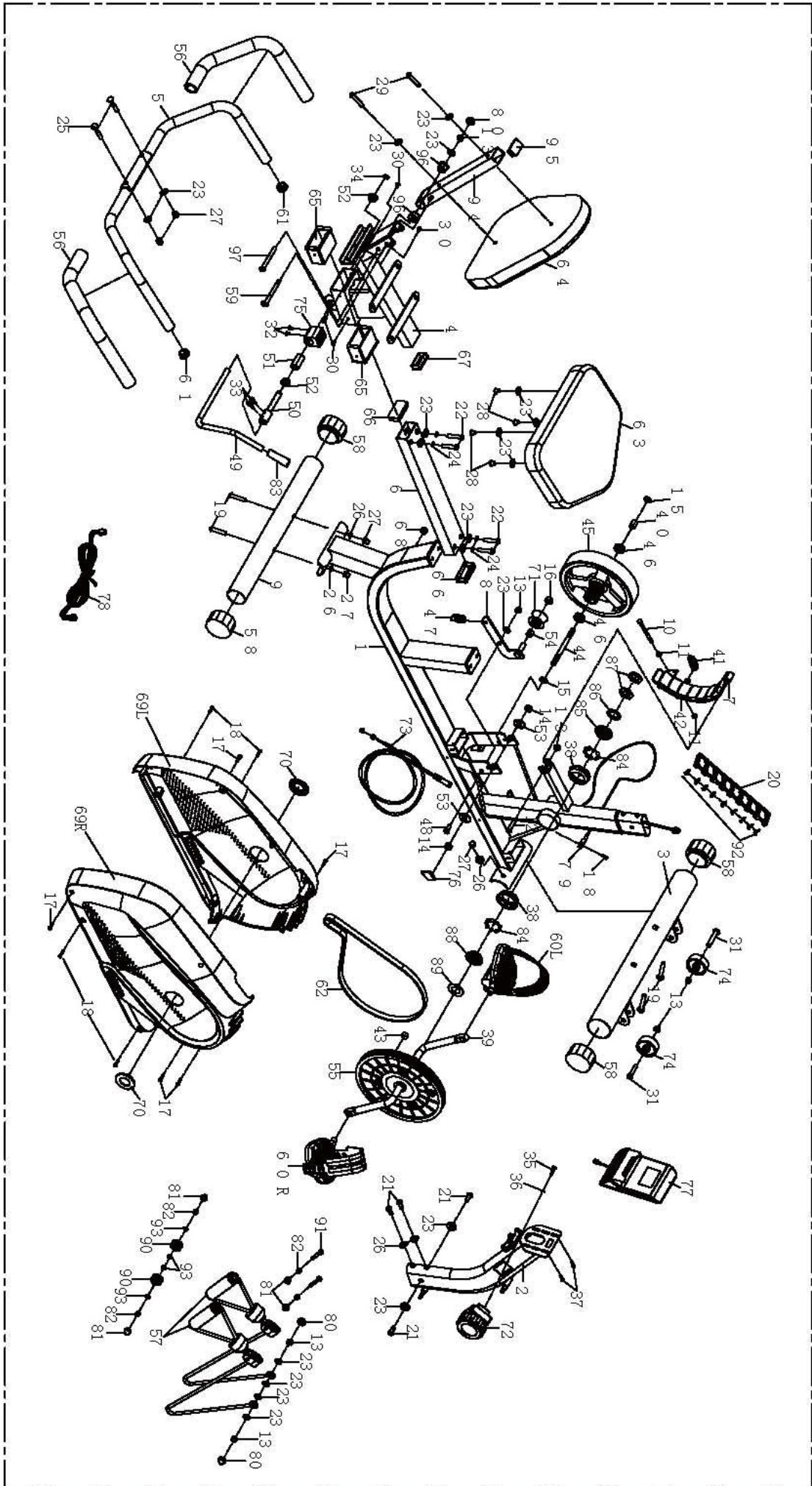


ADJUSTING THE HEIGHT AND BALANCE

In order to achieve a smooth and comfortable ride, you must ensure that the bike is stable. If you notice that the bike is unbalanced during use, you should adjust the end caps located beneath the **Rear Stabilizer (No. 9)**. To do so, turn it *clockwise*.



EXPLODED DRAWING



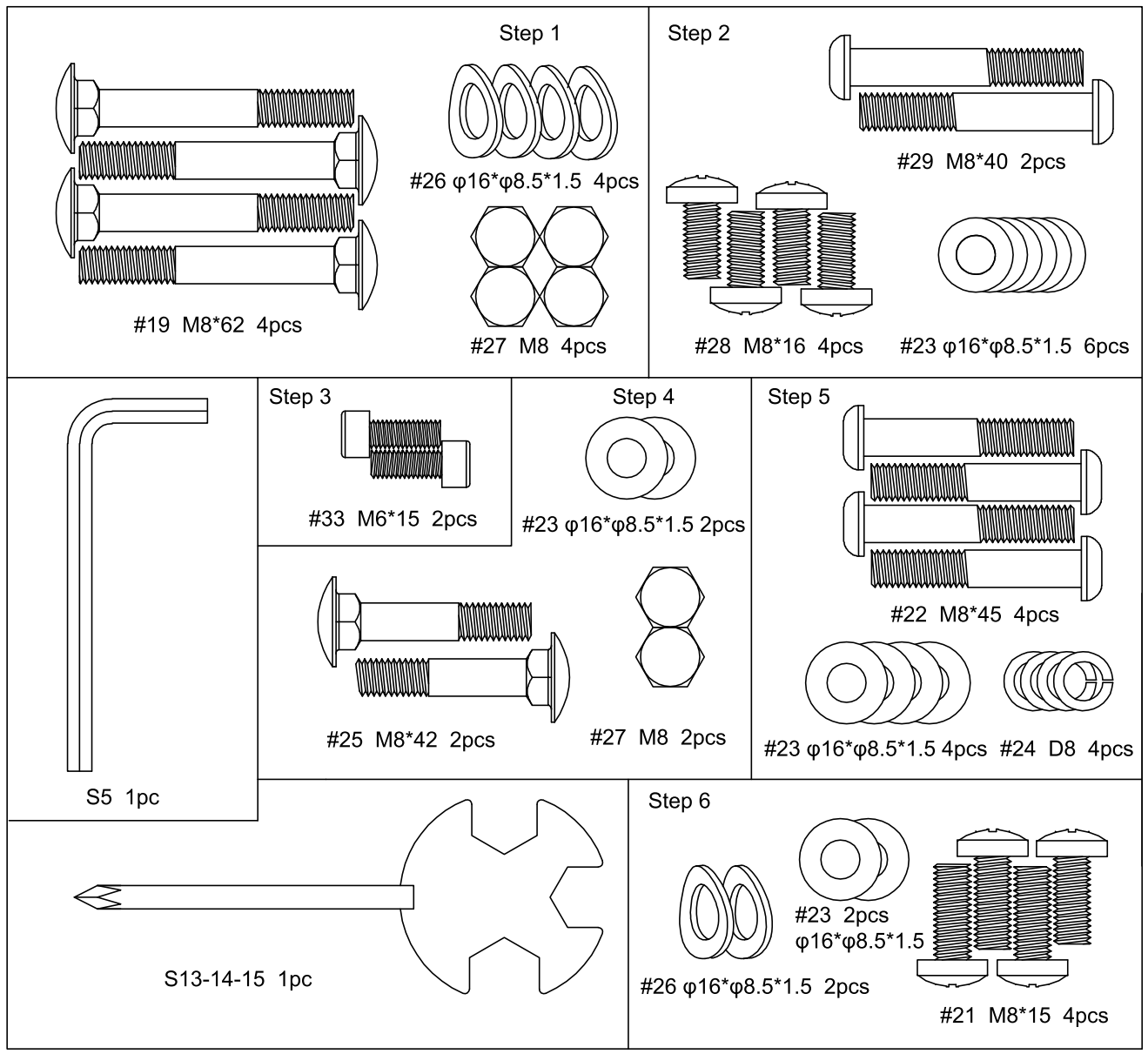
Part List

NO.	Description	QTY	NO.	Description	QTY
1	Main frame	1	50	Eccentric shaft $\phi 12 \times 105$	1
2	Front post	1	51	Eccentric wheel $\phi 20 \times 38$	1
3	Front Stabilizer	1	52	Bushing $\phi 23 \times \phi 12.2 \times 11$	2
4	Cushion Frame	1	53	Lock washer $\phi 30 \times 2.0$	2
5	Handle bar	1	54	Idler spacer $\phi 16 \times \phi 10.2 \times 10$	1
6	Adjusting tube	1	55	Pulley $\phi 240 / J6$	1
7	Magnet board	1	56	Foam grip $\phi 23 \times \phi 33 \times 450$	2
8	Idler link	1	57	Rope Set	2
9	Rear stabilizer	1	58	Rear end cap $\phi 50$	4
10	Bolt M6*70	2	59	Plug	1
11	Nut M6	1	60L/R	Pedal (1/2")	2
12	Bolt M8*40	7	61	Round end cap $\phi 25 \times 1.5$	2
13	Nylon Nut M8 S13	2	62	Belt 370 Pj6	1
14	Nut M10x1 xH5	2	63	Seat cushion $360 \times 280 \times 40$	1
15	Nut M10x1xH4	1	64	Backrest cushion $380 \times 290 \times 40$	1
16	Nylon Nut M10	5	65	Sleeve	2
17	Screw ST4. 2*20	5	66	Cap $60 \times 30 \times 1.5$	2
18	Screw ST4. 2*20	4	67	Cap $50 \times 25 \times 1.5$	1
19	Bol t M8*60	1	68	Plug 12	1
20	Magnetic fix board	4	69	Shell	1
21	Bolt M8*15	4	70	Crank plug	2
22	Bolt M8*45	20	71	Arc idler $\phi 43.5 \times 25$	1
23	Washer $\phi 16 \times \phi 8.5 \times 1.5$	4	72	Tension control wire 280mm	1
24	Washer D8	2	73	Tension control wire	1
25	Bolt M8*42	6	74	55MAX/760mm	2
26	Washer $\phi 16 \times \phi 8.5 \times 1.5$	6	75	Idler wheel $\phi 41 \times \phi 8.5 \times 20$	1
27	Nut M8	4	76	Brake block $40 \times 38 \times 32$	1
28	Bolt M8*16	2	77	EV washer $40 \times 20 \times 3$	1
29	Bolt M8*40	4	78	Computer wire 100mm	1
30	Bolt M5*8	2	79	Middle wire 600mm	1
31	Screw M8x38	2	80	Needle sensor wire 500mm	3
32	Screw M5*15	2	81	Domed Cap for M8 Nylon Nut	4
33	Bolt M6*15	1	82	Domed Nut for M6 Nylon Nut	4
34	Lock Washers for Shafts D12	1	83	Nylon Nut M6	1
35	Bolt M5*20	1	84	Brake handsets $\phi 24 \times 7 \times \phi 12$	2
36	Flat Washer D5	2	85	Ten sets shelf $\phi 46 \times 8$	1
37	Bolt M5*10	2	86	Nut $\phi 46 \times 12$	1
38	Ten sets $\phi 56 \times 15.5$	1	87	Washer $\phi 46 \times 2$	2
39	Crank $140 \times 220, 1/2$	1	88	Nut $32 \times 32 \times 4$	1
40	Fly wheels spacer $\phi 16 \times \phi 10.2 \times 17$	1	89	Lock nut 2 $\phi 46 \times 12$ Washer $\phi 40.5 \times 3$	1
41	Tension spring $\phi 18 \times 48 \phi 2$	8	90	Slidable Wheel	2
42	Black magnet $40 \times 25 \times 10$	1	91	Bolt M6*45	2
43	Round magnet $\phi 15 \times 6$	1	92	Screw ST3*10	9

44	Inertia wheel $\phi 10^* 1$ 25*M10*1*17	1	93	Flat Washer D6	4
45	External magnetic flywheels $\phi 200^* 72.5/3\text{Kg}$	2	94	Bad pad Bracket Cap 40*25*2.0	1
46	Bearing 6000Z	1	95	Sleeve	1
47	Tension spring $\phi 18 \times 48 \phi 2$	1	96	Screw M8*68	2
48	Bolt $\phi 9.8^* 6^* \text{M}8^* 15$	1	97	Flat Washer D6	1
49	Brake handle $\phi 12^* 380$				

BR5901R-2

HARDWARE





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Cet appareil, ses accessoires, cordons et batteries se recyclent

REPRISE À LA LIVRAISON



À DÉPOSER EN MAGASIN

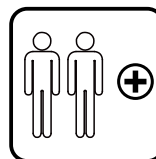
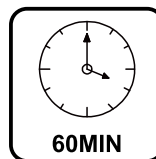
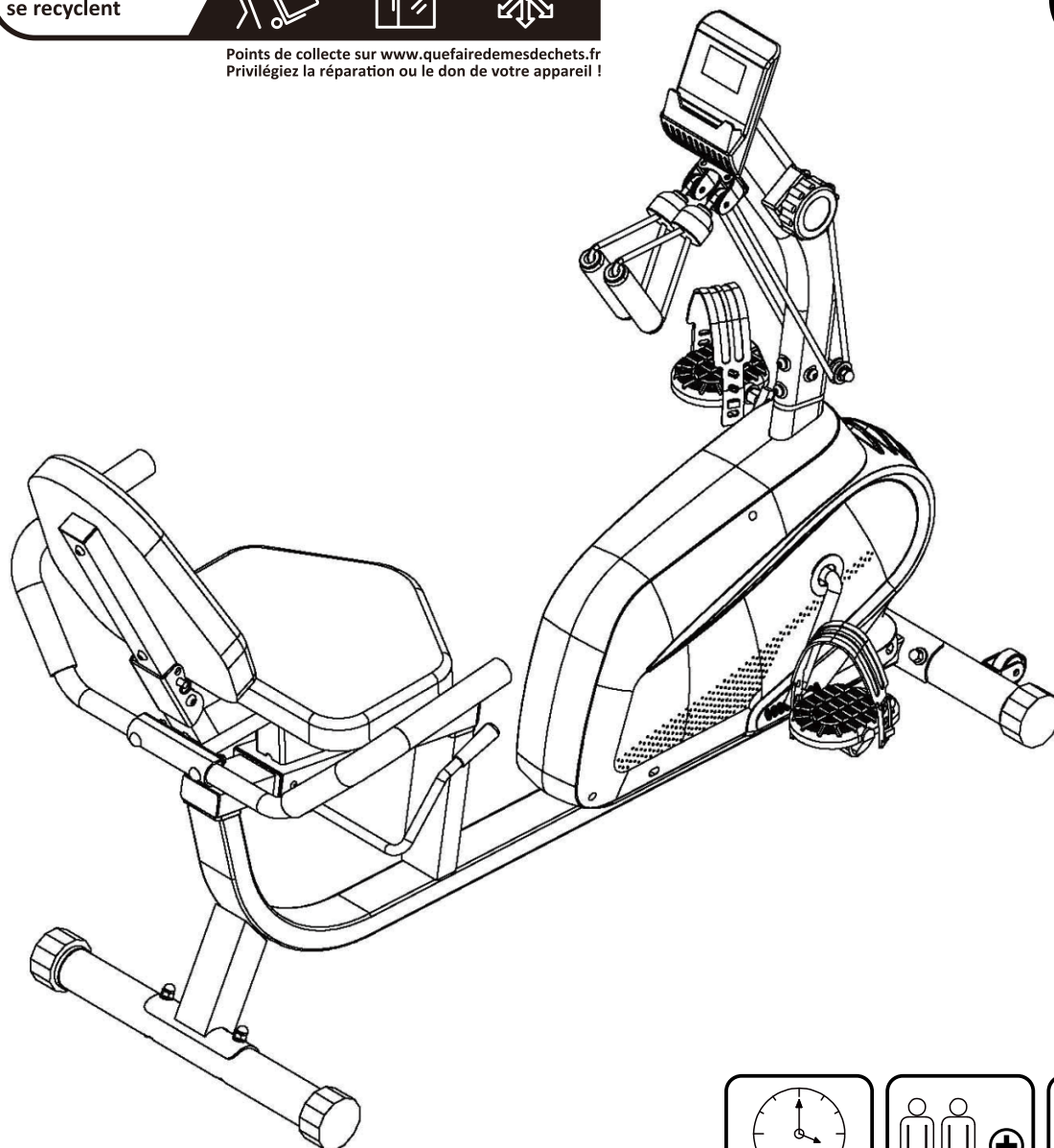


À DÉPOSER EN DÉCHÈTERIE



Points de collecte sur www.quefairedemesdechets.fr
Privilégiez la réparation ou le don de votre appareil !

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IMPORTANT : A LIRE ATTENTIVEMENT ET A CONSERVER POUR VOUS Y REFERER ULTERIEUREMENT

INSTRUCTIONS D'ASSEMBLAGE

AVIS IMPORTANT DE SÉCURITÉ

Le vélo a été conçu pour un usage domestique uniquement. Veuillez prendre note des mesures de sécurité suivantes :

1. Lisez toutes les instructions avant le montage et l'utilisation. Assemblez le vélo exactement selon les instructions contenues dans ce manuel.
2. Vérifiez toutes les vis, écrous et autres connexions avant d'utiliser le vélo.
3. N'utilisez le vélo que pour l'usage auquel il est destiné, tel que décrit dans le présent manuel.
4. Utilisez une base appropriée, telle qu'un tapis en caoutchouc, sous le vélo et gardez la zone autour du vélo libre de toute saleté et de tout obstacle.
5. Gardez les enfants et les animaux domestiques loin du vélo à tout moment.
6. Une seule personne à la fois doit utiliser le vélo (poids maximum :110KG)
7. Utilisez toujours le vélo sur une surface sèche, dégagée et plane. Ne l'utilisez pas à l'extérieur ou près de l'eau ou d'une humidité excessive.
8. Toujours retirer l'eau ou l'humidité du vélo avant et après son utilisation.
9. Maintenir les mains et les pieds à l'écart de toutes pièces mobiles
10. N'insérez aucun objet dans les ouvertures du vélo.
11. Avant d'utiliser le vélo, nettoyez-le soigneusement et faites un échauffement complet et adéquat.
12. Portez toujours des vêtements et des chaussures appropriés pour l'entraînement et ne portez pas de peignoirs ou d'autres vêtements qui pourraient se prendre dans le vélo.
13. Une surveillance étroite est nécessaire lorsque le vélo est utilisé par des enfants, des invalides ou des personnes handicapées.
14. En cas de vertiges, de nausées, de douleurs thoraciques ou de tout autre symptôme anormal lors de l'utilisation du vélo, ARRÊTEZ immédiatement l'entraînement et CONSULTEZ IMMÉDIATEMENT UN MÉDECIN.

AVERTISSEMENT : AVANT DE COMMENCER UN PROGRAMME D'EXERCICE, CONSULTEZ VOTRE MÉDECIN. CECI EST PARTICULIÈREMENT IMPORTANT POUR LES PERSONNES AYANT DES PROBLÈMES DE SANTÉ PRÉEXISTANTS. LISEZ TOUTES LES INSTRUCTIONS AVANT D'UTILISER LE VÉLO. NOUS N'ASSUMONS AUCUNE RESPONSABILITÉ EN CAS DE BLESSURES OU DE DOMMAGES MATÉRIELS LIÉS À LA SANTÉ ET SUBIS PAR OU À LA SUITE D'UNE UTILISATION INCORRECTE OU EXCESSIVE DE CE VÉLO.

POIDS MAXIMUM DE L'UTILISATEUR : 110KG

AVIS RELATIF AUX PILES :

1. Ne mélangez pas des piles alcalines, standard (carbone-zinc), ou rechargeables (nickel-cadmium).
2. Ne mélangez jamais des piles anciennes avec de nouvelles piles.
3. Les piles doivent être insérées avec la bonne polarité.
4. Retirez les piles lorsque l'appareil n'est pas utilisé pendant une longue période.
5. Les bornes d'alimentation ne doivent pas être court-circuitées.
6. Respectez toujours les lois et règlements locaux.

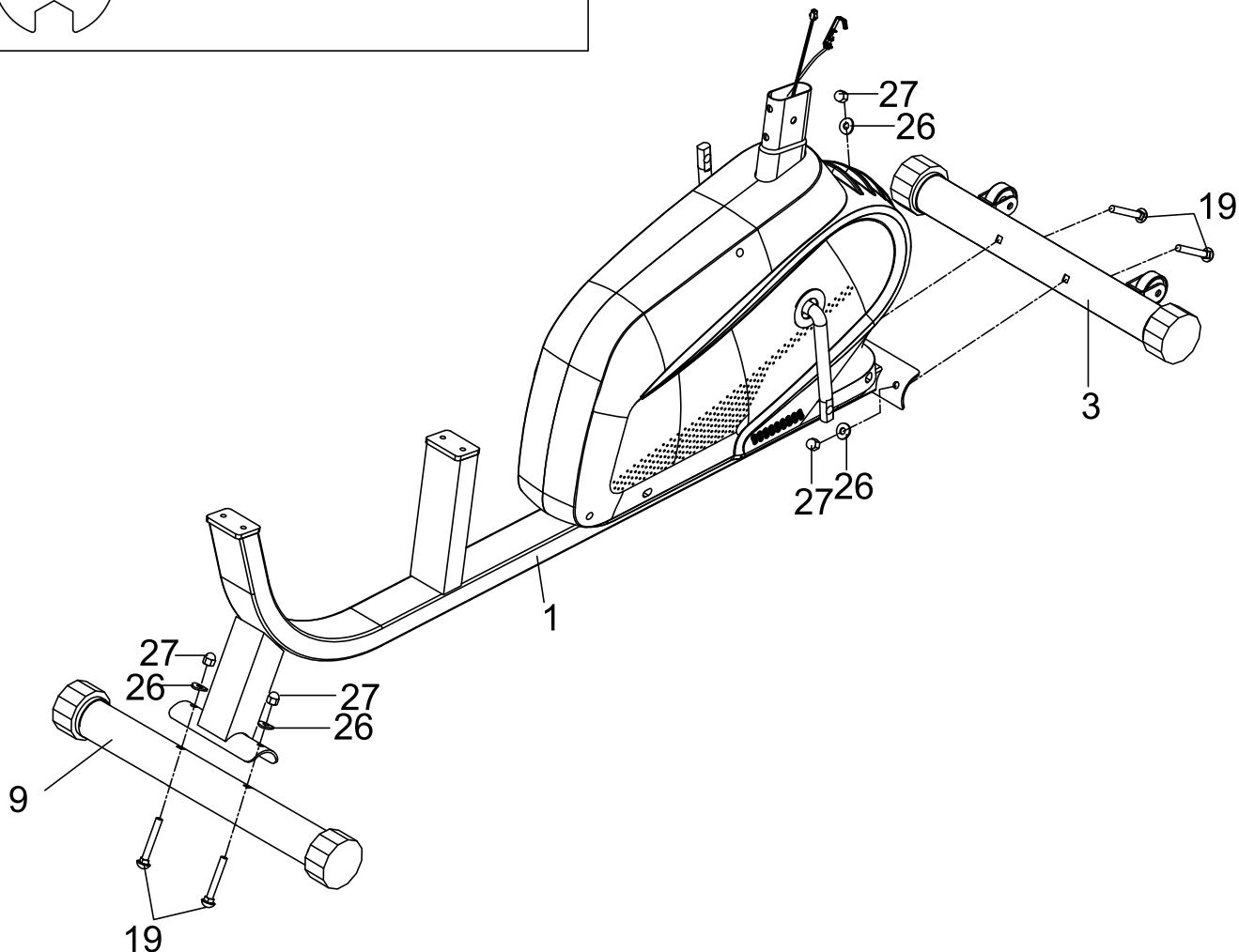
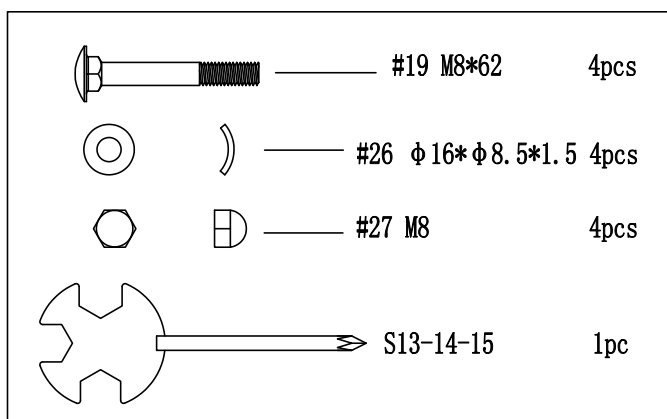
Instructions d'assemblage

1. Travaux pré paratoires


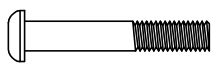


- A. Assurez-vous qu'il y a suffisamment d'espace avant l'installation.
- B. Confirmez que tous les composants sont prêts avant l'installation. (se référer à la vue éclatée du produit précédent qui indique le nom et l'emplacement des composants).
- C. Utilisez les outils fournis ou les outils spéciaux autonomes pour l'installation.

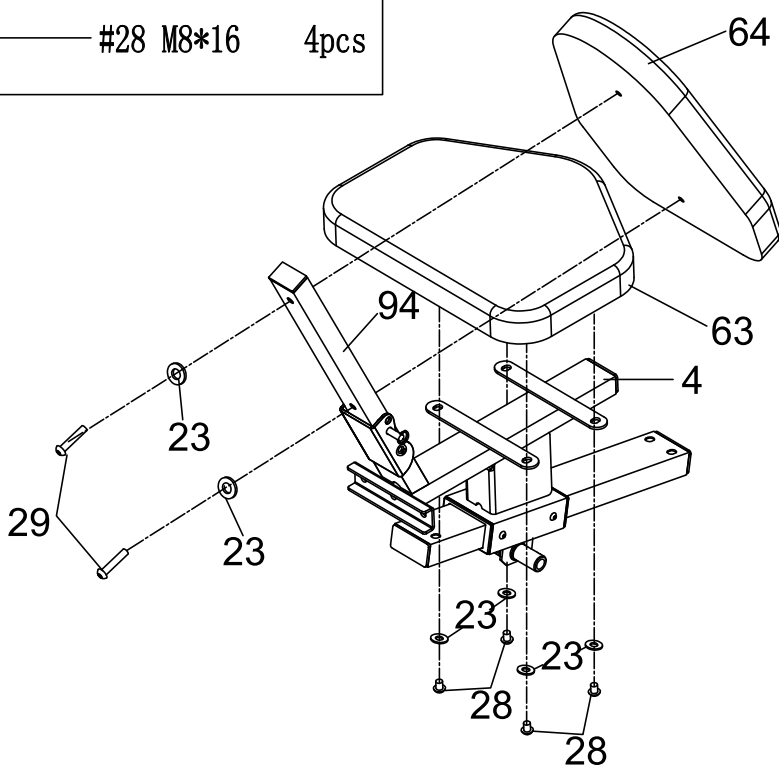
2. Instructions d'assemblage

Étape 1:

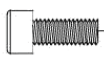
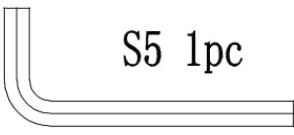


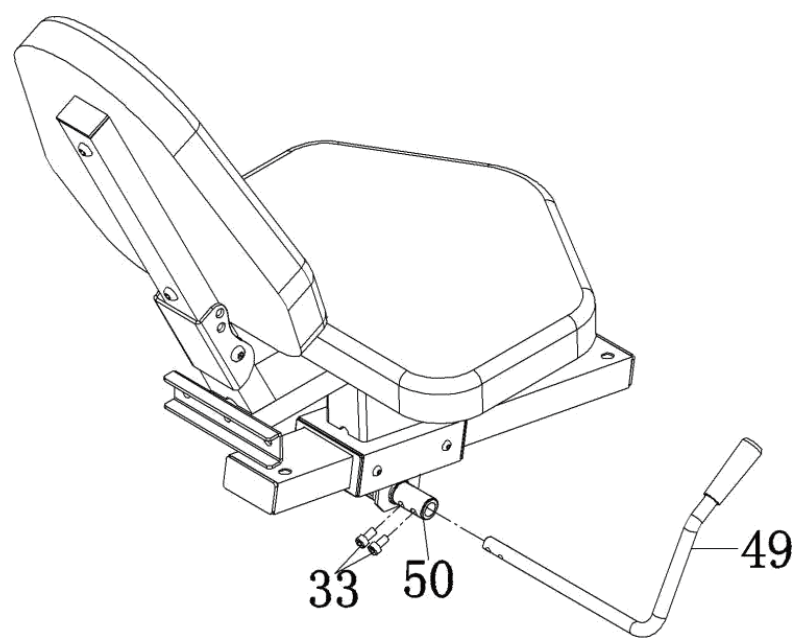
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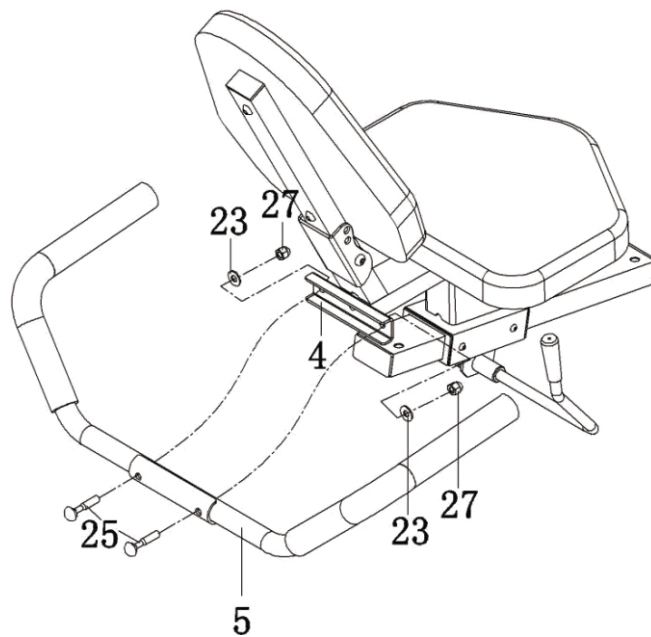
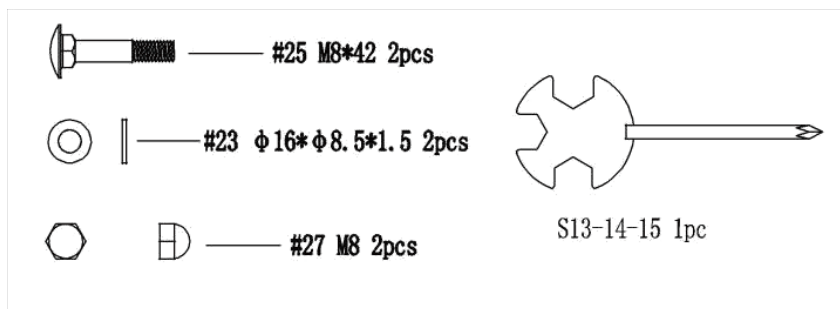


Étape 3:

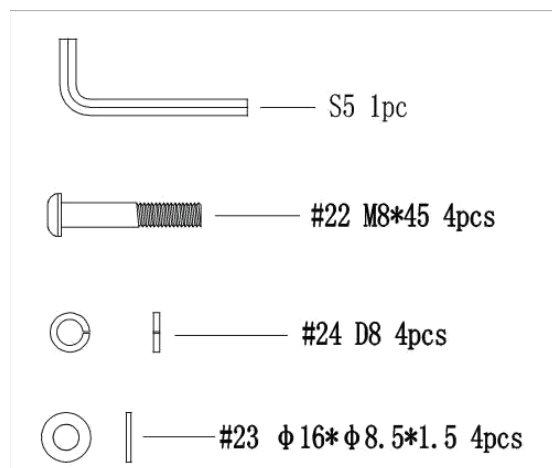
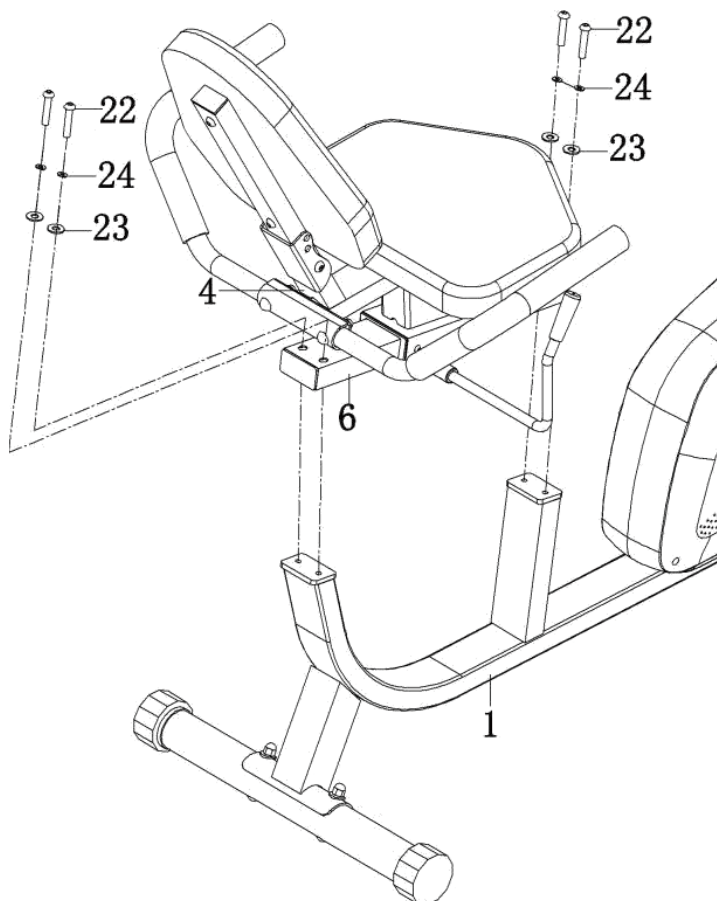
-  #33 M6*15 2pcs
-  S5 1pc



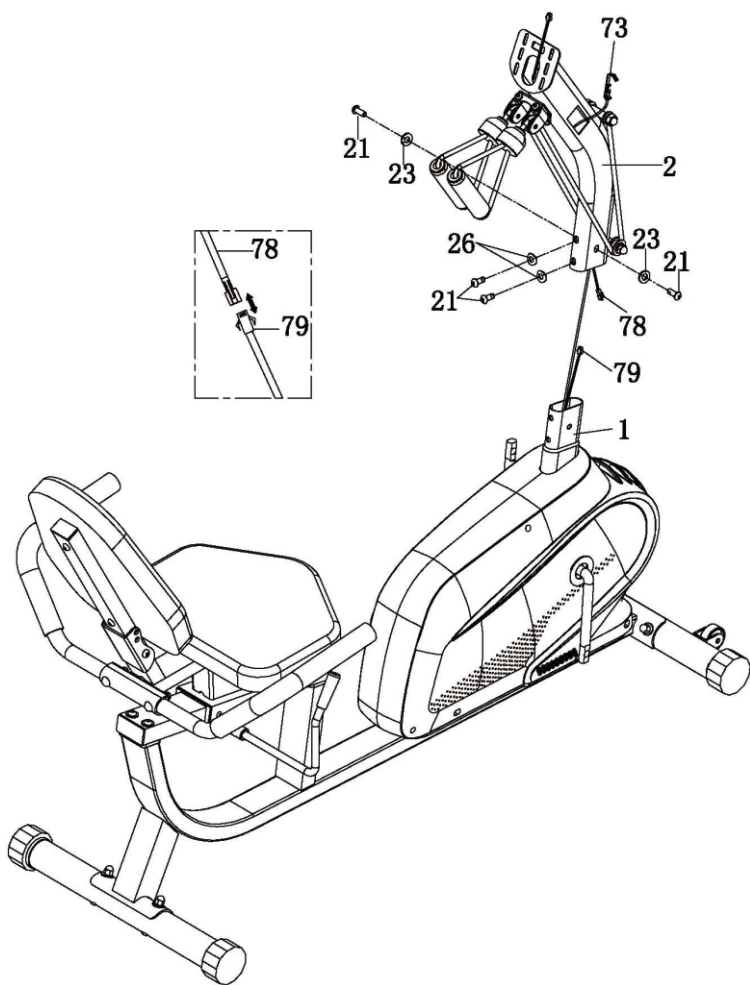
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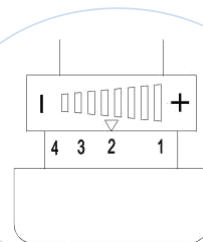
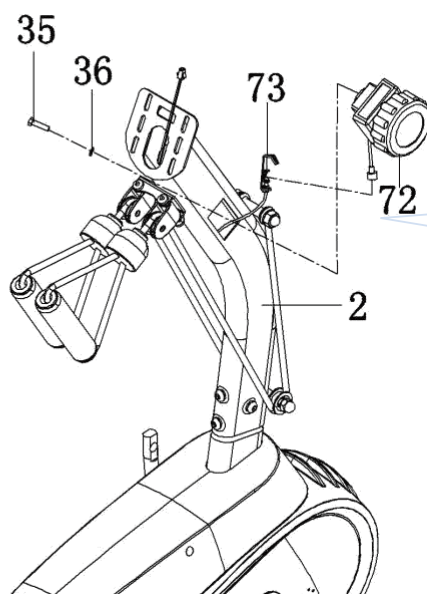
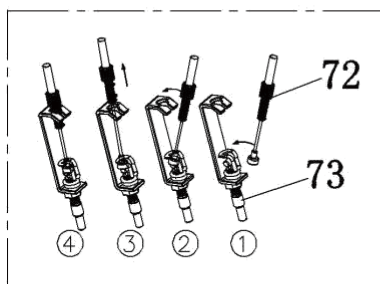
Étape 5:



Étape 6:

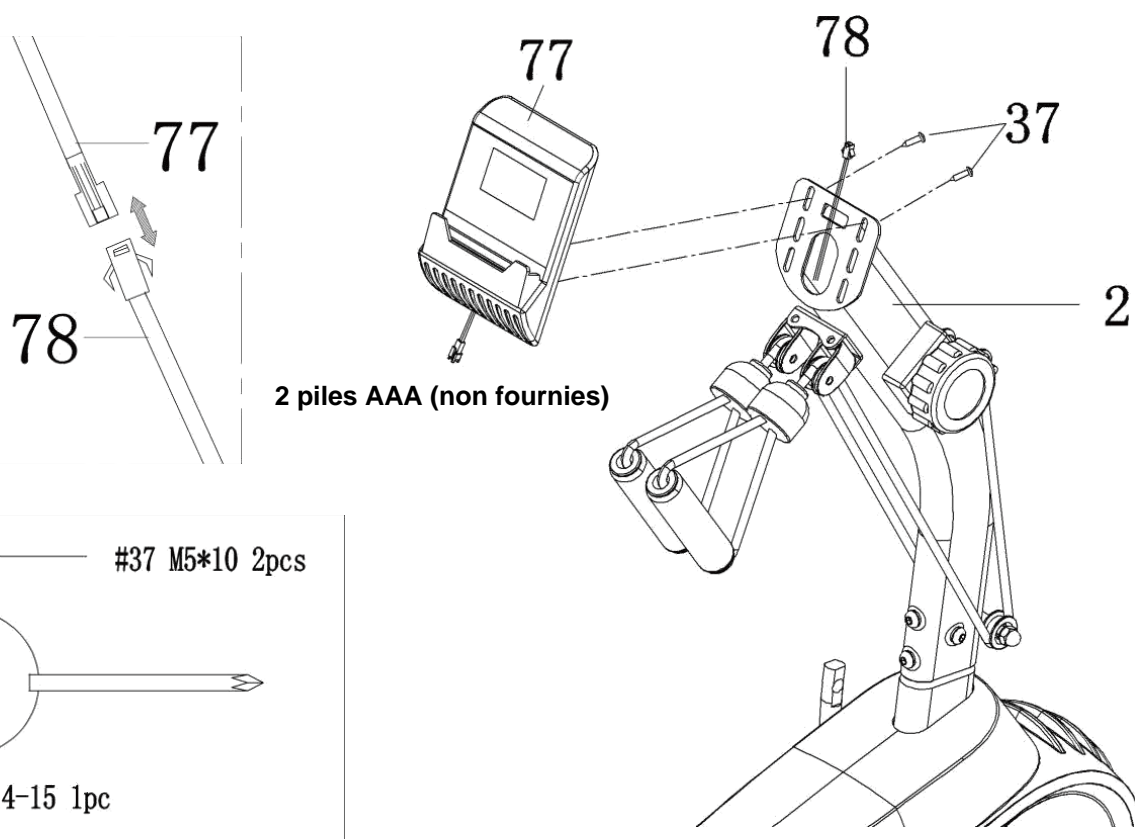


-  — S5 1pc
-  — #21 M8*15 4pcs
- ) — #26 $\phi 16*\phi 8.5*1.5$ 2pcs
-  | — #23 $\phi 16*\phi 8.5*1.5$ 2pcs

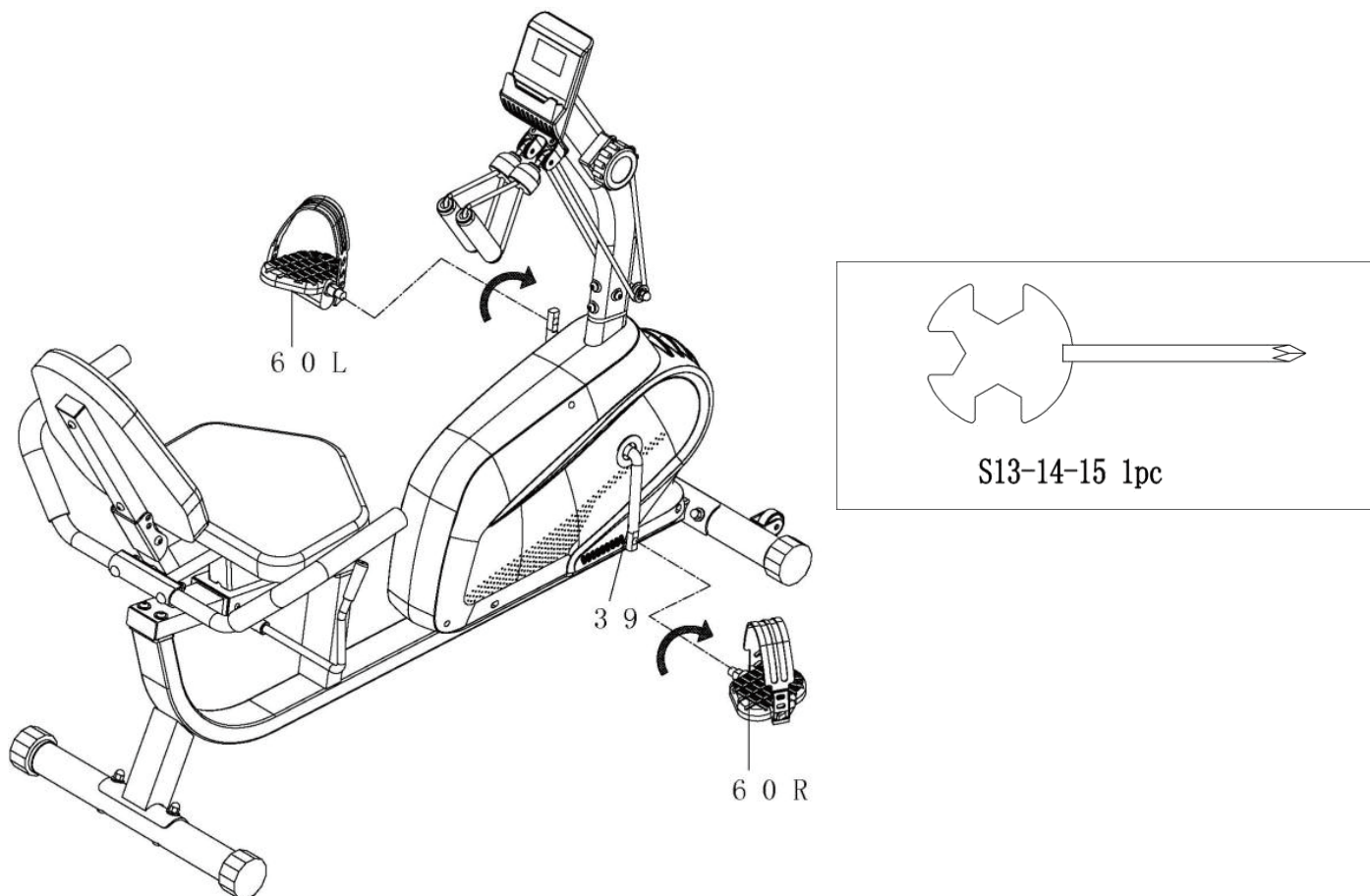


Note : Régler le bouton de contrôle de la tension à 1 pour assurer une longueur de câble suffisante pour connecter les fils de contrôle de la tension (n° 72 et 73).

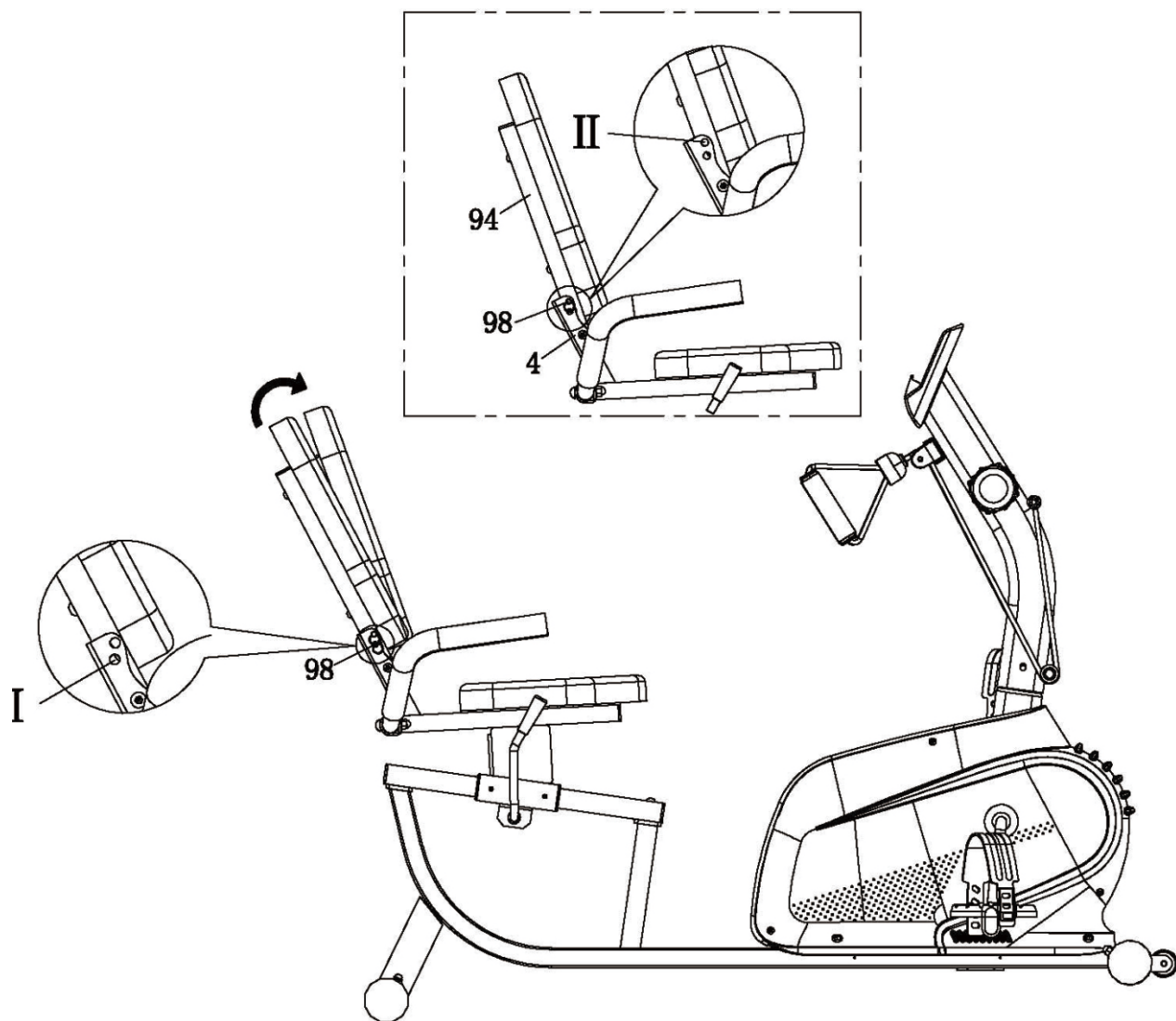
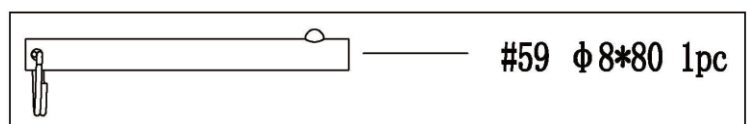
Étape 7:



Étape 8:



Étape 9:



RÉGLAGE DE LA SELLE

Tirez la poignée de frein (49) vers le haut pour la desserrer (voir fig. 1). Ensuite, vous pouvez vous déplacer sur le cadre du coussin (4) pour trouver une position adéquate. Poussez la Poignée de frein (49) vers le bas pour la serrer (voir Fig 2).

Fig 1

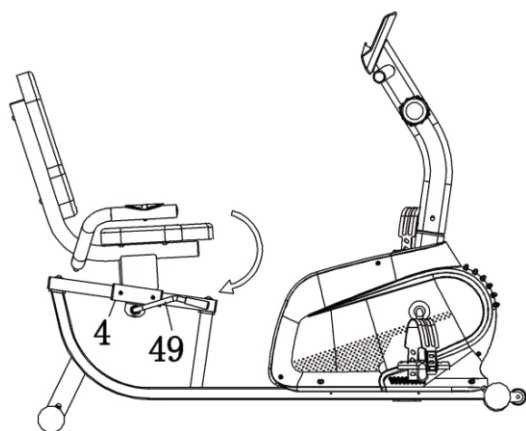
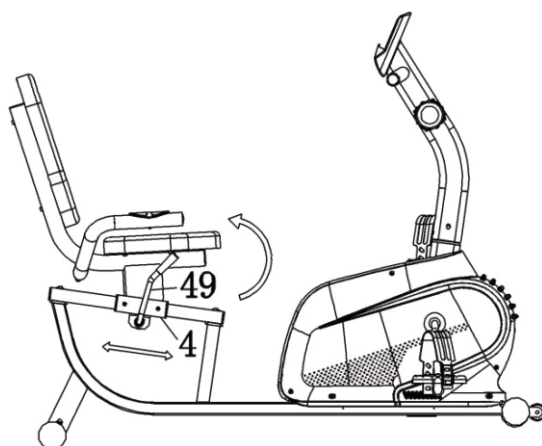
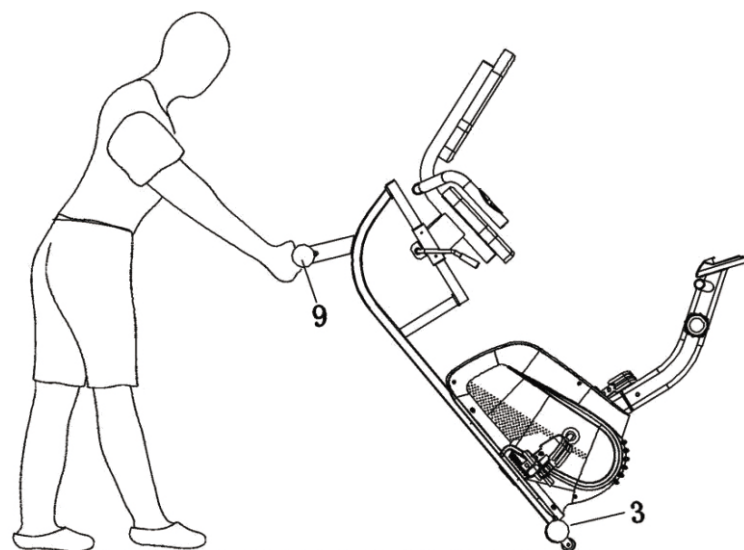


Fig 2



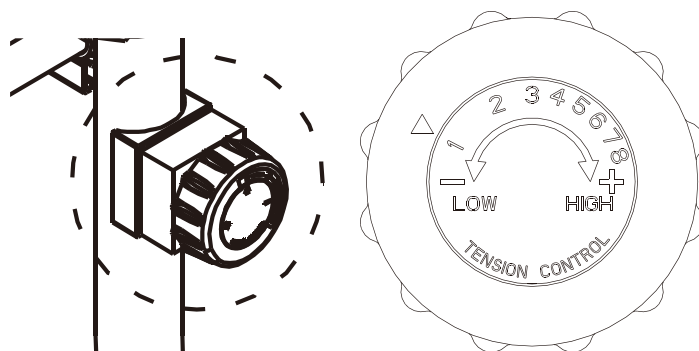
COMMENT DÉPLACER LE VÉLO ?



Tenez le stabilisateur arrière (n° 9) et soulevez le vélo jusqu'à ce que les roues du stabilisateur avant (n° 3) touchent le sol. Vous pouvez maintenant faire rouler le vélo à l'endroit souhaité.

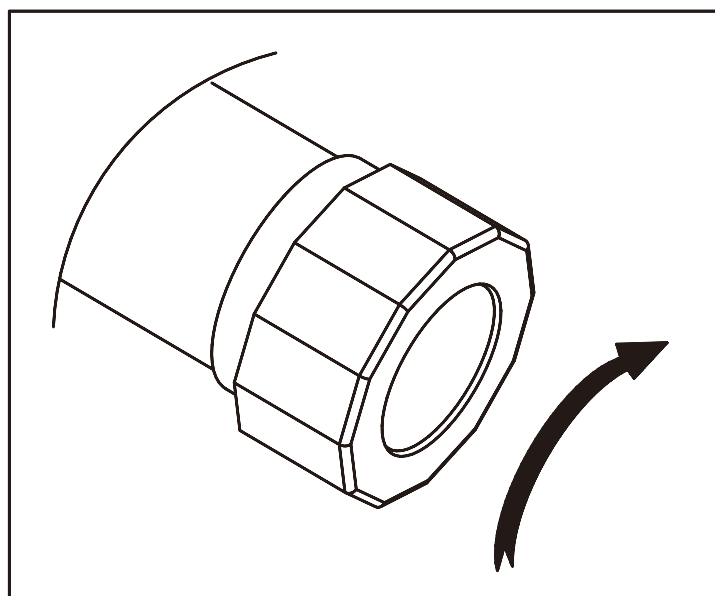
AJUSTER LA RÉSISTANCE

Ajustez la résistance du vélo à l'aide du contrôle de tension (n° 72). Augmentez le niveau de résistance en tournant le bouton de tension vers la DROITE (dans le sens des aiguilles d'une montre), diminuez le niveau de résistance en tournant le bouton de tension vers la GAUCHE (dans le sens inverse des aiguilles d'une montre).

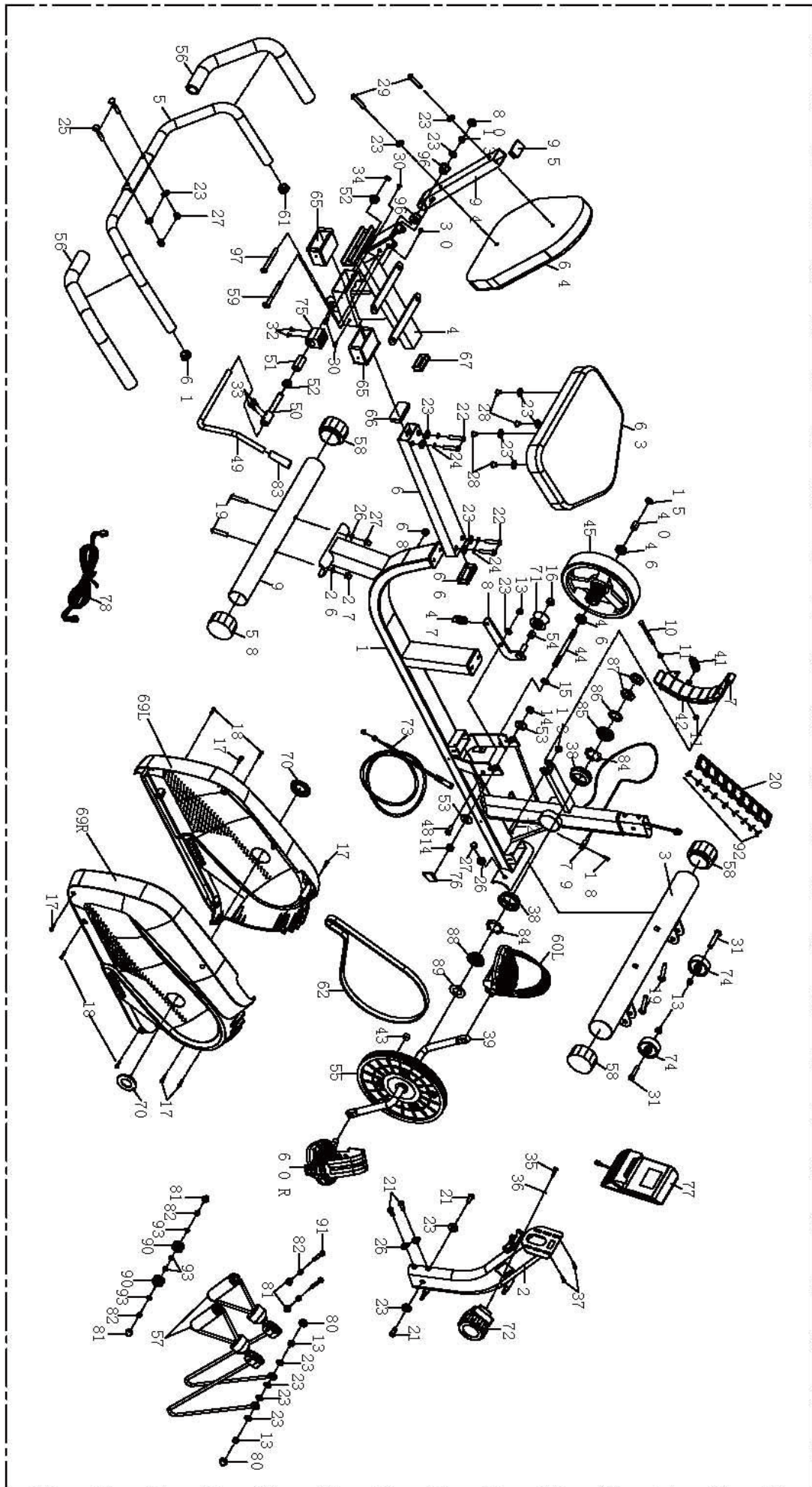


LE RÉGLAGE DE LA HAUTEUR ET DE L'ÉQUILIBRE

Pour obtenir une conduite souple et confortable, vous devez vous assurer que le vélo est stable. Si vous remarquez que le vélo est déséquilibré pendant l'utilisation, vous devez ajuster les embouts situés sous le stabilisateur arrière (n° 9). Pour ce faire, tournez-les dans le sens des aiguilles d'une montre.



VUE ÉCLATÉE



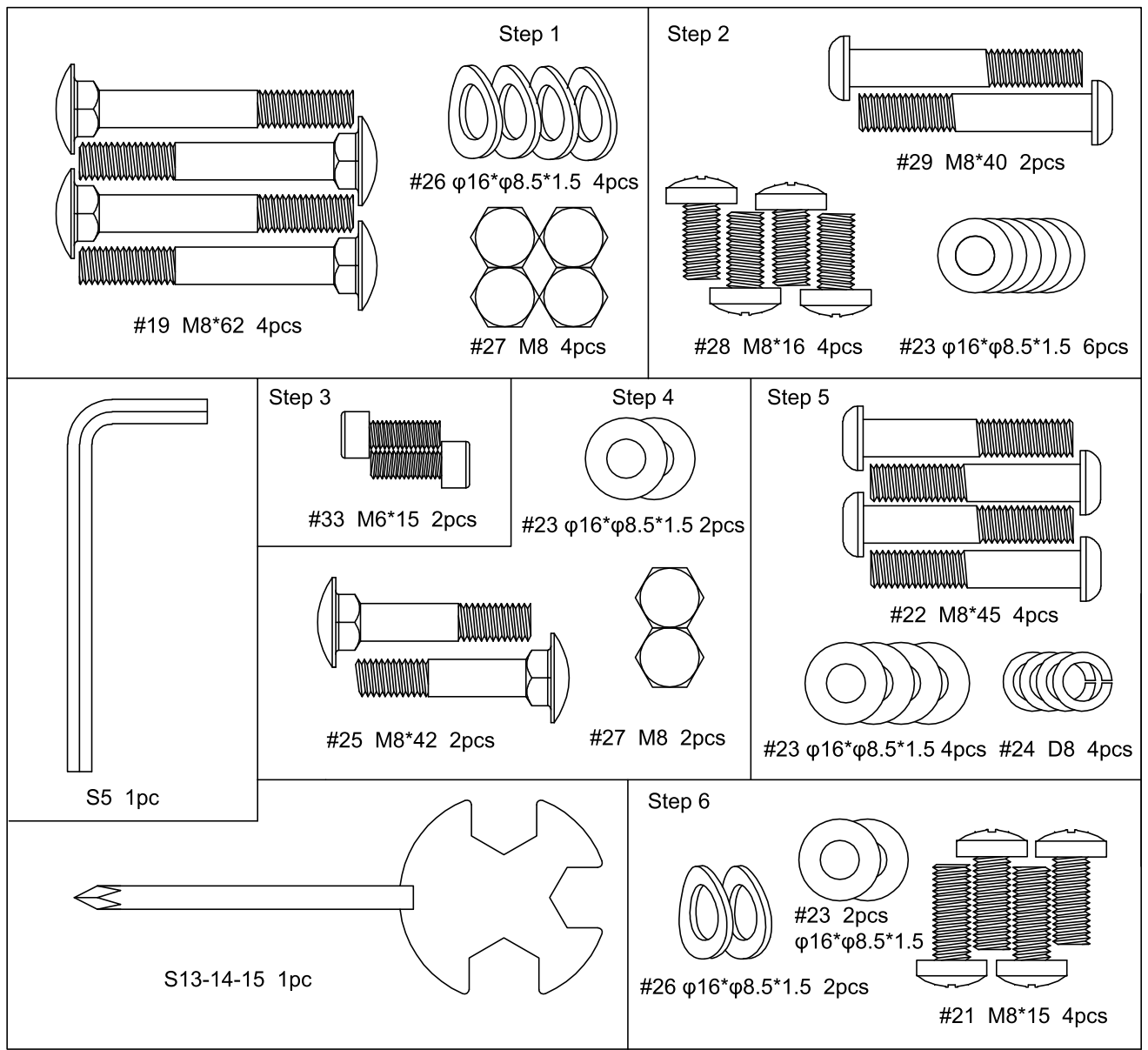
Liste des Pièces

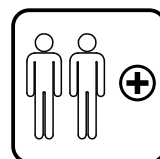
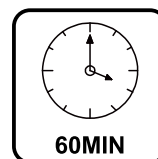
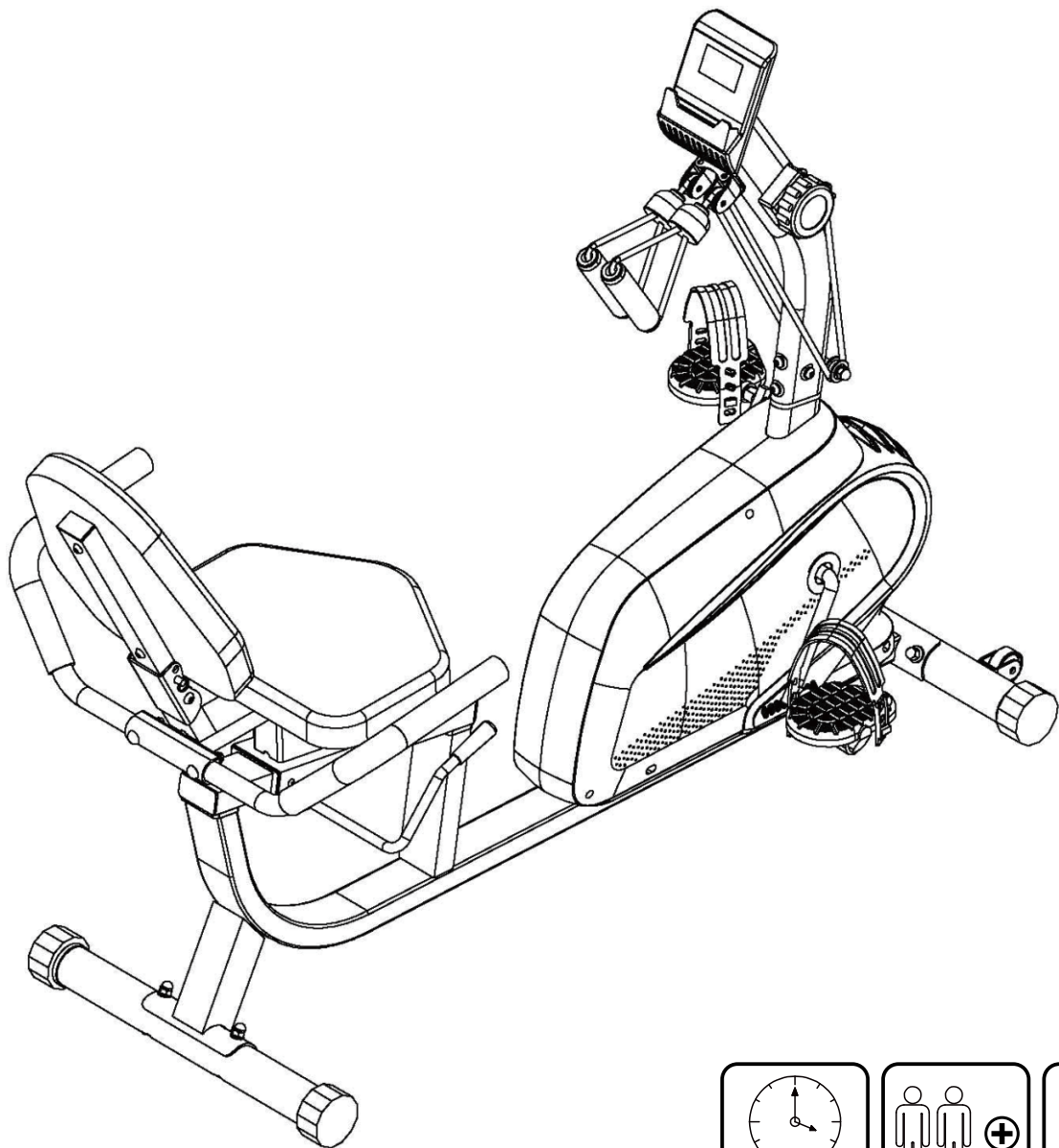
No.	Description	Qté	No.	Description	Qté
1	Cadre principal	1	50	Axe excentrique $\Phi 12 \times 105$	1
2	Montant avant	1	51	Roue excentrique $\Phi 20 \times 38$	1
3	Stabilisateur avant	1	52	Bague $\Phi 23 \times \Phi 12.2 \times 11$	2
4	Cadre de coussin	1	53	Rondelle de blocage $\Phi 30 \times 2.0$	2
5	Poignée	1	54	Entretoise de pignon $\Phi 16 \times \Phi 10.2 \times 10$	1
6	Tube de réglage	1	55	Poulie $\varphi 240/J6$	1
7	Tableau magnétique	1	56	Poignée en mousse $\varphi 32 \times \varphi 33 \times 450$	2
8	Bras de renvoi	1	57	Jeu de cordes	2
9	Stabilisateur arrière	1	58	Embout arrière $\varphi 50$	4
10	Boulon M6*70	1	59	Molette	1
11	Écrou M6	2	60L/R	Pédale (1/2")	2
12	Boulon M8*40	1	61	Embout rond $\varphi 25 \times 1.5$	2
13	Écrou en nylon M8 S13	7	62	Courroie 370PJ6	1
14	Écrou M10x1xH5	2	63	Coussin de siège 360*280*40	1
15	Écrou M10x1xH4	2	64	Coussin de dossier 380*290*40	1
16	Écrou en nylon M10	1	65	Gaine	2
17	Vis ST4.2*20	5	66	Embout 60*30*1,5	2
18	Vis ST4.2*20	5	67	Embout 50*25*1,5	1
19	Boulon M8*60	4	68	Molette 12	1
20	Tableau magnétique fixe	1	69	Couvre	1
21	Boulon M8*15	4	70	Bouchon de vilebrequin	2
22	Boulon M8*45	4	71	Rouleau d'arc $\Phi 43.5 \times 25$	1
23	Rondelle $\varphi 16 \times \varphi 8.5 \times 1.5$	20	72	Câble de contrôle de tension 280mm	1
24	Rondelle D8	4	73	Câble de contrôle de tension 55MAX/760mm	1
25	Boulon M8*42	2	74	Roue tendeuse $\Phi 41 \times \Phi 8.5 \times 20$	2
26	Rondelle $\varphi 16 \times \varphi 8.5 \times 1.5$	6	75	Bloc de freinage 40*38*32	1
27	Écrou M8	6	76	Rondelle EV 40*20*3	1
28	Boulon M8*16	4	77	Câble du console 100mm	1
29	Boulon M8*40	2	78	Câble médian 600mm	1
30	Boulon M5*8	4	79	Câble du capteur à aiguille 500mm	1
31	Vis M8x38	2	80	Embout bombé pour écrou en nylon M8	3
32	Vis M5*15	2	81	Écrou en dôme pour écrou en nylon M6	4
33	Boulon M6*15	2	82	Écrou en nylon M6	4
34	Rondelles de blocage pour axes D12	1	83	Combinés de frein $\Phi 24 \times 77 \times \Phi 12$	1
35	Boulon M5*20	1	84	Ten sets shelf $\Phi 46 \times 8$ Dix ensembles d'étagères $\Phi 46 \times 8$	2
36	Rondelle plate D5	1	85	Écrou $\Phi 46 \times 12$	1
37	Boulon M5*10	2	86	Rondelle $\Phi 46 \times 2$	1
38	Dix ensembles $\Phi 56 \times 15,5$	2	87	Écrou 32*32*4	2
39	Manivelle 140*220,1/2	1	88	Contre-écrou 2 $\Phi 46 \times 12$	1

40	Entretoise pour roue d'inertie Φ16*Φ10.2*17	1	89	Rondelle Ø40,5*3	1
41	Ressort de tension Φ18×48 Φ2	1	90	Roue coulissante	2
42	Aimant noir 40x25x10	8	91	Boulon M6*45	2
43	Aimant rond Φ15×6	1	92	Vis ST3*10	9
44	Roue d'inertie Φ10*125*M10*1*17	1	93	Rondelle plate D6	4
45	Volants magnétiques externes φ200*72.5/3Kg	1	94	support de plaquette	1
46	Roulement 6000Z	2	95	Embout 40*25*2.0	1
47	Ressort de tension Φ18×48 Φ2	1	96	Gaine	2
48	Boulon φ9.8*6*M8*15	1	97	Vis M8*68	1
49	Poignée de frein Φ12*380	1			

BR5901R-2

HARDWARE





IMPORTANTE, LEA Y GUARDE PARA FUTURAS REFERENCIAS.

INSTRUCCIONES DE MONTAJE

AVISO DE SEGURIDAD IMPORTANTE

La bicicleta ha sido diseñada solo para uso doméstico. Tenga en cuenta las siguientes precauciones de seguridad:

1. Lea todas las instrucciones antes del montaje y la operación. Ensamble la bicicleta exactamente según las instrucciones contenidas en este manual.
2. Revise todos los tornillos, tuercas y otras conexiones antes de usar la bicicleta.
3. Utilice la bicicleta solo para el uso para el que fue diseñada, como se describe en este manual.
4. Use una base adecuada, como una alfombrilla de goma, debajo de la bicicleta y mantenga el área alrededor de la bicicleta libre de suciedad y obstáculos.
5. Mantenga a los niños y las mascotas alejados de la bicicleta en todo momento.
6. Solo una persona a la vez debe usar la bicicleta. (peso máximo: 110 KG)
7. Utilice siempre la bicicleta sobre una superficie seca, clara y nivelada. No lo use al aire libre ni cerca de agua o humedad excesiva.
8. Siempre elimine el agua o la humedad de la bicicleta antes y después de usarla.
9. Mantenga todas las manos y los pies alejados de cualquier pieza móvil.
10. No inserte ningún objeto en ninguna de las aberturas de la bicicleta.
11. Antes de usar la bicicleta, límpiela a fondo, haz un calentamiento completo y adecuado.
12. Siempre use ropa y zapatos de entrenamiento apropiados cuando haga ejercicio y no use batas u otras prendas que puedan quedar atrapadas en la bicicleta.
13. Es necesaria una estrecha supervisión cuando lo utilizan niños, inválidos o personas discapacitadas.
14. Si experimenta mareos, náuseas, dolores en el pecho o cualquier otro síntoma anormal mientras usa la bicicleta, DETENGA el entrenamiento de inmediato y CONSULTE A UN MÉDICO DE INMEDIATO.

ADVERTENCIA: ANTES DE COMENZAR CUALQUIER PROGRAMA DE EJERCICIOS, CONSULTE A SU MÉDICO. ESTO ES ESPECIALMENTE IMPORTANTE PARA LAS PERSONAS CON PROBLEMAS DE SALUD PREEXISTENTES. LEA TODAS LAS INSTRUCCIONES ANTES DE USAR LA BICICLETA. NO ASUMIMOS NINGUNA RESPONSABILIDAD POR LESIONES RELACIONADAS CON LA SALUD O DAÑOS A LA PROPIEDAD SUFRIDOS POR O A TRAVÉS DEL USO INCORRECTO O EXCESIVO DE ESTA BICICLETA.

PESO MÁXIMO DEL USUARIO: 110 KG.

ADVERTENCIA DE BATERÍA:

1. No mezcle las pilas alcalinas, estándar (carbono-zinc) o recargables (níquel-cadmio).
2. Nunca mezcle las baterías nuevas y viejas.
3. Debe insertar las baterías con la polaridad correcta.
4. Retire las baterías cuando no se utilice la unidad durante períodos prolongados.
5. Los terminales de alimentación no deben ser cortocircuitados.
6. Siempre cumpla con las leyes y normativas locales.

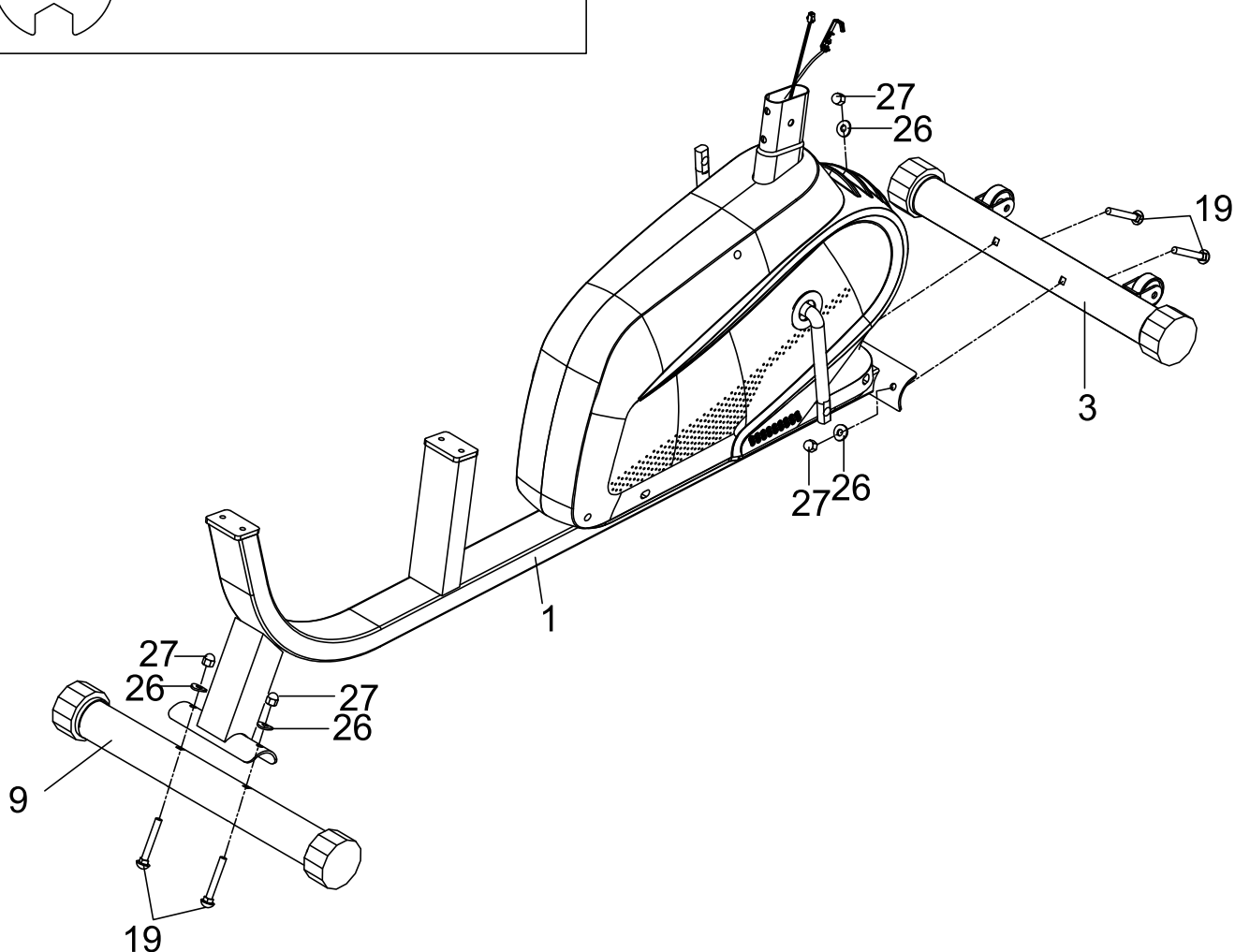
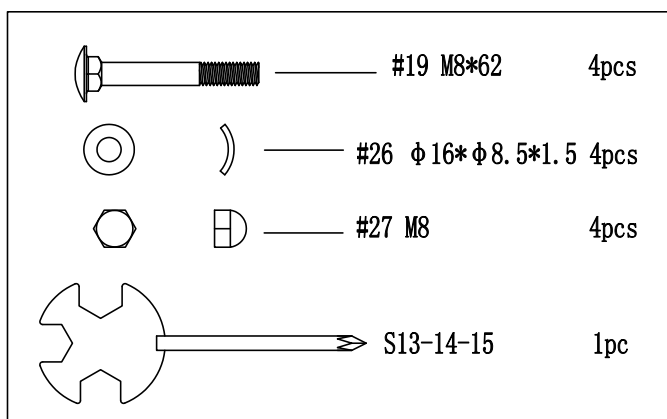
Instrucciones de montaje

1. Trabajos preparatorios


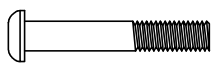


- A. Asegúrese de que haya suficiente espacio antes de la instalación.
- B. Confirme que todos los componentes estén listos antes de la instalación. (Consulte la vista de despiece del producto anterior que indica el nombre y la ubicación de los componentes).
- C. Utilice las herramientas proporcionadas o las herramientas autónomas especiales para instalar.

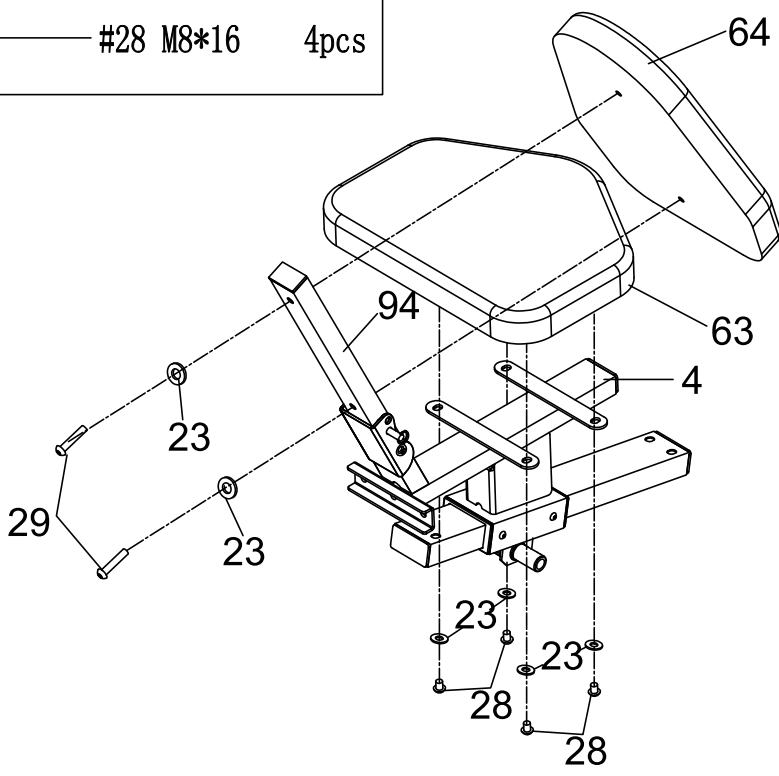
2. Instrucciones de montaje

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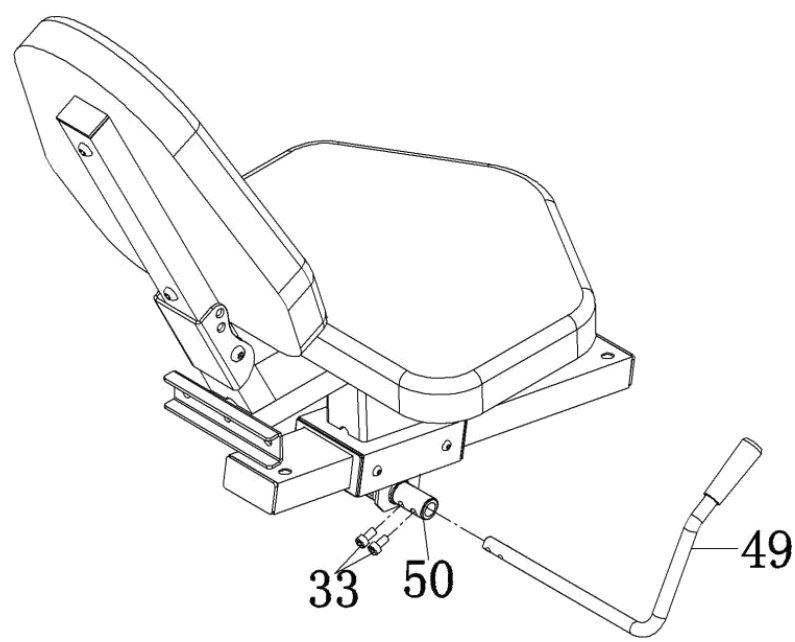



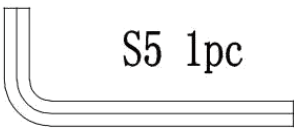
Paso 2:

-  S5 1pc
-  #29 M8*40 2pcs
-  #23 $\phi 16 * \phi 8.5 * 1.5$ 6pcs
-  #28 M8*16 4pcs

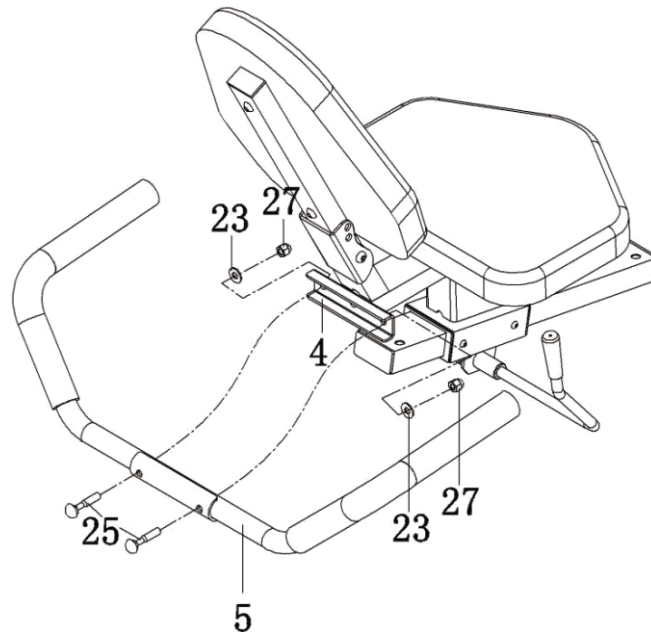
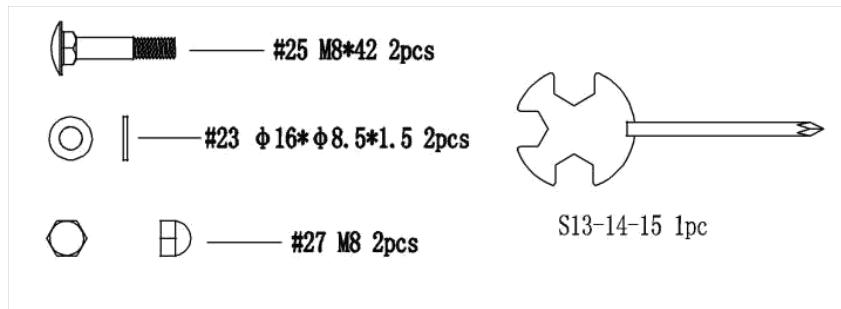


Paso 3:

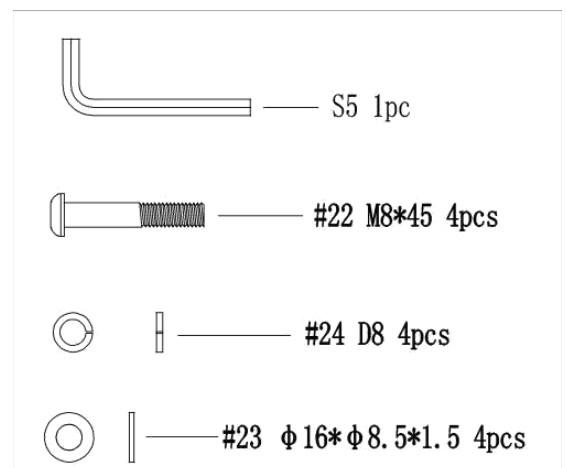
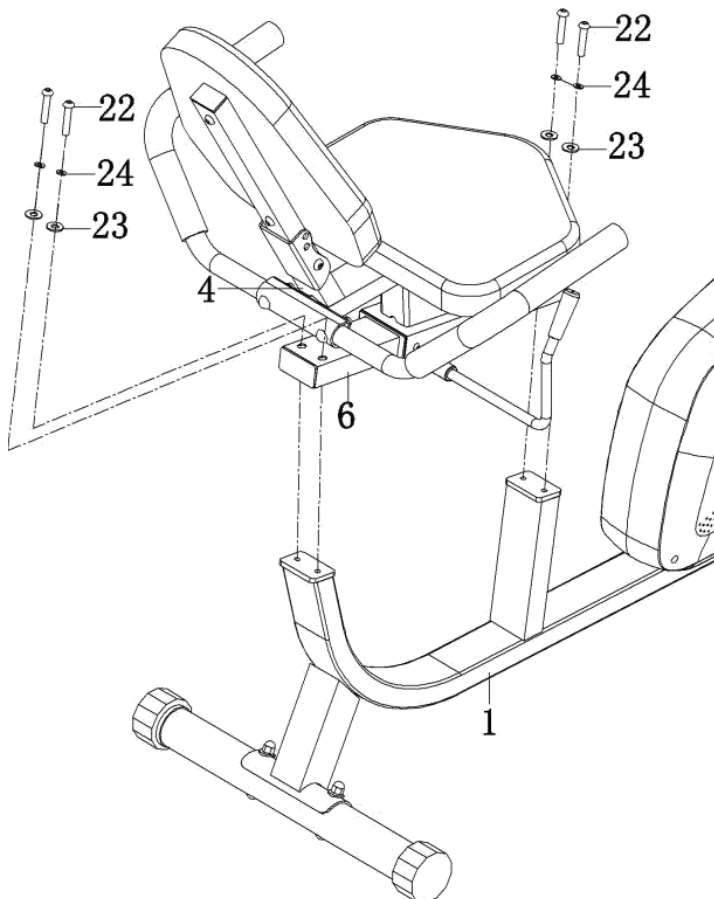


-  #33 M6*15 2pcs
-  S5 1pc

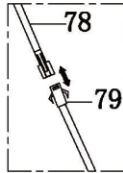
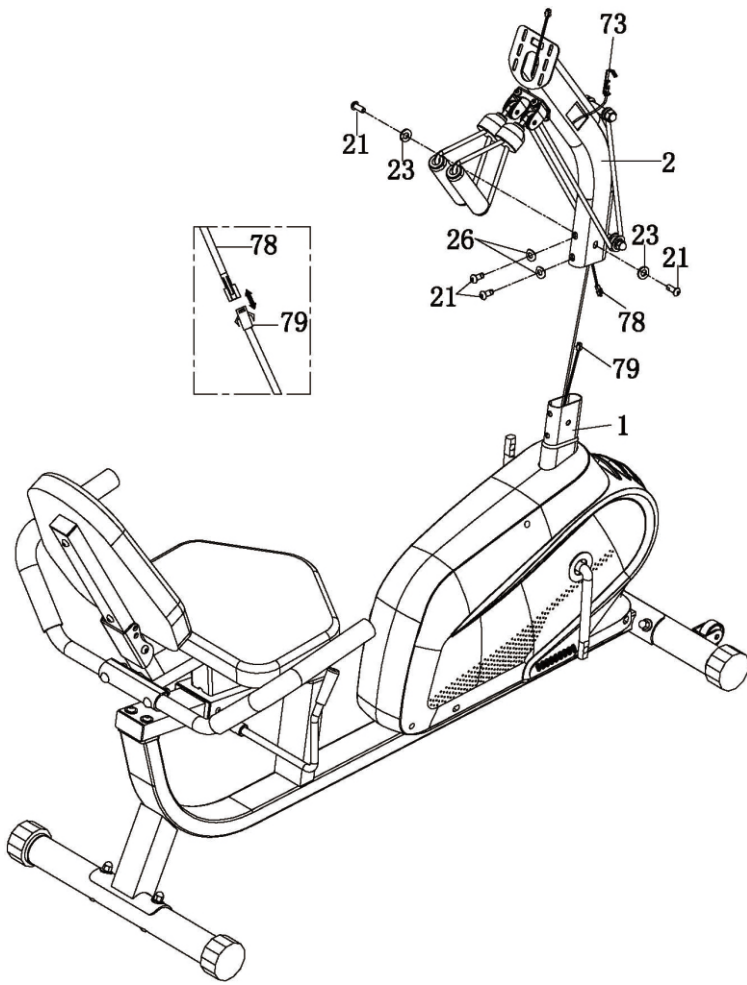
Paso 4:







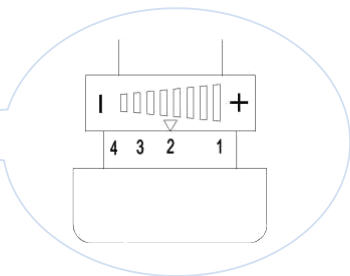
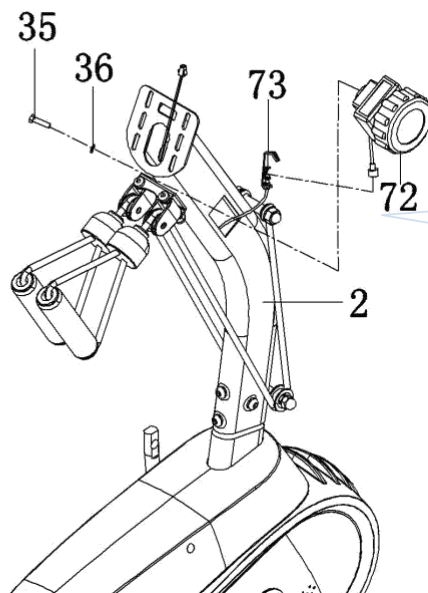
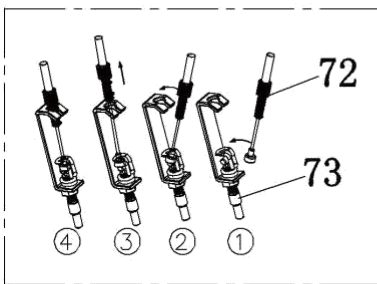
Paso 5:



Paso 6:

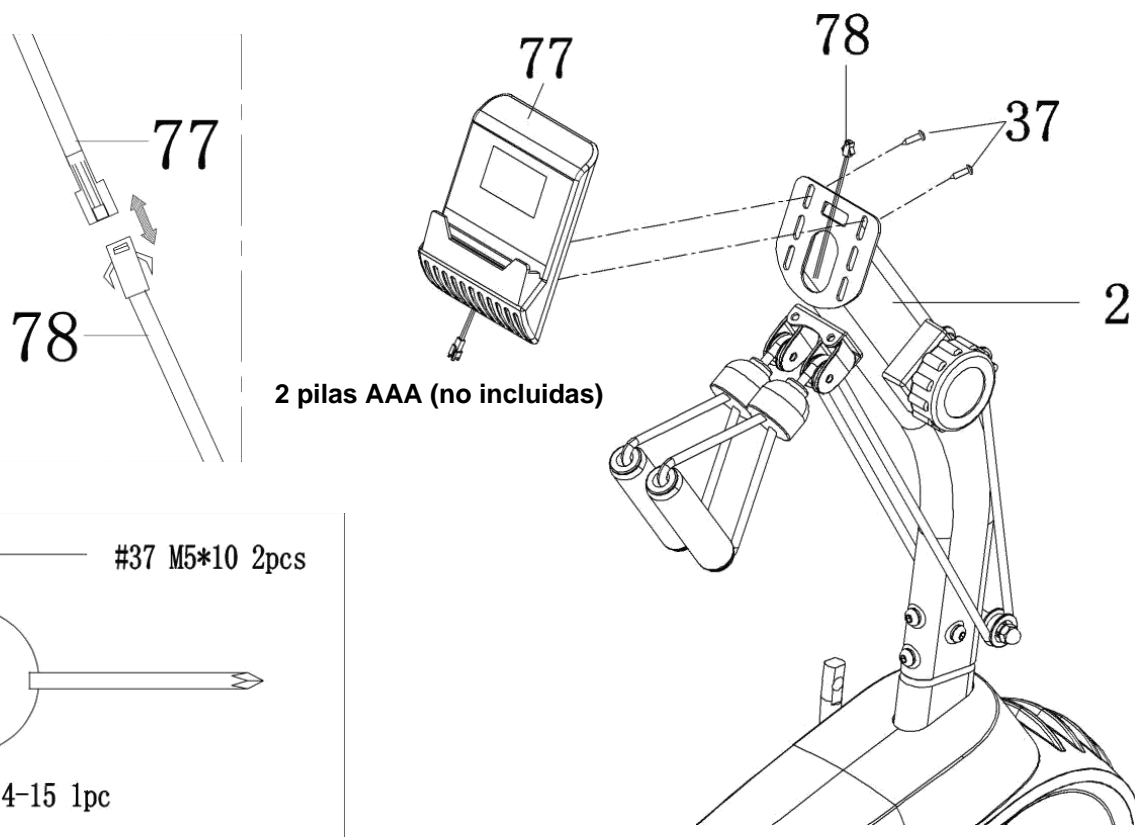


-  S5 1pc
-  #21 M8*15 4pcs
-  #26 $\phi 16*\phi 8.5*1.5$ 2pcs
-  #23 $\phi 16*\phi 8.5*1.5$ 2pcs

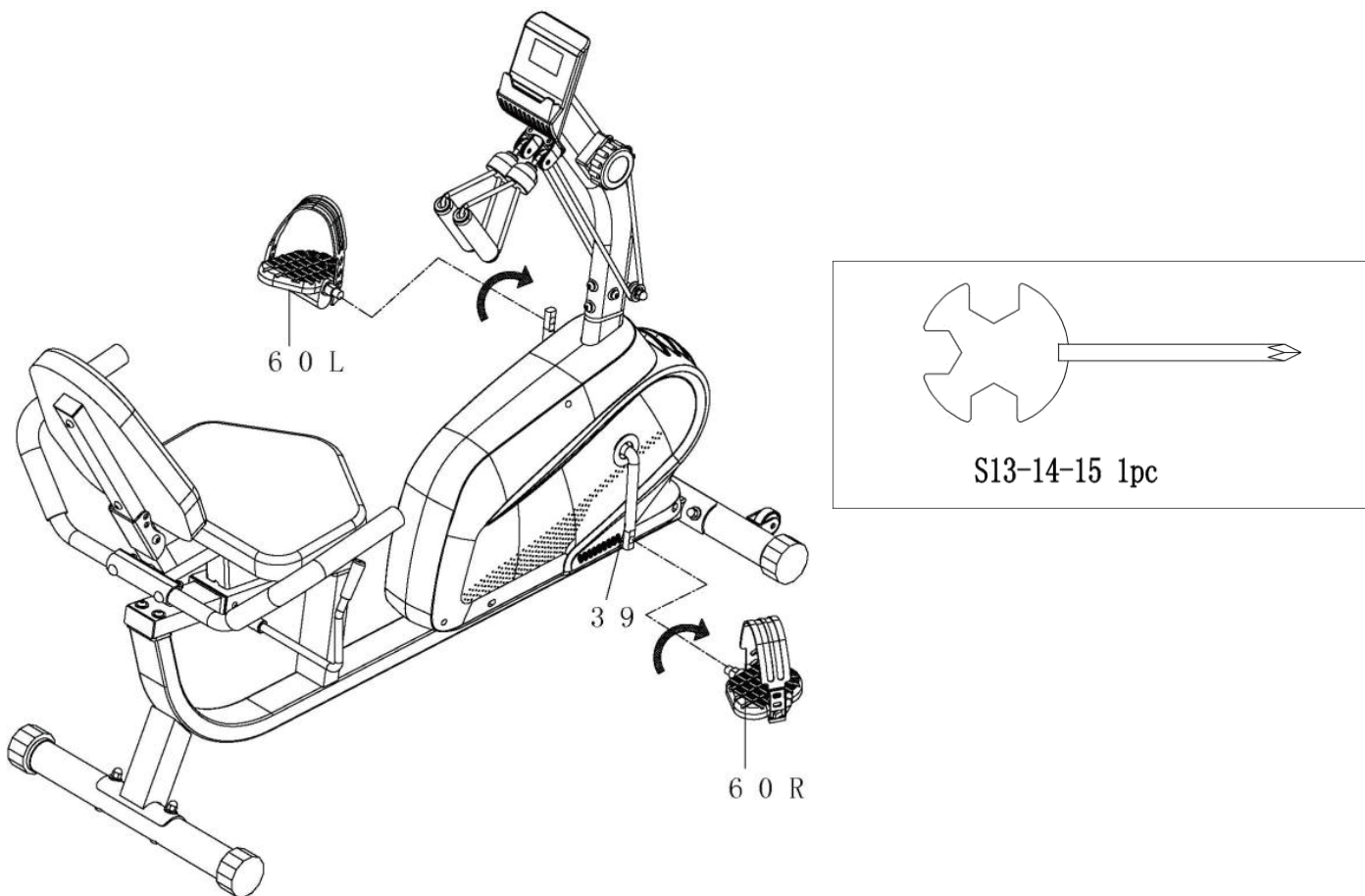


Nota: Ajuste el mando de control de tensión en 1 para asegurar suficiente longitud de cable para conectar los cables de control de tensión (No.72 y 73).

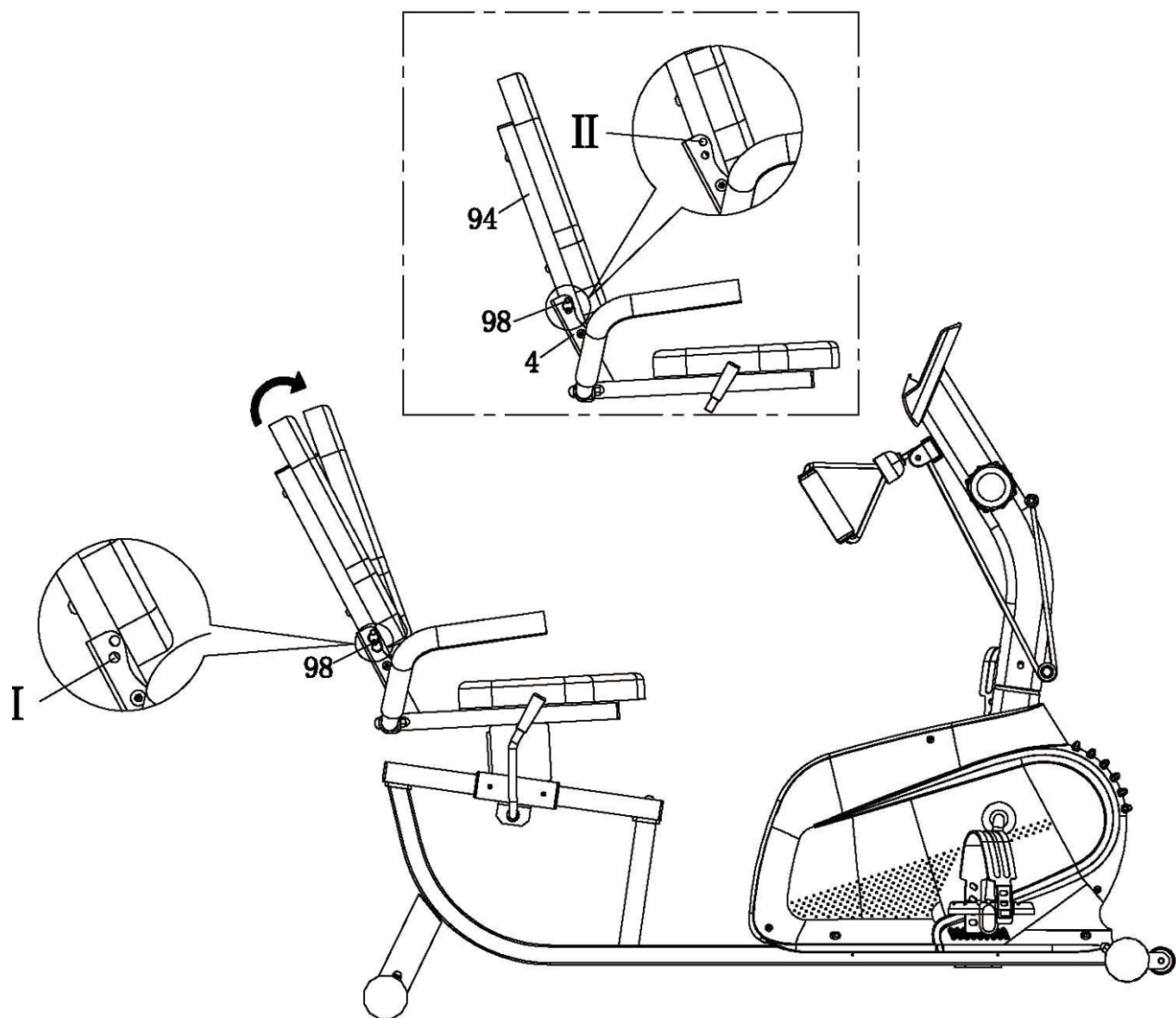
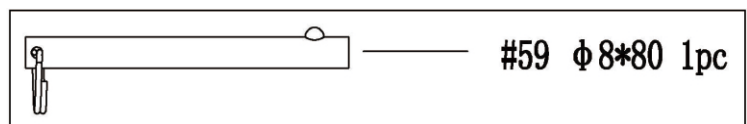
Paso 7:



Paso 8:



Paso 9:



AJUSTE DEL SILLÍN

Tire de la manija del freno (49) hacia arriba para aflojarla (consulte la Fig. 1). A continuación, puede moverse sobre el marco del cojín (4) para encontrar una posición adecuada. Empuje la manija del freno (49) hacia abajo para apretar (consulte la Fig. 2).

Figura 1

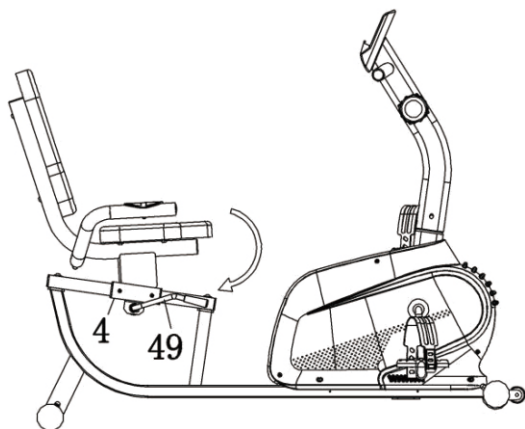
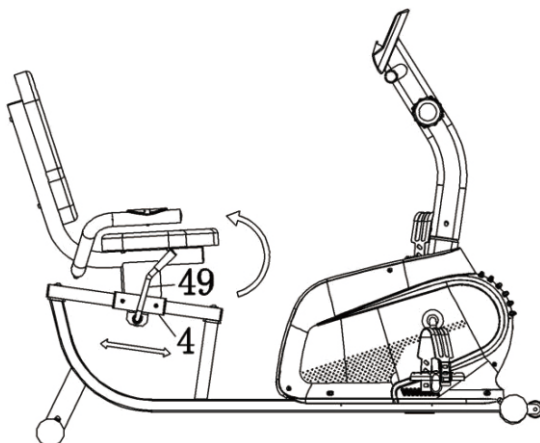
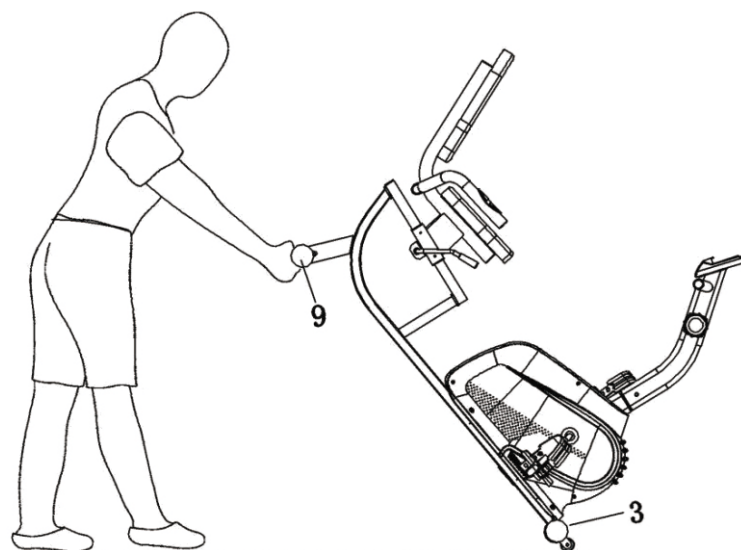


Figura 2



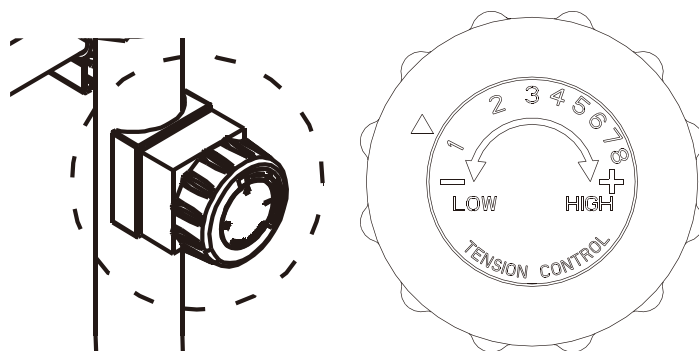
¿CÓMO MOVER LA BICICLETA?



Sostenga el estabilizador trasero (n.º 9) y levante la bicicleta hasta que las ruedas del estabilizador delantero (n.º 3) toquen el suelo. Ahora puede llevar la bicicleta a la ubicación deseada.

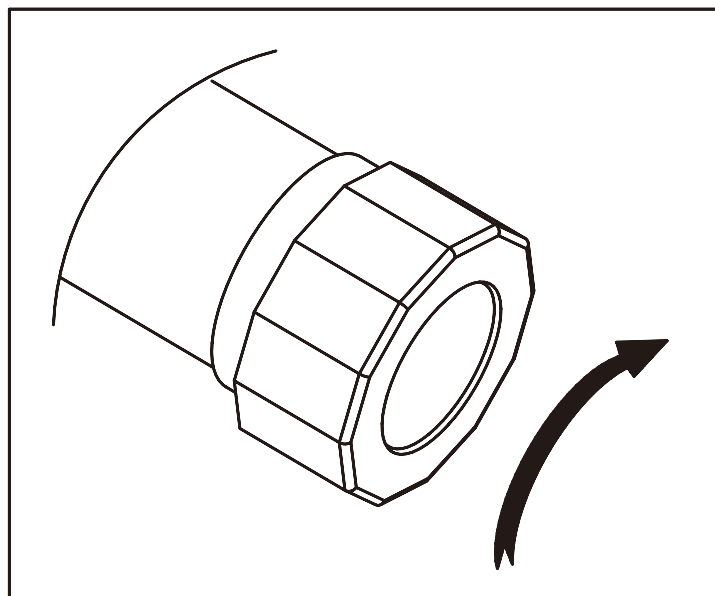
AJUSTE DE LA RESISTENCIA

Ajuste la resistencia de la bicicleta mediante el control de tensión (n.º 72). Aumente el nivel de resistencia girando la perilla de tensión hacia la DERECHA (en el sentido de las agujas del reloj), disminuya el nivel de resistencia girando la perilla de tensión hacia la IZQUIERDA (en el sentido contrario a las agujas del reloj).

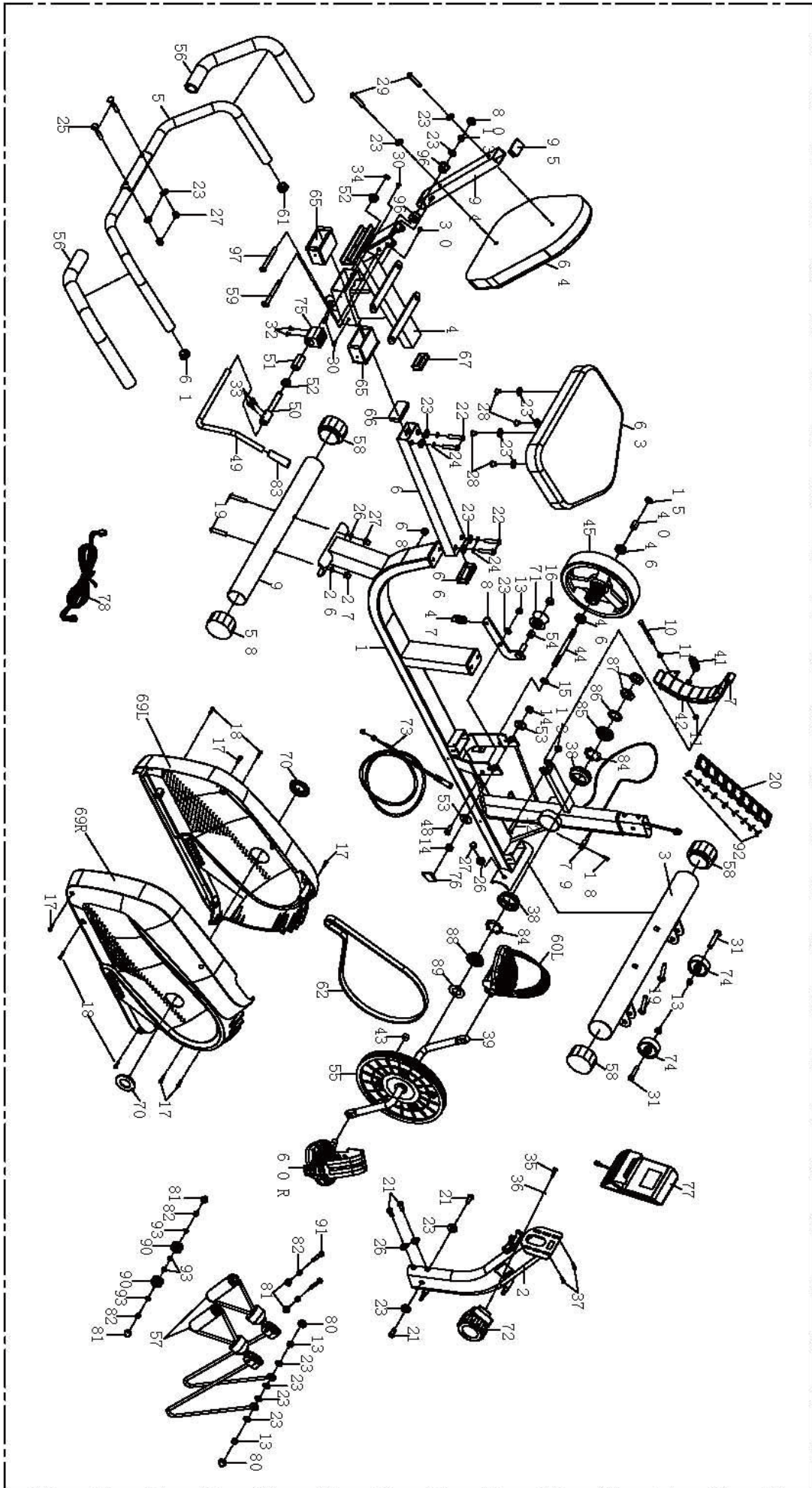


AJUSTE DE LA ALTURA Y EL EQUILIBRIO

Para lograr una conducción suave y cómoda, debe asegurarse de que la bicicleta sea estable. Si nota que la bicicleta está desequilibrada durante el uso, debe ajustar las tapas de los extremos ubicadas debajo del estabilizador trasero (No.9). Para ello, gírelo en el sentido de las agujas del reloj.



DIBUJO DESPIECE



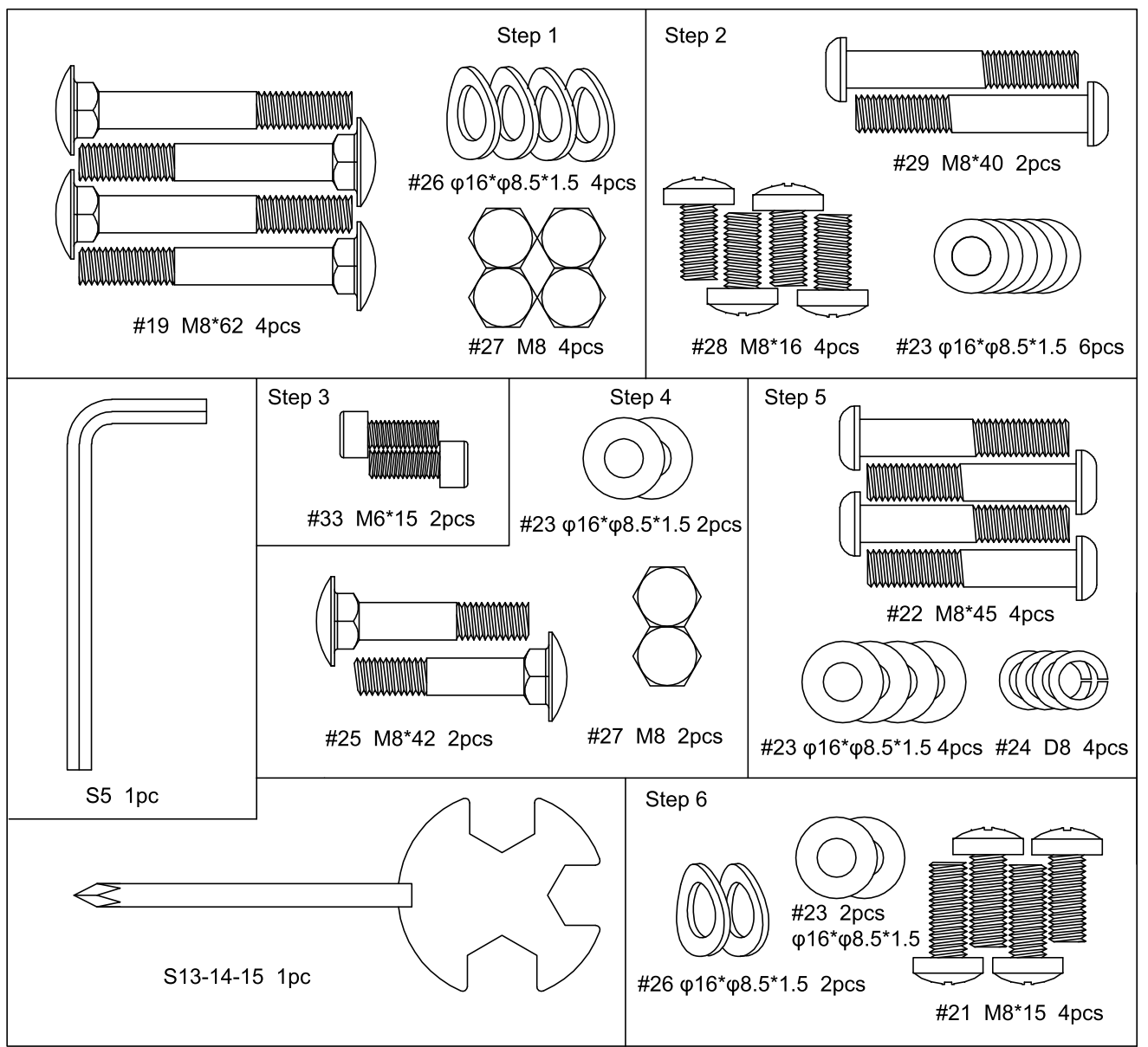
Lista de piezas

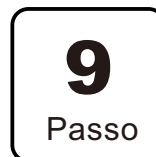
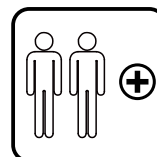
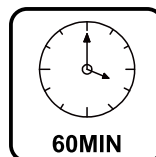
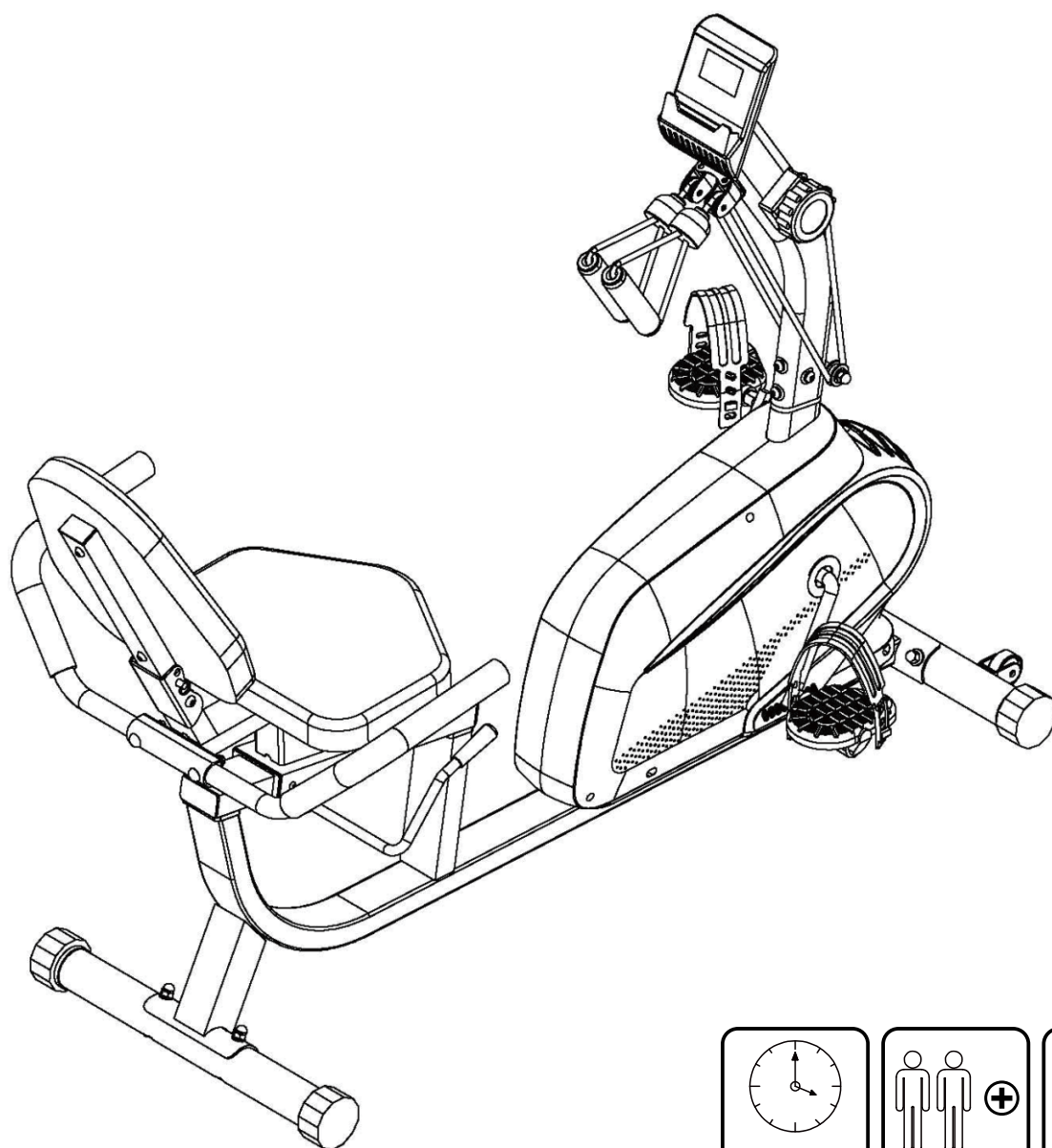
NO.	Descripción	QTY	NO.	Descripción	QTY
1	Bastidor principal	1	50	Eje excéntrico $\phi 12 \times 105$	1
2	Poste delantero	1	51	Rueda excéntrica $\phi 20 \times 38$	1
3	Estabilizador delantero	1	52	Casquillo $\phi 23 \times \phi 12.2 \times 11$	2
4	Estructura de cojín	1	53	Arandela de seguridad $\phi 30 \times 2.0$	2
5	Manillar	1	54	Espaciador de rueda loca $\phi 16 \times \phi 10.2 \times 10$	1
6	Tubo de ajuste	1	55	Polea $\phi 240 / J6$	1
7	Tablero magnético	1	56	Empuñadura de espuma $\phi 23 \times \phi 33 \times 450$	2
8	Eslabón de rodillo	1	57	Juego de cuerdas	2
9	Estabilizador trasero	1	58	Tapa trasera $\phi 50$	4
10	Perno M6*70	1	59	Tapón	1
11	Tuerca M6	2	60L/R	Pedal (1/2")	2
12	Perno M8 * 40	1	61	Tapa de extremo redondo $\phi 25 \times 1.5$	2
13	Tuerca de nylon M8 S13	7	62	Cinturón 370 Pj6	1
14	Tuerca M10x1 xH5	2	63	Cojín de asiento $360 \times 280 \times 40$	1
15	Tuerca M10x1xH4	2	64	Cojín de respaldo $380 \times 290 \times 40$	1
16	Tuerca de nylon M10	1	65	Manga	2
17	Tornillo ST4. 2*20	5	66	Tapa $60 \times 30 \times 1.5$	2
18	Tornillo ST4. 2*20	5	67	Tapa $50 \times 25 \times 1.5$	1
19	Perno M8*60	4	68	Enchufe 12	1
20	Tablero de fijación magnético	1	69	Cáscara	1
21	Perno M8*15	4	70	Tapón de manivela	2
22	Perno M8 * 45	4	71	Rodillo de arco $\phi 43.5 \times 25$	1
23	Arandela $\phi 16 \times \phi 8.5 \times 1.5$	20	72	Cable de control de tensión 280mm	1
24	Arandela D8	4	73	Cable de control de tensión 55MAX/760mm	1
25	Perno M8*42	2	74	Rueda tensora $\phi 41 \times \phi 8.5 \times 20$	2
26	Arandela $\phi 16 \times \phi 8.5 \times 1.5$	6	75	Bloque de freno $40 \times 38 \times 32$	1
27	Tuerca M8	6	76	Arandela EV $40 \times 20 \times 3$	1
28	Perno M8 * 16	4	77	Cable de ordenador de 100 mm	1
29	Perno M8 * 40	2	78	Cable central 600mm	1
30	Perno M5*8	4	79	Cable sensor de aguja 500mm	1
31	Tornillo M8x38	2	80	Tapa abovedada para tuerca de nylon M8	3
32	Tornillo M5*15	2	81	Tuerca abovedada para tuerca de nylon M6	4
33	Perno M6*15	2	82	Tuerca de nylon M6	4
34	Arandelas de seguridad para ejes D12	1	83	Auriculares de freno $\phi 24 \times 7 \times \phi 12$	1
35	Perno M5*20	1	84	Estante de diez juegos $\phi 46 \times 8$	2
36	Arandela plana D5	1	85	Tuerca $\phi 46 \times 12$	1
37	Perno M5*10	2	86	Arandela $\phi 46 \times 2$	1
38	Diez conjuntos $\phi 56 \times 15.5$	2	87	Tuerca $32 \times 32 \times 4$	2
39	Manivela $140 \times 220, 1/2$	1	88	Tuerca de seguridad 2 $\phi 46 \times 12$	1

40	Espaciador de volantes φ16*φ10.2*17	1	89	Arandela φ40.5*3	1
41	Muelle de tensión φ18X48 φ2	1	90	Rueda deslizante	2
42	Imán negro 40x25x10	8	91	Perno M6*45	2
43	Imán redondo φ15X 6	1	92	Tornillo ST3*10	9
44	Rueda de inercia φ10 * 1 25 * M10 * 1 * 17	1	93	Arandela plana D6	4
45	Volantes magnéticos externos φ200 * 72.5 / 3Kg	1	94	Soporte de almohadilla defectuoso	1
46	Rodamiento 6000Z	2	95	Tapa 40 * 25 * 2.0	1
47	Muelle de tensión φ18X48 φ2	1	96	Manga	2
48	Perno φ9.8 * 6 * M8 * 15	1	97	Tornillo M8*68	1
49	Maneta de freno φ12 * 380	1			

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HARDWARE





IMPORTANTE! CONSERVARE IL PRESENTE MANUALE PER FUTURO RIFERIMENTO E LEGGERLO ATTENTAMENTE.

ISTRUZIONI DI MONTAGGIO

AVVISO IMPORTANTE PER LA SICUREZZA

La bicicletta è stata progettata esclusivamente per uso domestico. Si prega di notare le seguenti precauzioni di sicurezza:

1. Leggere tutte le istruzioni prima del montaggio e del funzionamento. Montare la bicicletta esattamente secondo le istruzioni contenute in questo manuale.
2. Controllare tutte le viti, i dadi e gli altri collegamenti prima di utilizzare la bicicletta.
3. Utilizzare la bicicletta solo per l'uso previsto, come descritto in questo manuale.
4. Usa una base adatta, come un tappetino di gomma, sotto la bici e mantieni l'area intorno alla bici libera da sporco e ostacoli.
5. Tenere sempre i bambini e gli animali domestici lontani dalla bici.
6. La bicicletta deve essere utilizzata da una sola persona alla volta. (peso massimo: 110 KG)
7. Utilizzare sempre la bicicletta su una superficie asciutta, libera e piana. Non utilizzarlo all'aperto o vicino all'acqua o all'umidità eccessiva.
8. Rimuovere sempre l'acqua o l'umidità dalla bicicletta prima e dopo l'uso.
9. Tenere tutte le mani e i piedi lontani da qualsiasi parte in movimento.
10. Non inserire alcun oggetto in nessuna delle aperture della bicicletta.
11. Prima di utilizzare la bici, pulirla accuratamente, fare un riscaldamento completo e adeguato.
12. Indossare sempre abbigliamento e scarpe da allenamento adeguati durante l'allenamento e non indossare accappatoi o altri indumenti che potrebbero impigliarsi nella bicicletta.
13. È necessaria un'attenta supervisione quando viene utilizzato da bambini, invalidi o disabili.
14. Se si verificano vertigini, nausea, dolori al petto o qualsiasi altro sintomo anomalo durante l'utilizzo della bicicletta, interrompere immediatamente l'allenamento e consultare immediatamente un medico.

AVVERTIMENTO: PRIMA DI INIZIARE QUALSIASI PROGRAMMA DI ESERCIZI, CONSULTARE IL PROPRIO MEDICO. CIÒ È PARTICOLARMENTE IMPORTANTE PER LE PERSONE CON PROBLEMI DI SALUTE PREESISTENTI. LEGGERE TUTTE LE ISTRUZIONI PRIMA DI UTILIZZARE LA BICICLETTA. NON CI ASSUMIAMO ALCUNA RESPONSABILITÀ PER LESIONI ALLA SALUTE O DANNI MATERIALI SUBITI DA O ATTRAVERSO UN USO ERRATO O ECCESSIVO DI QUESTA BICICLETTA.

PESO MASSIMO DELL'UTENTE: 110 KG.

AVVERTENZE SULLA BATTERIA:

1. Non mischiare batterie alcaline, standard (zinco-carbone) o ricaricabili (nichel-cadmio).
2. Non mischiare mai batterie vecchie e nuove.
3. Le batterie devono essere inserite secondo la polarità corretta.
4. Rimuovere le batterie quando l'unità non viene utilizzata a lungo.
5. I terminali della batteria non devono essere cortocircuitati.
6. Rispettare sempre le leggi e le normative locali.

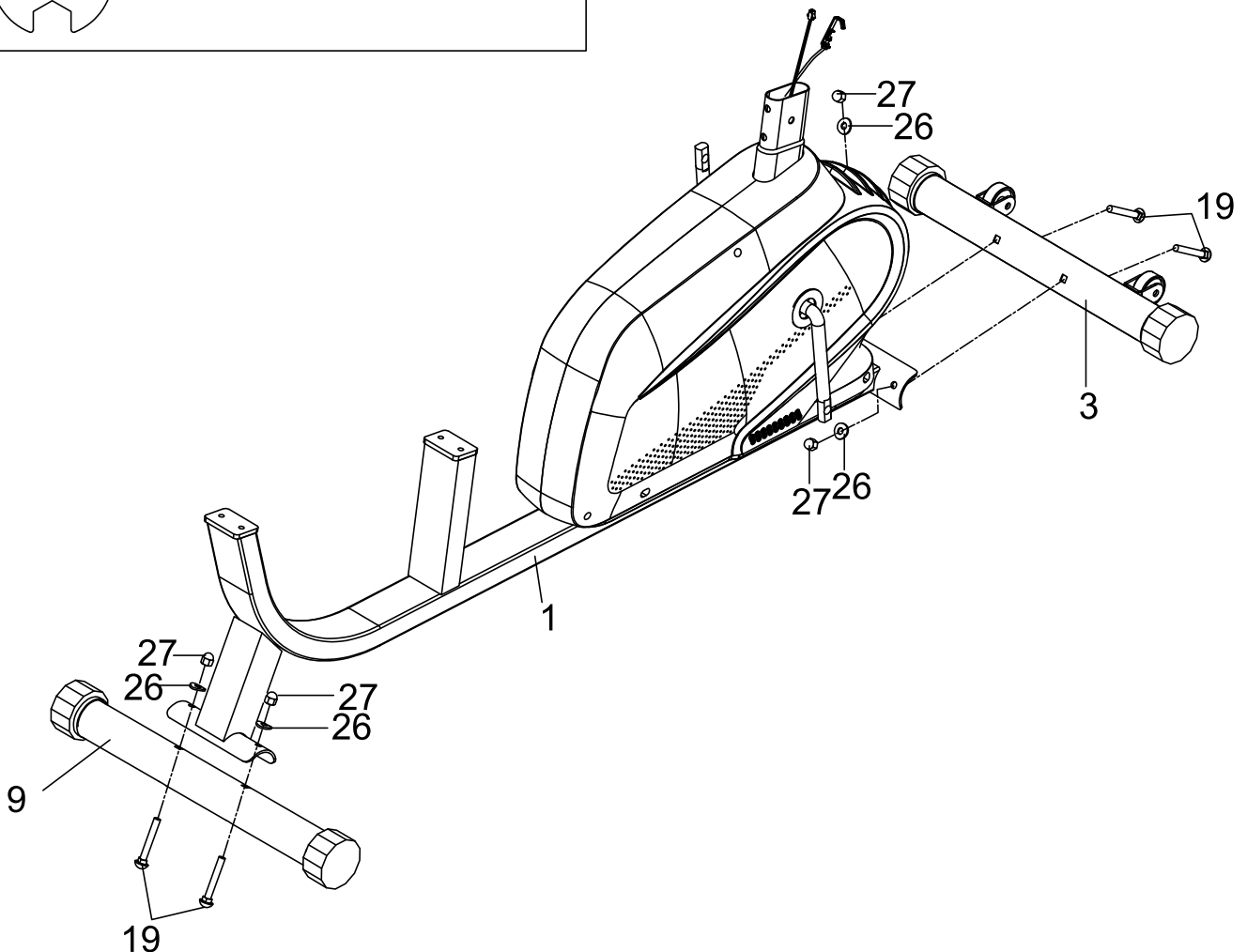
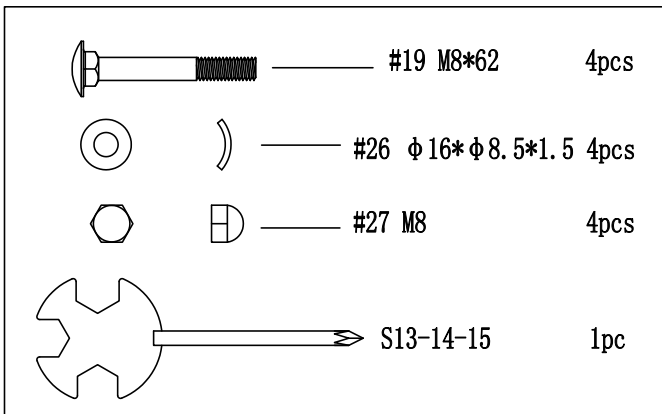
Istruzioni di montaggio

1. Lavori preparatori


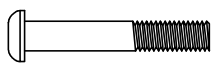


- A. Assicurarsi che ci sia abbastanza spazio prima dell'installazione.
- B. Verificare che tutti i componenti siano pronti prima dell'installazione. (Fare riferimento all'esploso del prodotto precedente view che indica il nome e la posizione dei componenti).
- C. Utilizzare gli strumenti forniti o gli speciali strumenti autonomi per l'installazione.

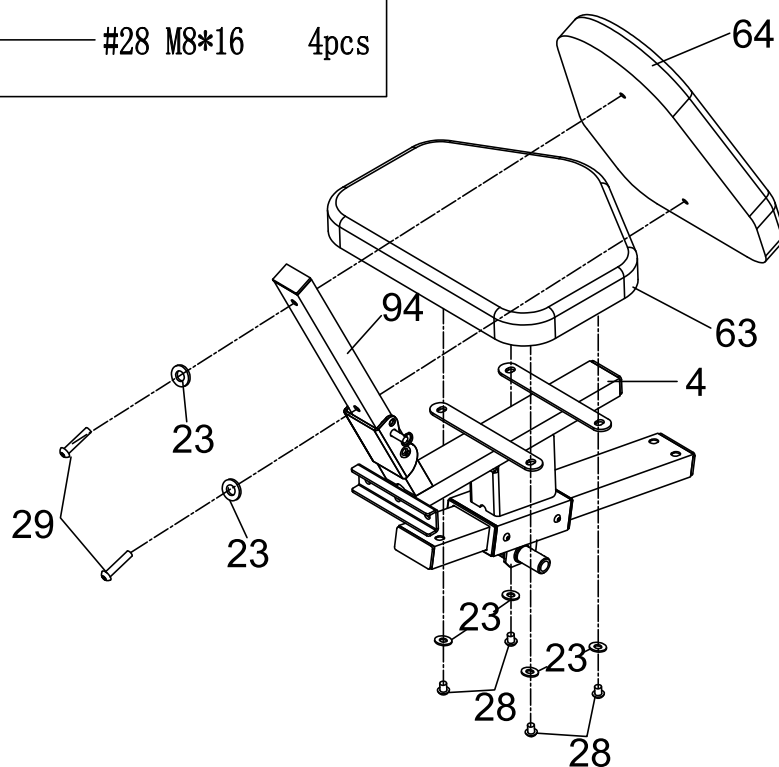
2. Istruzioni di montaggio

Passo 1:

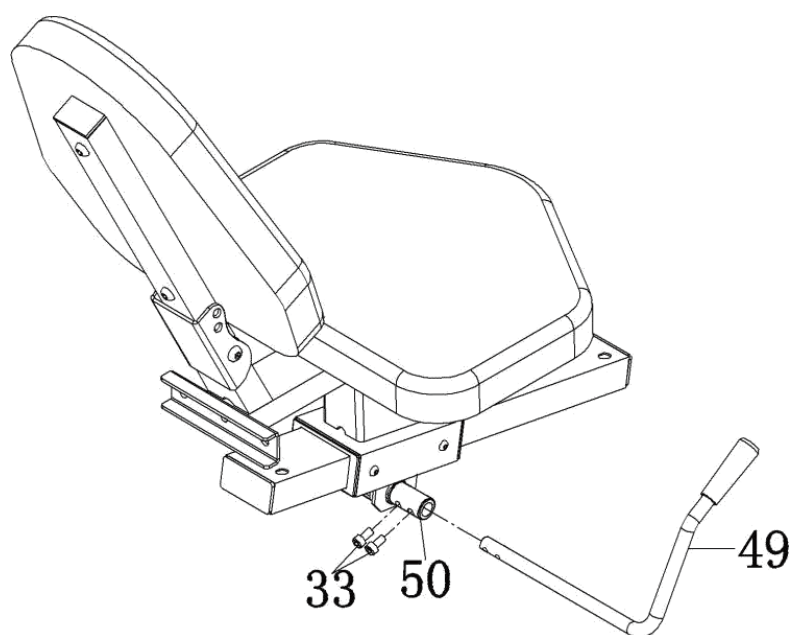



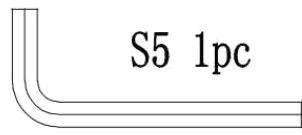
Passo 2:

	S5	1pc
	#29 M8*40	2pcs
	#23 $\phi 16 * \phi 8.5 * 1.5$	6pcs
	#28 M8*16	4pcs

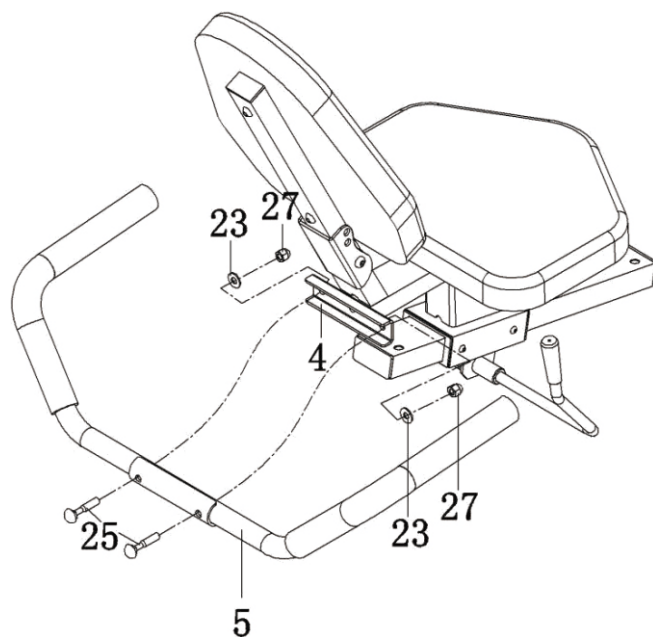
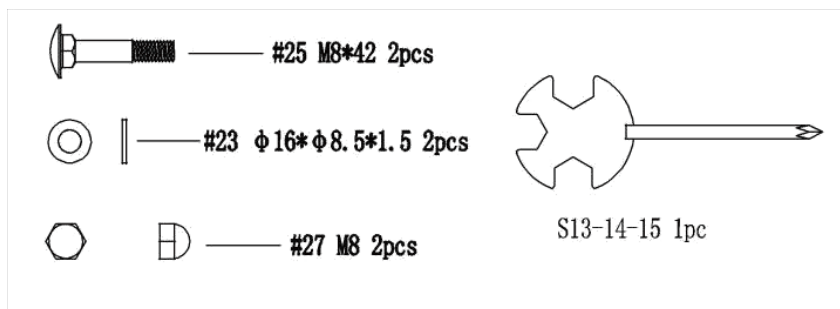


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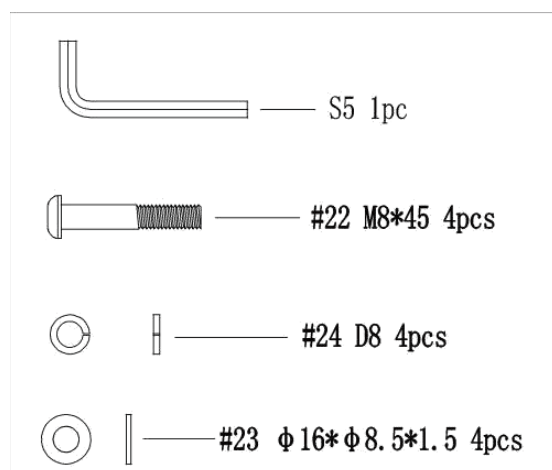
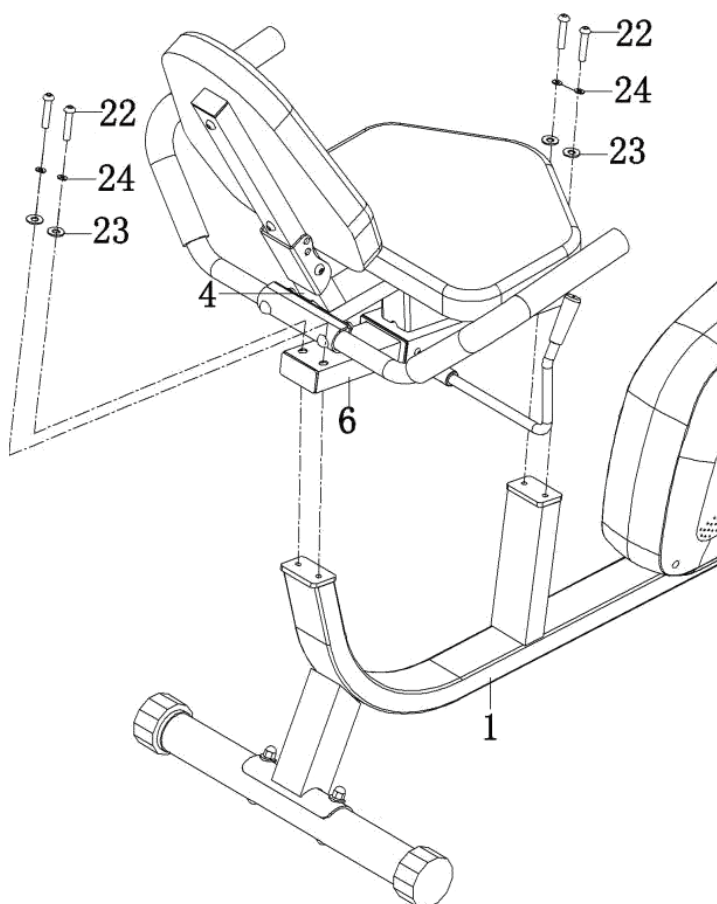


	#33 M6*15	2pcs
	S5	1pc

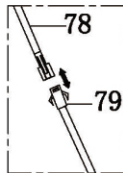
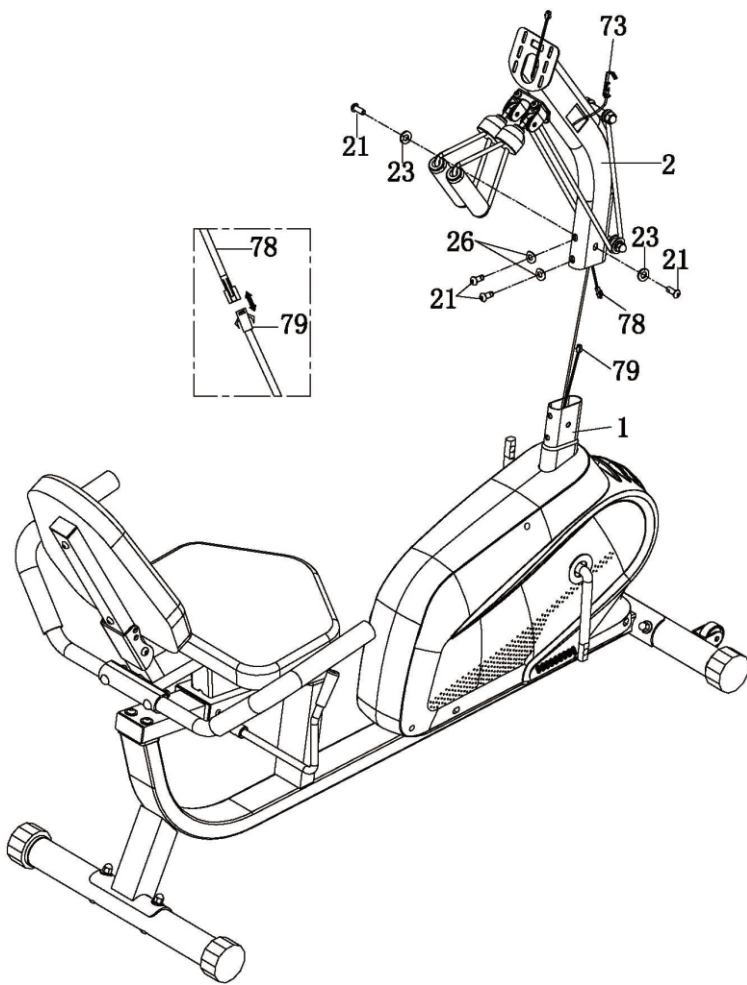
Passo 4:







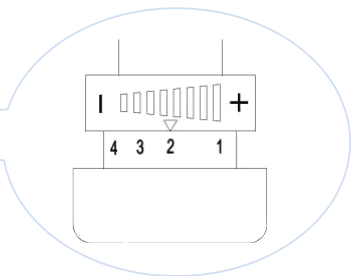
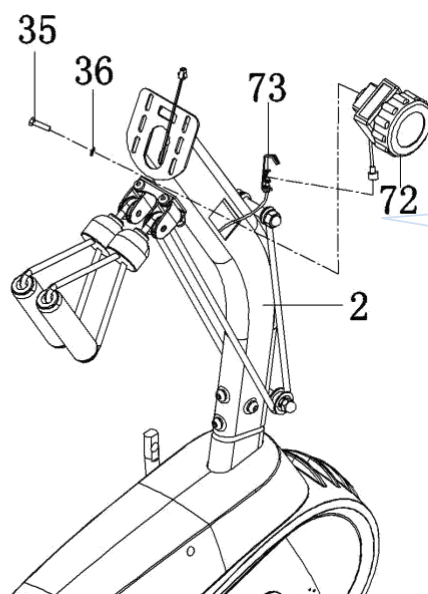
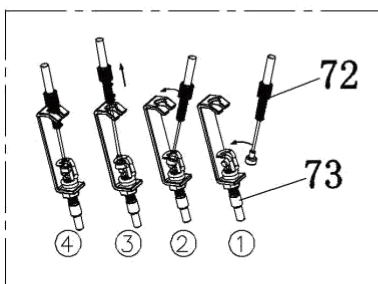
Passo 5:



Passo 6:

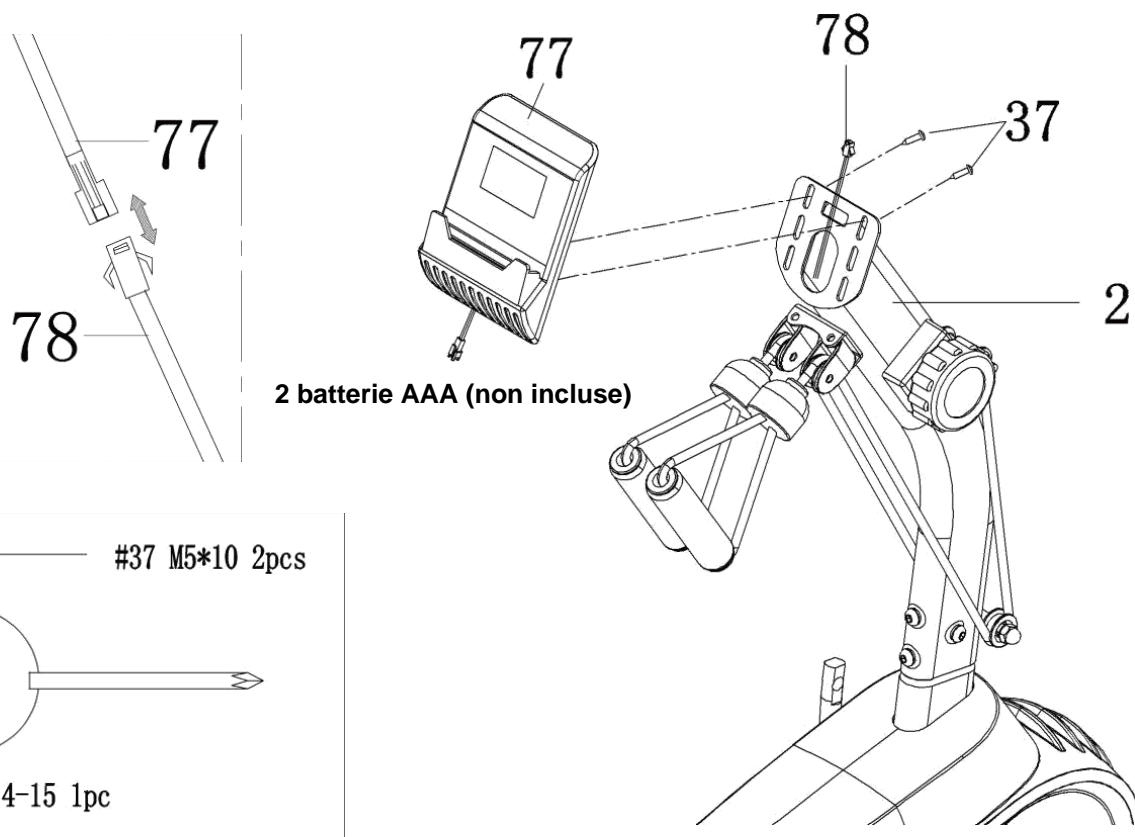


-  — S5 1pc
-  — #21 M8*15 4pcs
- ) — #26 $\phi 16*\phi 8.5*1.5$ 2pcs
-  | — #23 $\phi 16*\phi 8.5*1.5$ 2pcs

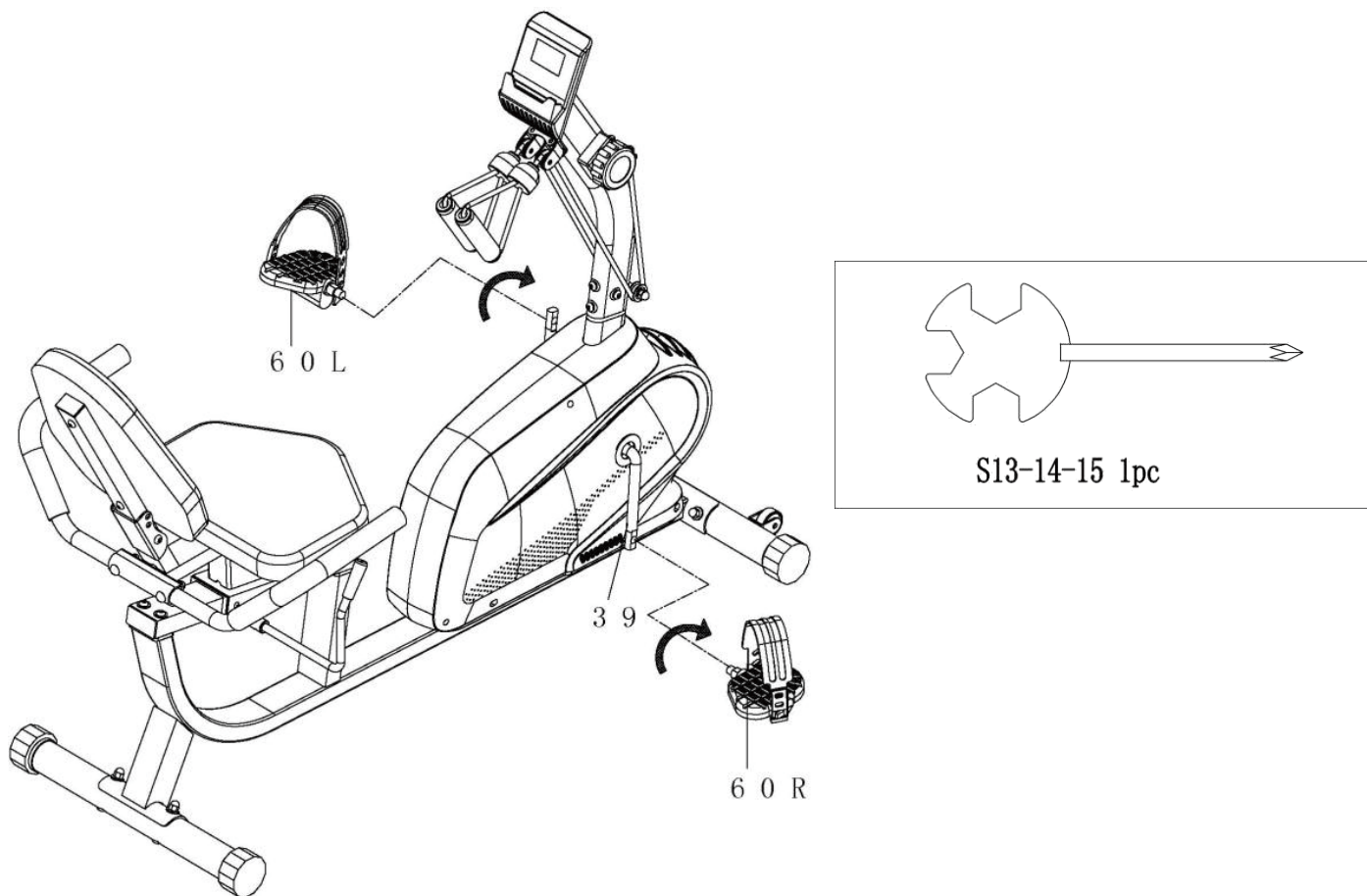


Nota: Imposta la manopola di controllo della tensione su 1 per garantire una lunghezza del filo sufficiente per collegare i cavi di controllo della tensione (n. 72 e 73).

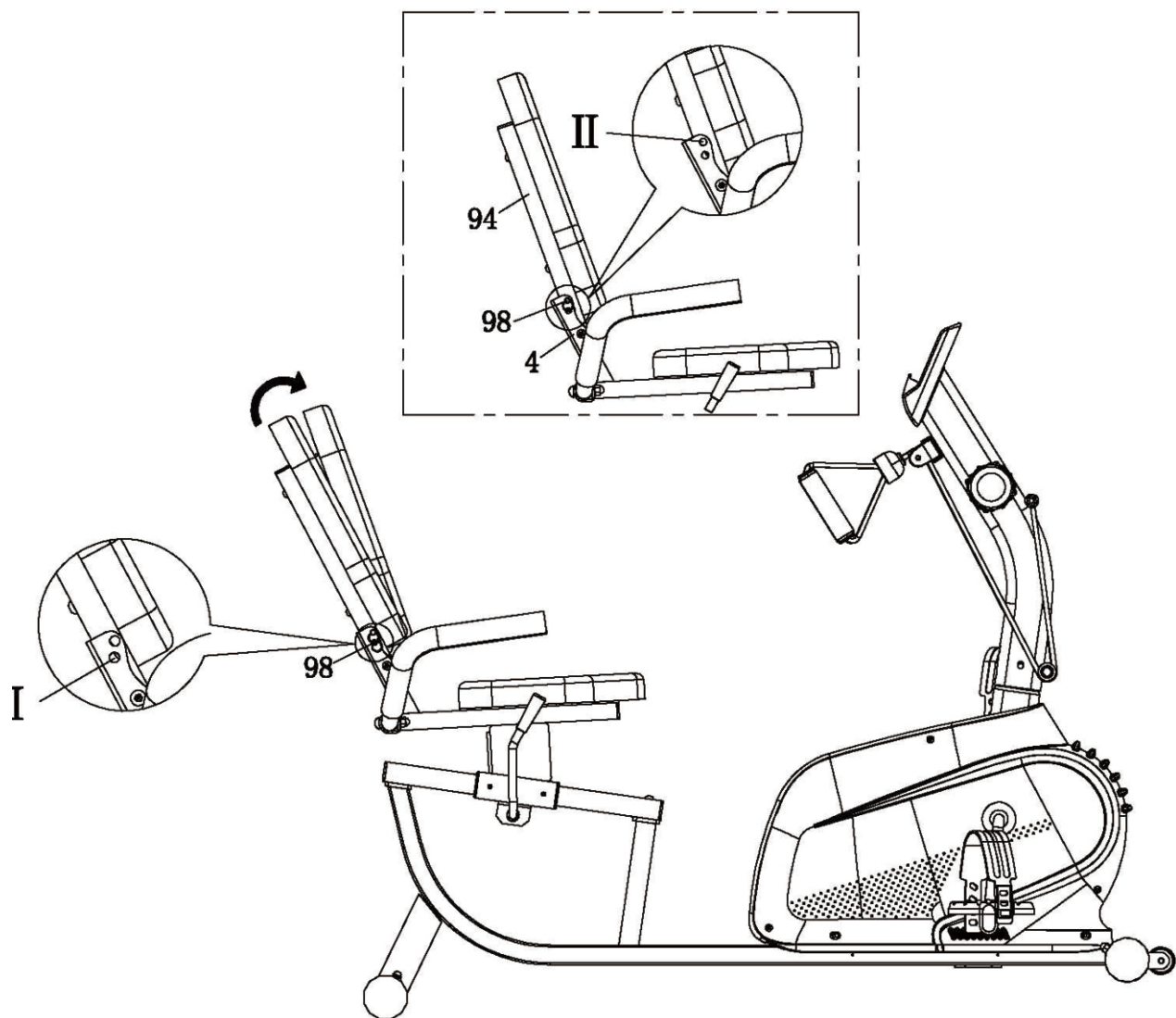
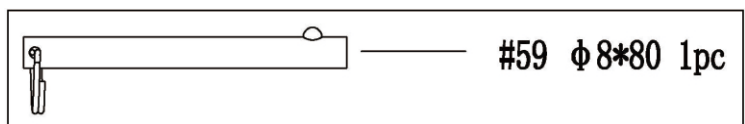
Passo 7:



Passo 8:



Passo 9:



REGOLAZIONE DELLA SELLA

Tirare la maniglia del freno (49) verso l'alto per allentarla (vedi Fig 1). Quindi è possibile spostarsi sul telaio del cuscino (4) per trovare una posizione adatta. Spingere la maniglia del freno (49) verso il basso per serrare (vedi Fig 2).

Fig 1

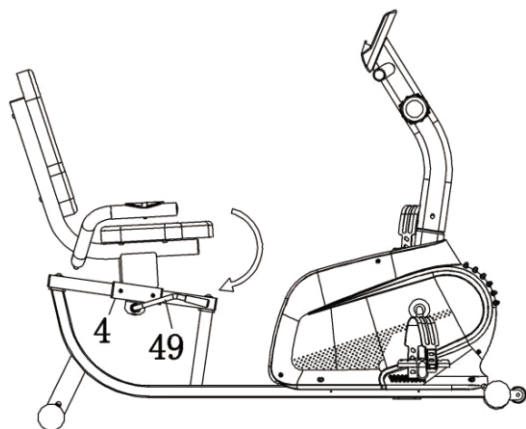
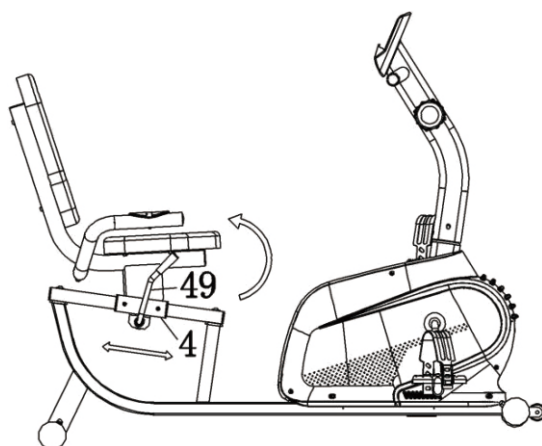
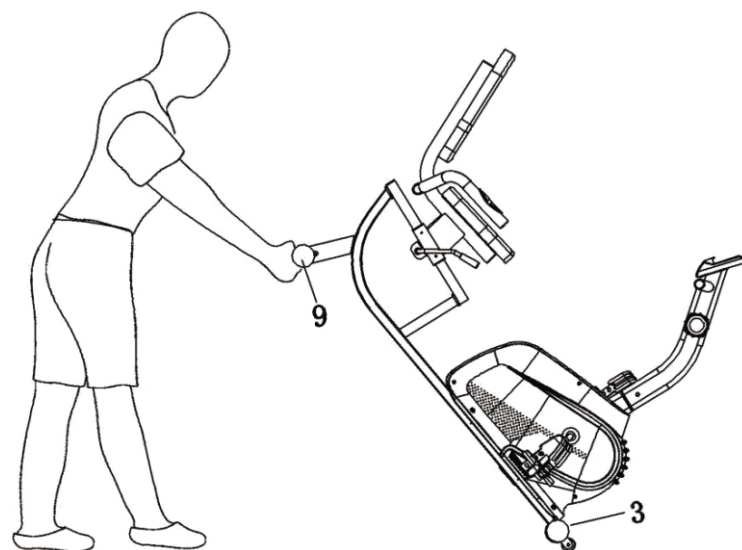


Fig 2



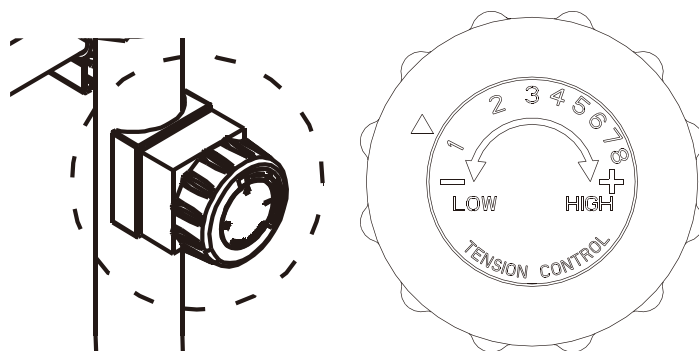
COME SPOSTARE LA BICI?



Tenere lo stabilizzatore posteriore (n. 9) e sollevare la bicicletta finché le ruote dello stabilizzatore anteriore (n. 3) non toccano il suolo. Ora puoi portare la bici nella posizione desiderata.

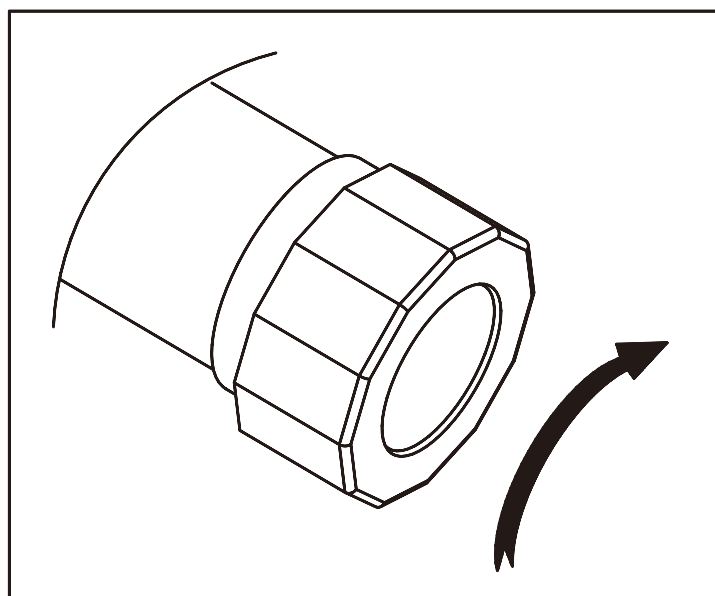
REGOLAZIONE DELLA RESISTENZA

Regolare la resistenza della bicicletta utilizzando il controllo della tensione (n. 72). Aumentare il livello di resistenza ruotando la manopola di tensione verso DESTRA (in senso orario), diminuire il livello di resistenza ruotando la manopola di tensione verso SINISTRA (in senso antiorario).

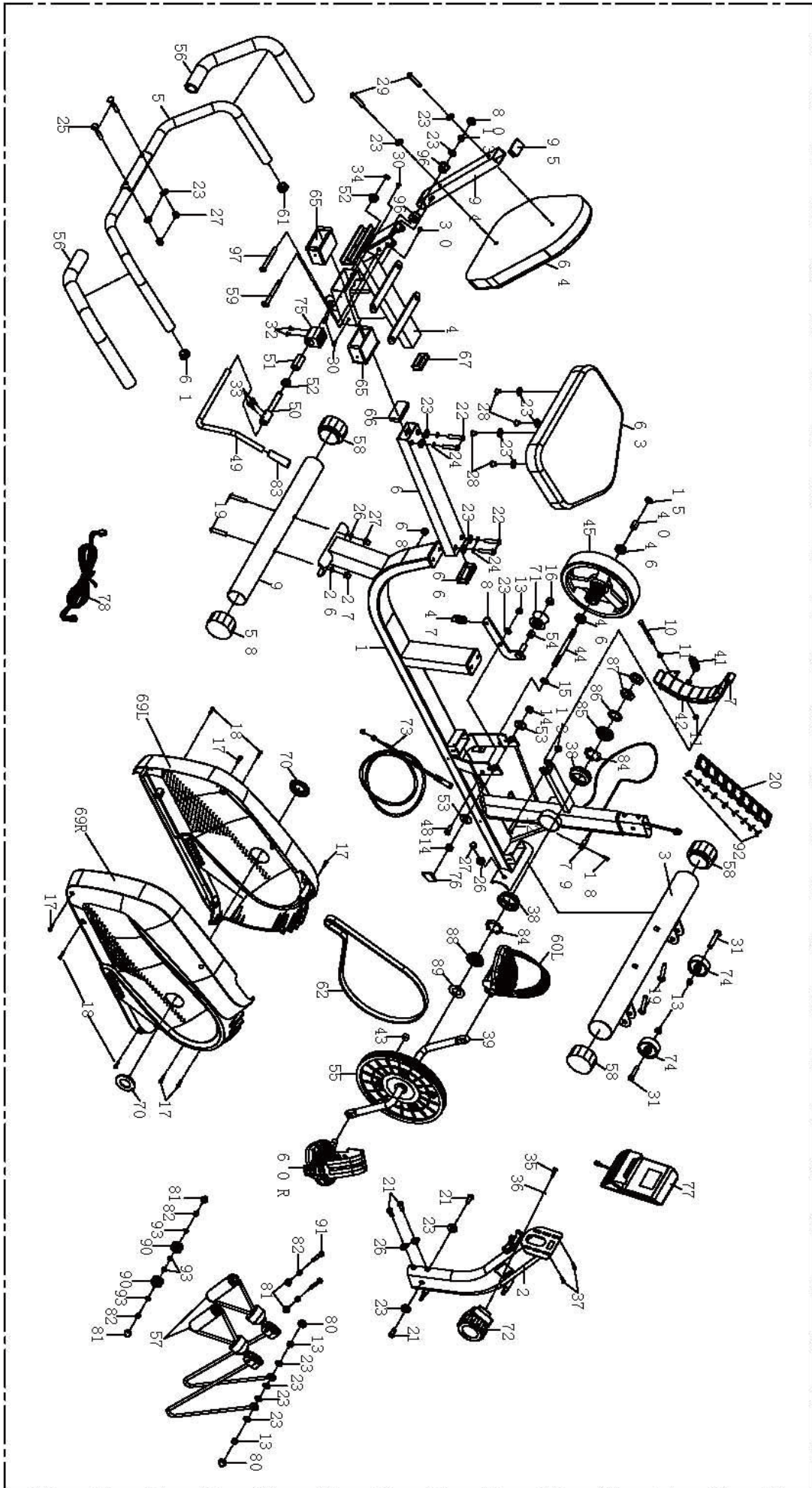


REGOLAZIONE DELL'ALTEZZA E DEL BILANCIAMENTO

Per ottenere una guida fluida e confortevole, è necessario assicurarsi che la bici sia stabile. Se noti che la bici è sbilanciata durante l'uso, dovresti regolare i cappucci terminali situati sotto lo stabilizzatore posteriore (n. 9). Per fare ciò, ruotarlo in senso orario.



DISEGNO ESPLOSO



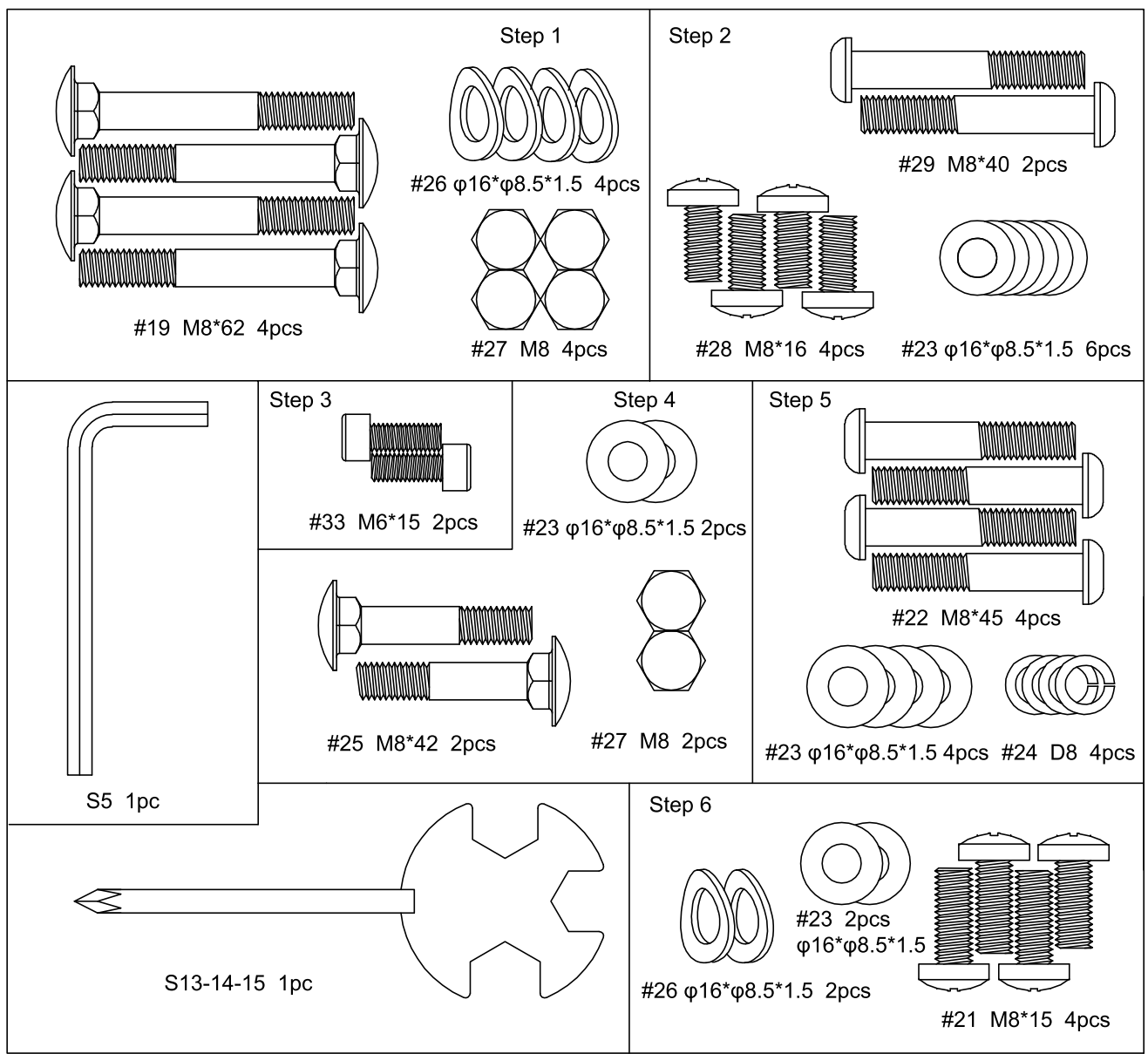
Elenco delle parti

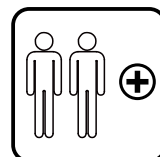
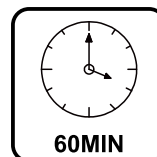
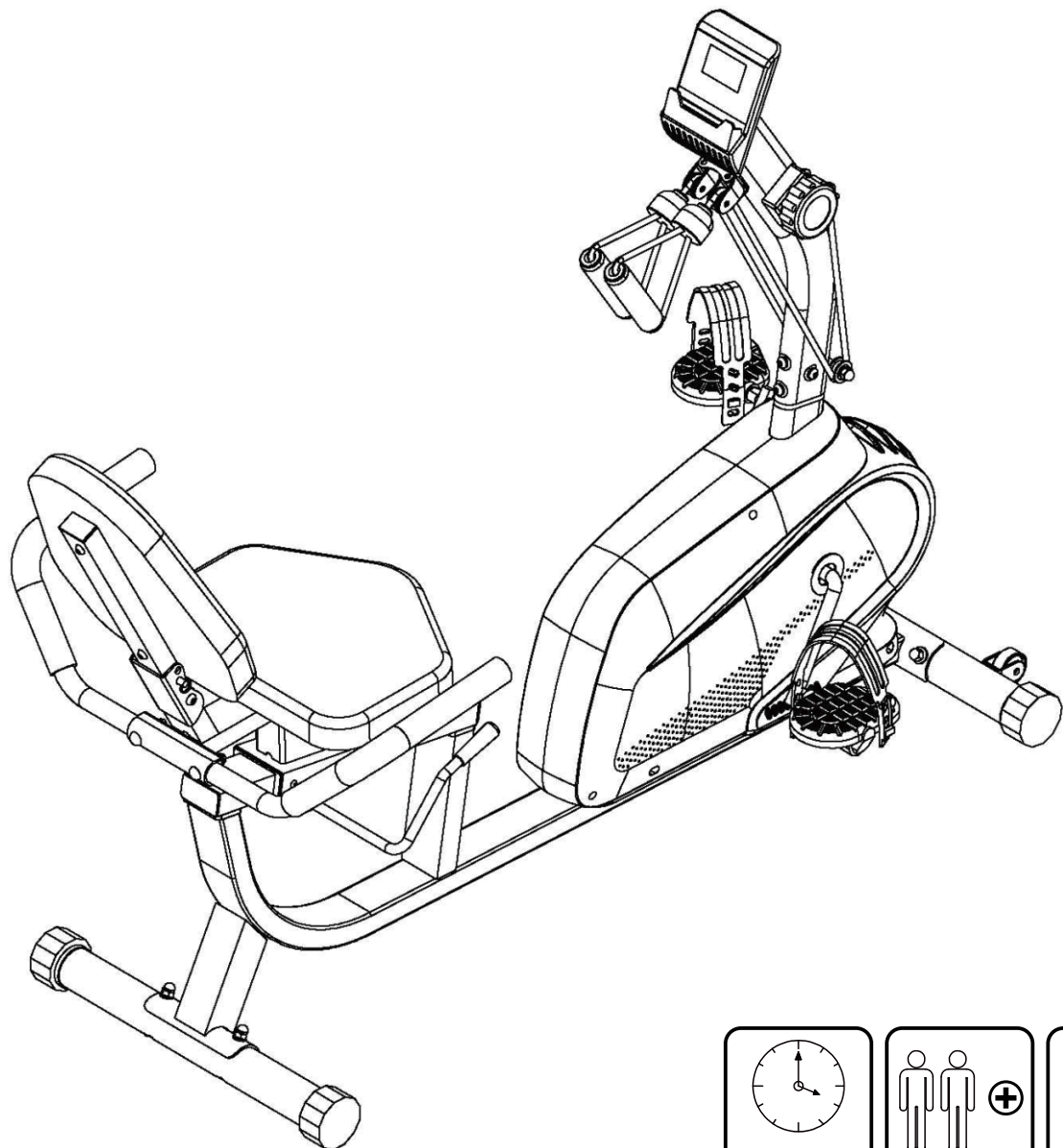
NO.	Descrizione	QTY	NO.	Descrizione	QTY
1	Telaio principale	1	50	Albero eccentrico ϕ 12*105	1
2	Colonna anteriore	1	51	Ruota eccentrica ϕ 20*38	1
3	Stabilizzatore anteriore	1	52	Boccola ϕ 23X ϕ 12.2X 11	2
4	Telaio del cuscino	1	53	Rondella di sicurezza ϕ 30X2. 0	2
5	Manubrio	1	54	Distanziatore folle ϕ 16* ϕ 10. 2*10	1
6	Tubo di regolazione	1	55	Puleggia ϕ 240/J6	1
7	Lavagna magnetica	1	56	Impugnatura in schiuma ϕ 23* ϕ 33*450	2
8	Collegamento folle	1	57	Set di corde	2
9	Stabilizzatore posteriore	1	58	Fondello posteriore ϕ 50	4
10	Bullone M6 * 70	1	59	Spina	1
11	Dado M6	2	60L/R	Pedale (1/2")	2
12	Bullone M8*40	1	61	Tappo terminale rotondo ϕ 25 * 1,5	2
13	Dado in nylon M8 S13	7	62	Cintura 370 Pj6	1
14	Dado M10x1 xH5	2	63	Cuscino del sedile 360 * 280 * 40	1
15	Dado M10x1xH4	2	64	Cuscino schienale 380 * 290 * 40	1
16	Dado in nylon M10	1	65	Manica	2
17	Vite ST4. 2*20	5	66	Tappo 60*30*1. 5	2
18	Vite ST4. 2*20	5	67	Tappo 50*25*1. 5	1
19	Bolt M8*60	4	68	Spina 12	1
20	Scheda di fissaggio magnetica	1	69	Guscio	1
21	Bullone M8*15	4	70	Tappo a manovella	2
22	Bullone M8*45	4	71	Tenditore ad arco ϕ 43. 5X25	1
23	Rondella ϕ 16* ϕ 8. 5*1. 5	20	72	Filo di controllo della tensione 280mm	1
24	Rondella D8	4	73	Filo di controllo della tensione 55MAX/760mm	1
25	Bullone M8*42	2	74	Ruota folle ϕ 41X ϕ 8. 5X 20	2
26	Rondella ϕ 16* ϕ 8. 5*1. 5	6	75	Blocco freno 40*38*32	1
27	Dado M8	6	76	Rondella EV 40 * 20 * 3	1
28	Bullone M8*16	4	77	Cavo per computer 100mm	1
29	Bullone M8*40	2	78	Filo centrale 600mm	1
30	Bullone M5*8	4	79	Filo sensore ago 500mm	1
31	Vite M8x38	2	80	Tappo bombato per dado in nylon M8	3
32	Vite M5*15	2	81	Dado bombato per dado in nylon M6	4
33	Bullone M6*15	2	82	Dado in nylon M6	4
34	Rondelle di sicurezza per alberi D12	1	83	Pulsantiera freno ϕ 24*7 7* ϕ 12	1
35	Bullone M5*20	1	84	Dieci set di mensole ϕ 46*8	2
36	Rondella piatta D5	1	85	Dado ϕ 46*12	1
37	Bullone M5*10	2	86	Rondella ϕ 46*2	1
38	Dieci set ϕ 56 * 15,5	2	87	Dado 32*32*4	2
39	Manovella 140*220, 1/2	1	88	Dado di bloccaggio 2 ϕ 46*12	1

40	Distanziale volano $\phi 16 * \phi 10.2 * 17$	1	89	Rondella $\phi 40.5 * 3$	1
41	Molla di trazione $\phi 18 * 48 \phi 2$	1	90	Ruota scorrevole	2
42	Magnete nero $40 * 25 * 10$	8	91	Bullone $M6 * 45$	2
43	Magnete rotondo $\phi 15 * 6$	1	92	Vite $ST3 * 10$	9
44	Ruota inerziale $\phi 10 * 1.25 * M10 * 1 * 17$	1	93	Rondella piatta D6	4
45	Volani magnetici esterni $\phi 200 * 72,5 / 3Kg$	1	94	Staffa del pad difettosa	1
46	Cuscinetto 6000Z	2	95	Tappo $40 * 25 * 2.0$	1
47	Molla di trazione $\phi 18 * 48 \phi 2$	1	96	Manica	2
48	Bullone $\phi 9,8 * 6 * M8 * 15$	1	97	Vite $M8 * 68$	1
49	Maniglia freno $\phi 12 * 380$	1			

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HARDWARE





WICHTIG! BEWAHREN SIE DIESE ANLEITUNG FÜR ZUKÜNFTIGE BEZUGNAHME AUF UND LESEN SIE SIE SORGFÄLTIG DURCH.

MONTAGEANLEITUNG

WICHTIGER SICHERHEITSHINWEIS

Das Fahrrad wurde ausschließlich für den Hausgebrauch konzipiert. Bitte beachten Sie die folgenden Sicherheitsvorkehrungen:

1. Lesen Sie alle Anweisungen vor der Montage und dem Betrieb durch. Montieren Sie das Fahrrad genau gemäß den Anweisungen in dieser Bedienungsanleitung.
2. Überprüfen Sie vor der Nutzung des Fahrrads alle Schrauben, Muttern und anderen Verbindungen.
3. Verwenden Sie das Fahrrad nur für den vorgesehenen Zweck, wie in dieser Bedienungsanleitung beschrieben.
4. Verwenden Sie eine geeignete Unterlage, wie eine Gummimatte, unter dem Fahrrad und halten Sie den Bereich um das Fahrrad frei von Schmutz und Hindernissen.
5. Halten Sie Kinder und Haustiere immer vom Fahrrad fern.
6. Das Fahrrad darf jeweils nur von einer Person benutzt werden. (maximales Gewicht: 110 KG)
7. Das Fahrrad immer auf einer trockenen, freien und ebenen Fläche benutzen. Nicht im Freien oder in der Nähe von Wasser oder übermäßiger Feuchtigkeit verwenden.
8. Entfernen Sie vor und nach der Gebrauch immer Wasser oder Feuchtigkeit vom Fahrrad.
9. Halten Sie alle Hände und Füße von allen beweglichen Teilen fern.
10. Stecken Sie keine Gegenstände in irgendeine der Öffnungen des Fahrrads.
11. Vor der Benutzung des Fahrrads dieses gründlich reinigen und eine vollständige und angemessene Aufwärmphase durchführen.
12. Tragen Sie während des Trainings immer geeignete Trainingskleidung und Schuhe und tragen Sie keine Bademäntel oder andere Kleidung, die sich im Fahrrad verfangen könnte.
13. Bei der Verwendung durch Kinder, Kranke oder Behinderte ist eine sorgfältige Aufsicht erforderlich.
14. Falls während des Gebrauchs des Fahrrads Schwindelgefühle, Übelkeit, Brustschmerzen oder andere ungewöhnliche Symptome auftreten, unterbrechen Sie das Training sofort und konsultieren Sie umgehend einen Arzt.

WARNUNG: BEVOR SIE MIT IRGEND EINEM TRAININGSPROGRAMM BEGINNEN, KONSULTIEREN SIE IHREN ARZT. DIESES IST BESONDERS WICHTIG FÜR PERSONEN MIT VORHANDENEN GESUNDHEITSPROBLEMEN. LESEN SIE ALLE ANWEISUNGEN, BEVOR SIE DAS FAHRRAD BENUTZEN. WIR ÜBERNEHMEN KEINE HAFTUNG FÜR GESUNDHEITSSCHÄDEN ODER SACHSCHÄDEN, DIE DURCH EINE FEHLERHAFT E ODER ÜBERMÄSSIGE NUTZUNG DIESES FAHRRADS ENTSTEHEN. MAXIMALES BENUTZERGEWICHT: 110 KG.

BATTERIEWARNUNG:

1. Mischen Sie keine Alkali-, Standard- (Kohle-Zink) oder wiederaufladbaren (Nickel-Cadmium) Batterien.
2. Vermischen Sie niemals alte und neue Batterien.
3. Achten Sie darauf, die Batterien mit der richtigen Polarität einzulegen.
4. Entfernen Sie die Batterien, wenn das Gerät längere Zeit nicht benutzt wird.
5. Die Versorgungsklemmen dürfen nicht kurzgeschlossen werden.
6. Beachten Sie stets die örtlichen Gesetze und Vorschriften.

Montageanleitung

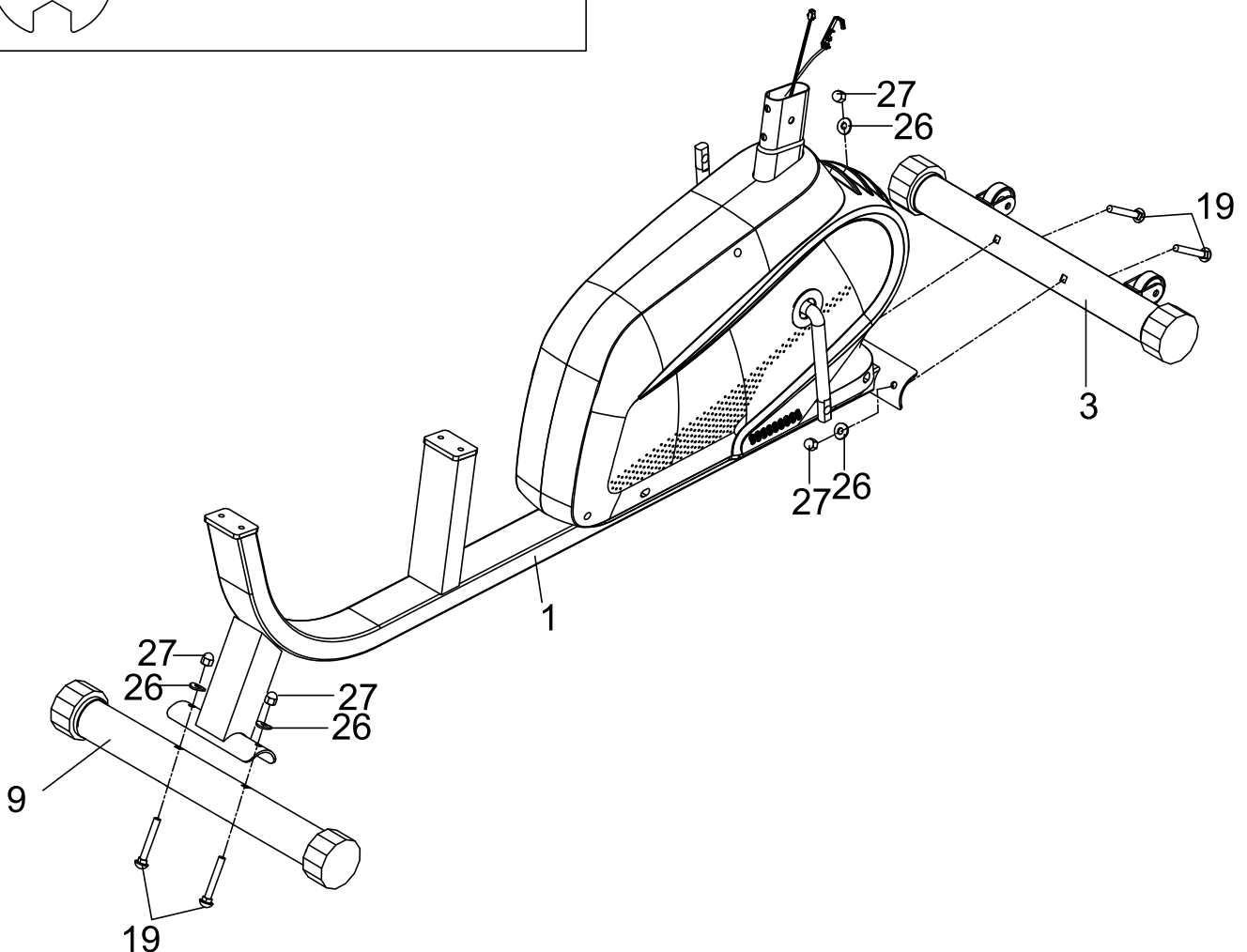
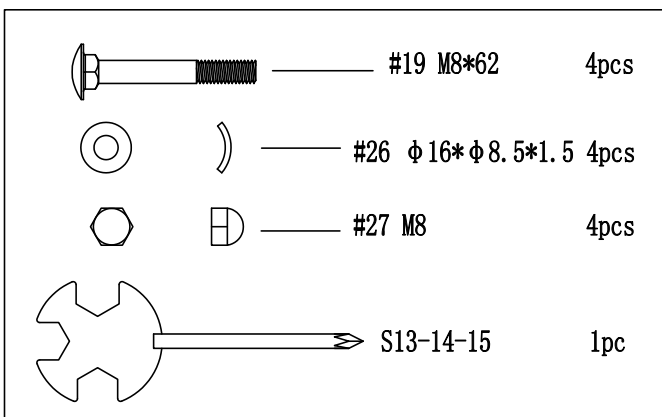
1. Vorbereitende Arbeiten

A. Stellen Sie sicher, dass vor der Installation genügend Platz vorhanden ist.


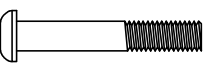


B. Überprüfen Sie vor der Installation, ob alle Komponenten bereitstehen. (Beziehen Sie sich auf die Explosionszeichnung des vorherigen Produkts, in der die Namen und Positionen der Komponenten angegeben sind).

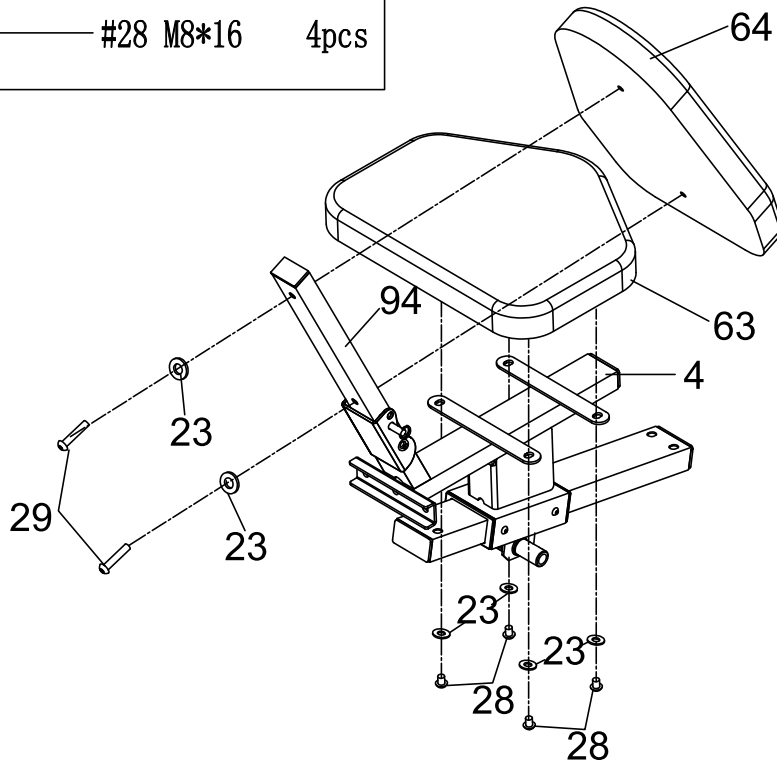
C. Verwenden Sie die mitgelieferten Werkzeuge oder spezielle eigenständige Werkzeuge für die Installation.

2. Montageanleitung Schritt 1:

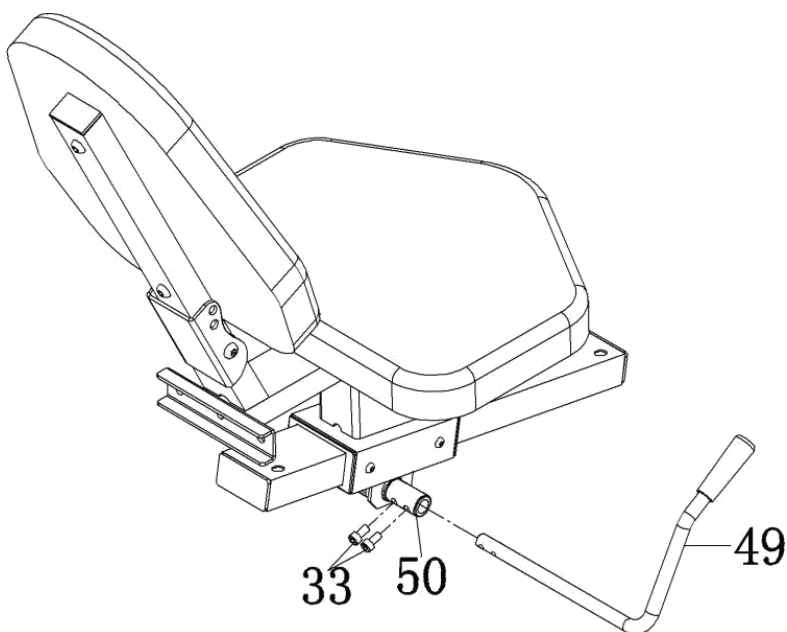



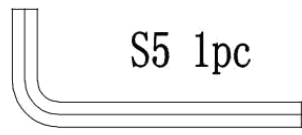
Schritt 2:

	S5	1pc
	#29 M8*40	2pcs
	#23 $\phi 16 * \phi 8.5 * 1.5$	6pcs
	#28 M8*16	4pcs

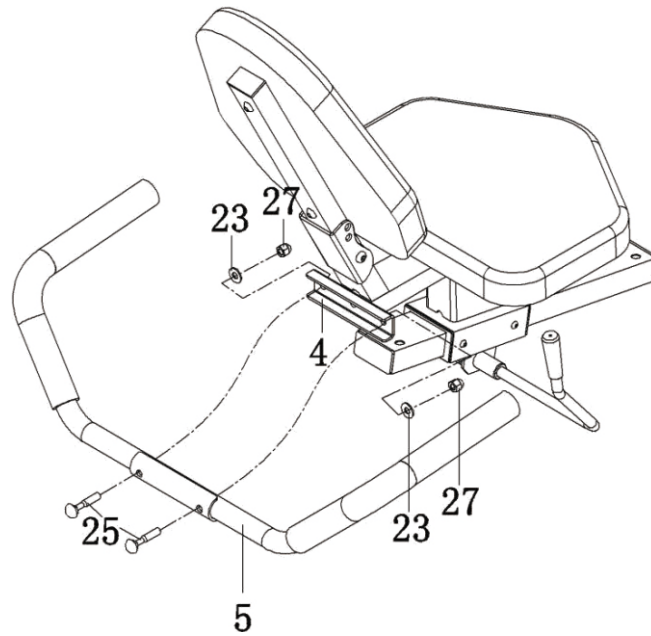
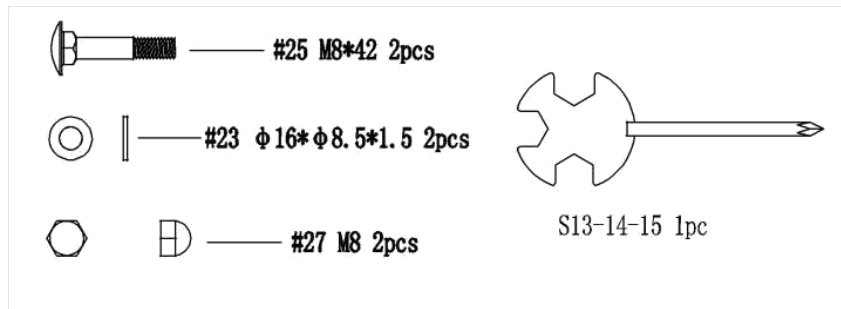


Schritt 3:

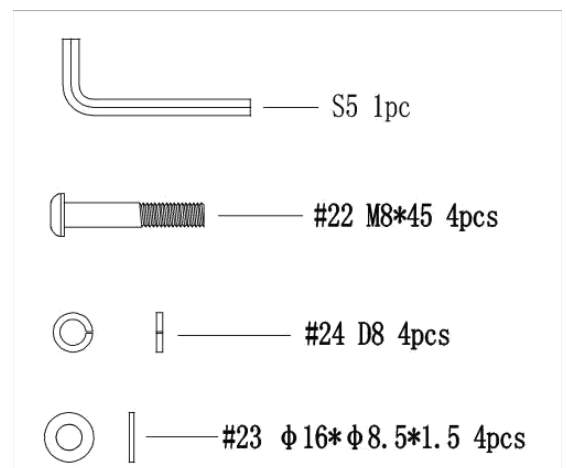
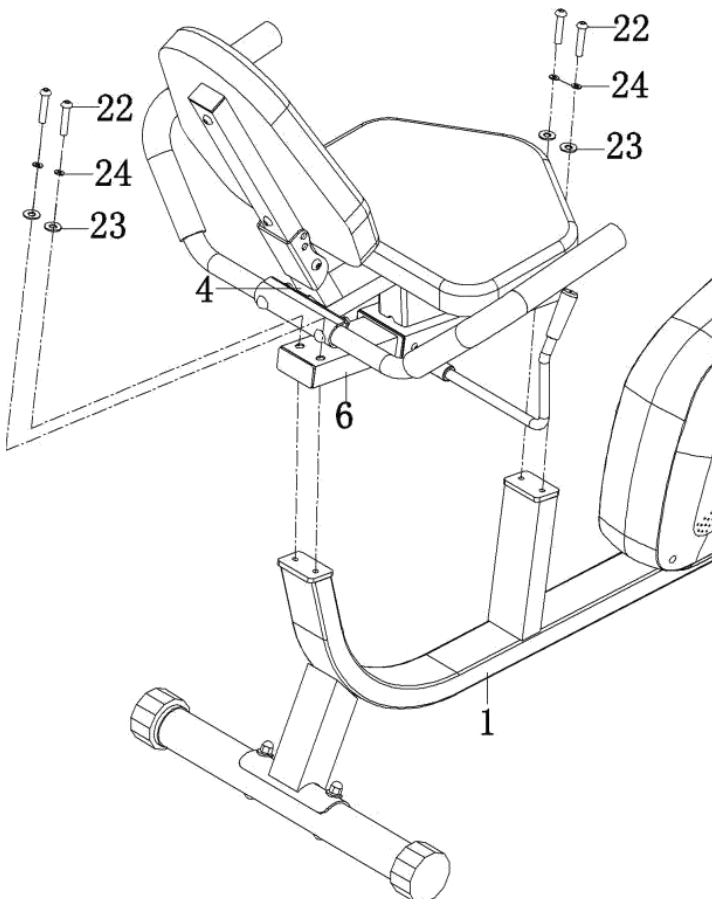


	#33 M6*15	2pcs
	S5	1pc

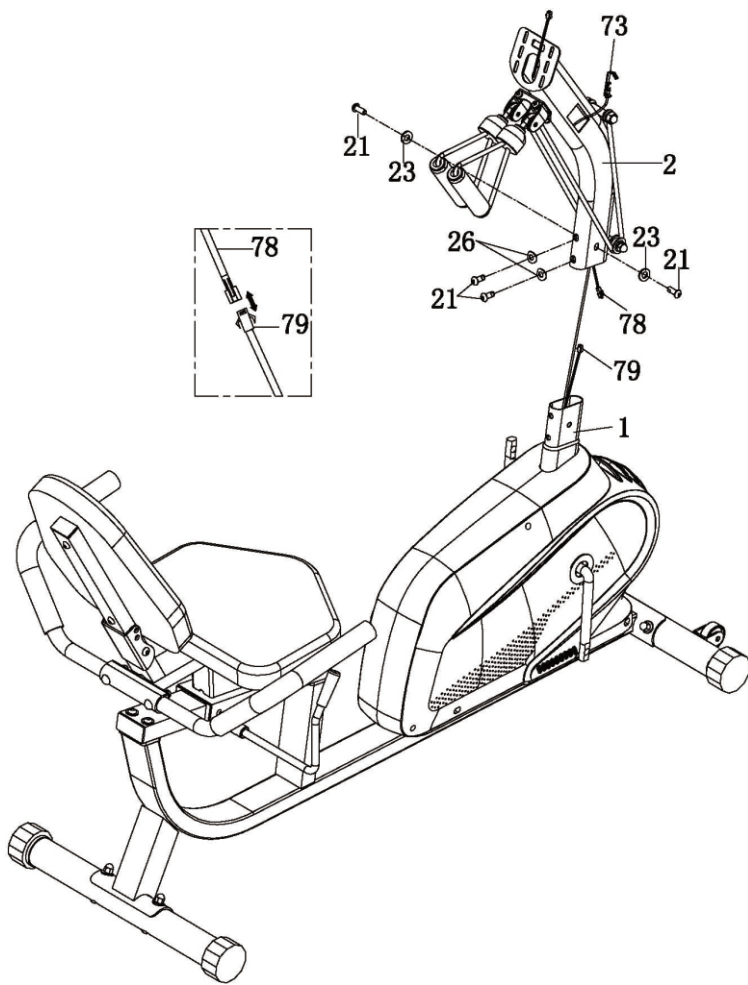
Schritt 4:







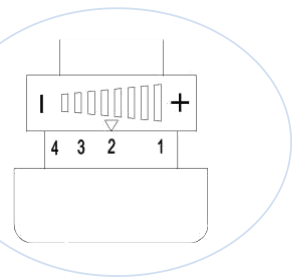
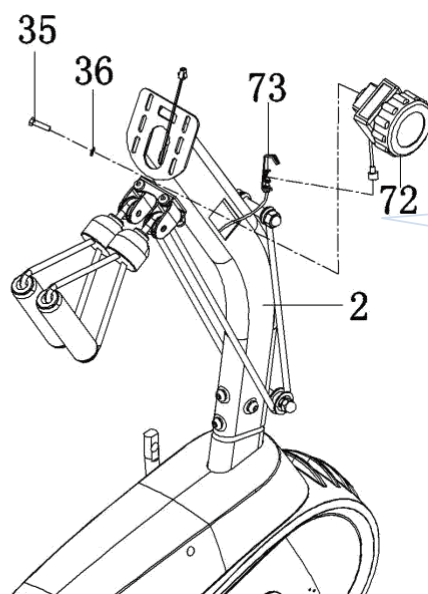
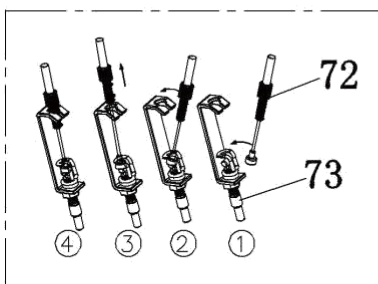
Schritt 5:



Schritt 6:

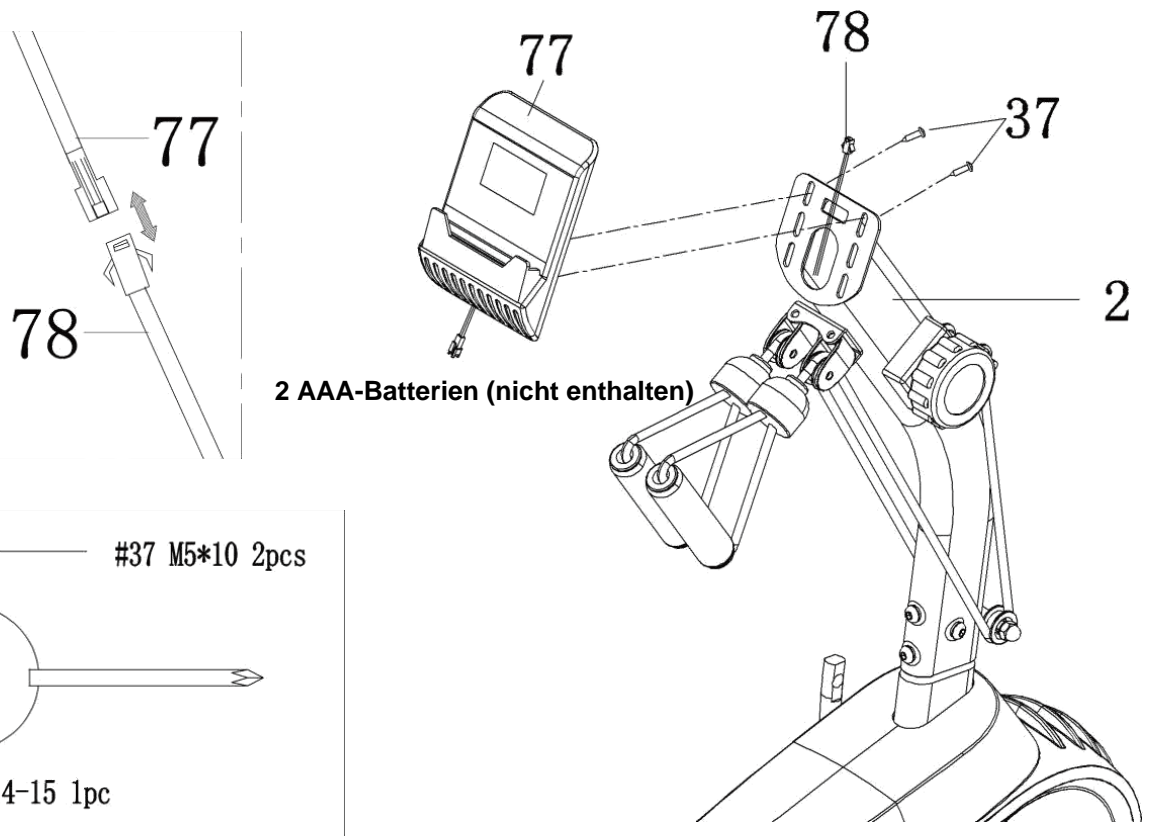


-  — S5 1pc
-  — #21 M8*15 4pcs
- ) — #26 $\phi 16*\phi 8.5*1.5$ 2pcs
-  | — #23 $\phi 16*\phi 8.5*1.5$ 2pcs

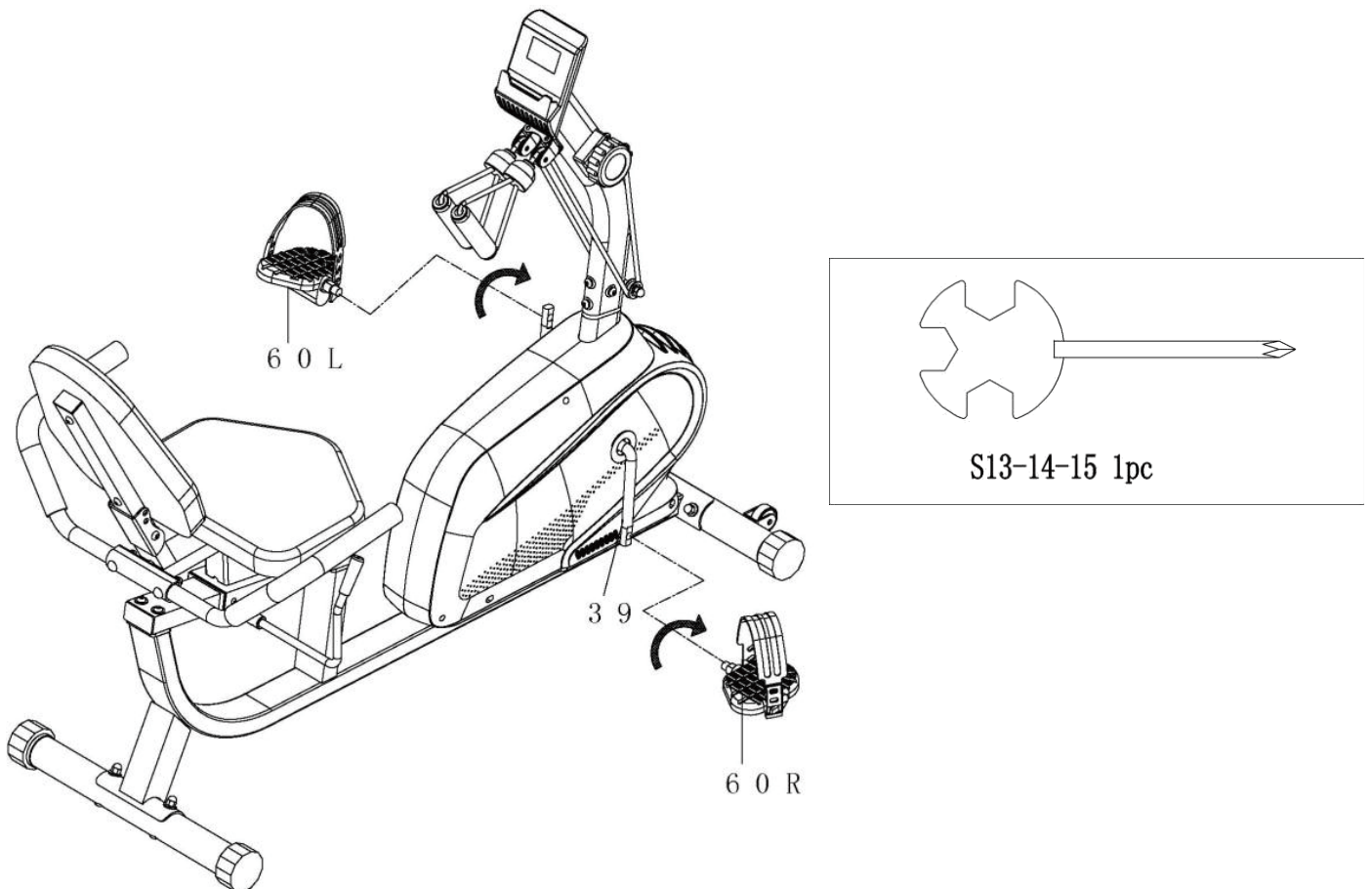


Nota: Imposta la manopola di controllo della tensione su 1 per garantire una lunghezza del filo sufficiente per collegare i cavi di controllo della tensione (n. 72 e 73).

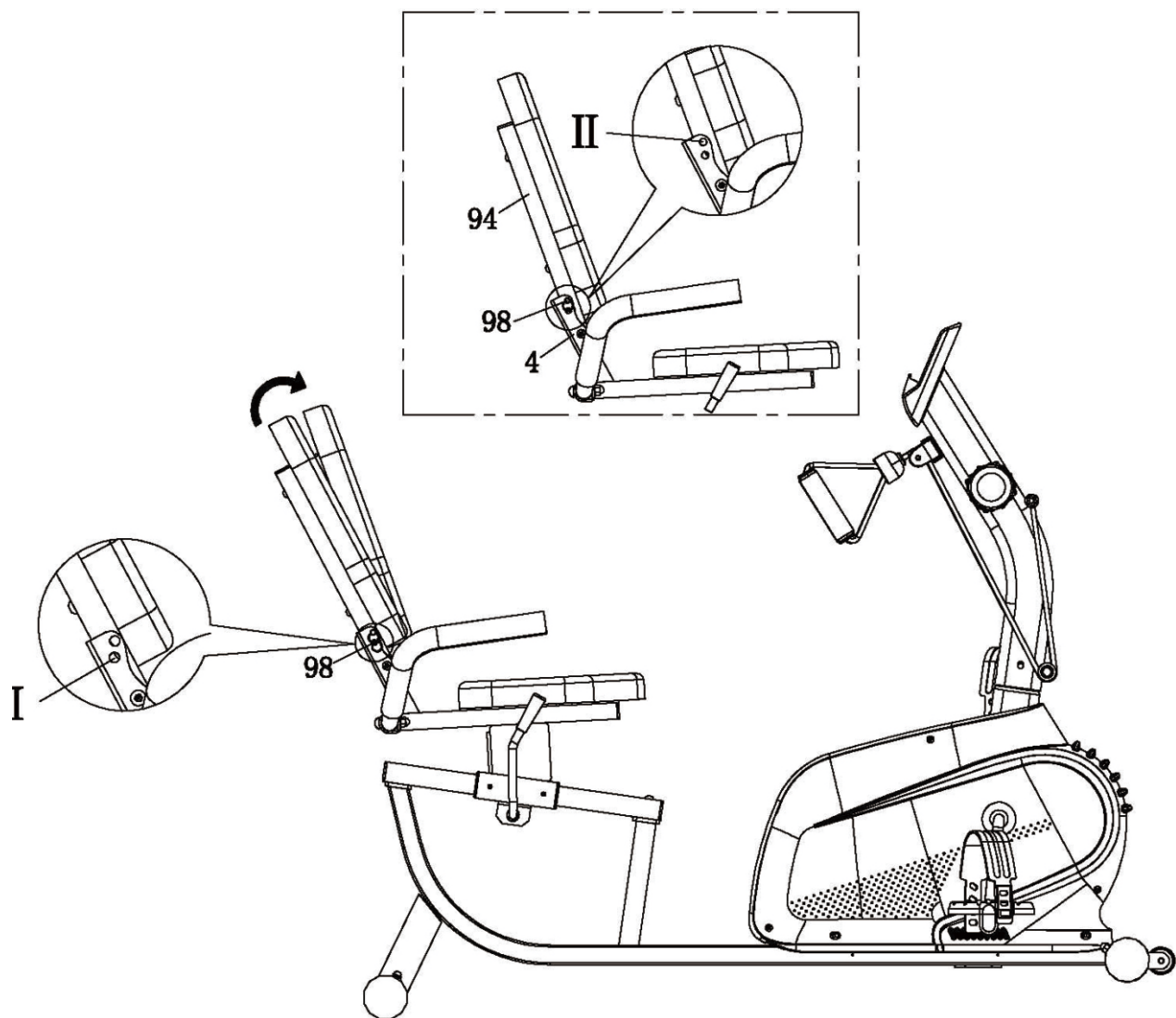
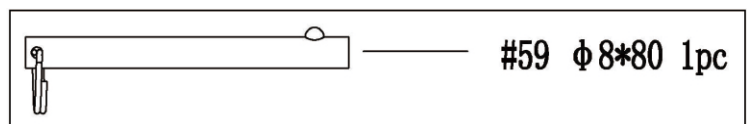
Passo 7:



Passo 8:



Passo 9:



SATTELANPASSUNG

Tirare la maniglia del freno (49) verso l'alto per allentarla (vedi Abb. 1). Quindi è possibile spostarsi sul telaio del cuscino (4) per trovare una posizione adatta. Spingere la maniglia del freno (49) verso il basso per serrare (vedi Abb. 2).

Abb. 1

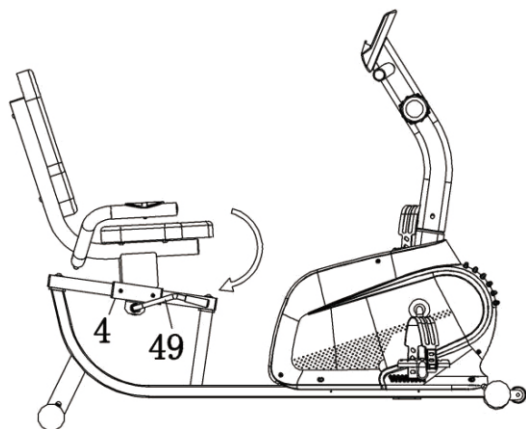
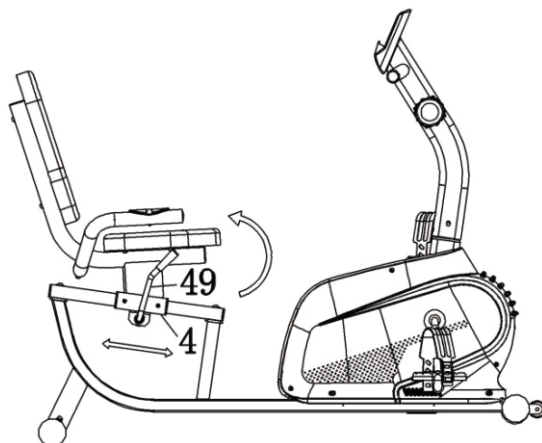
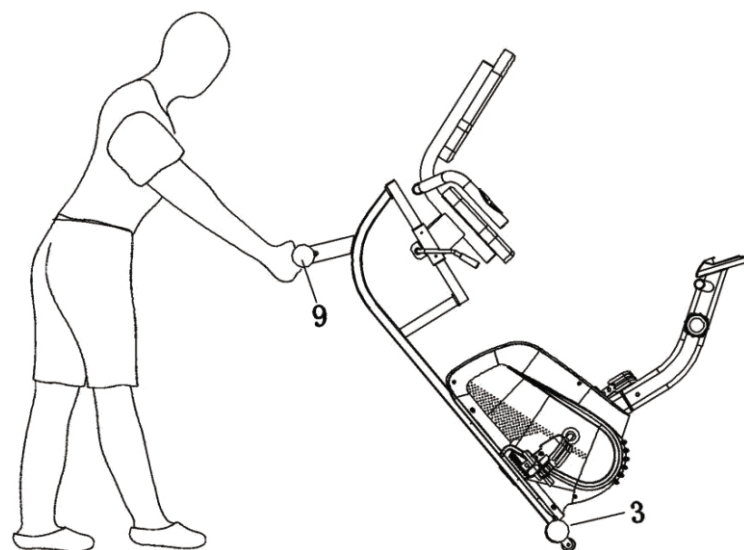


Abb. 2



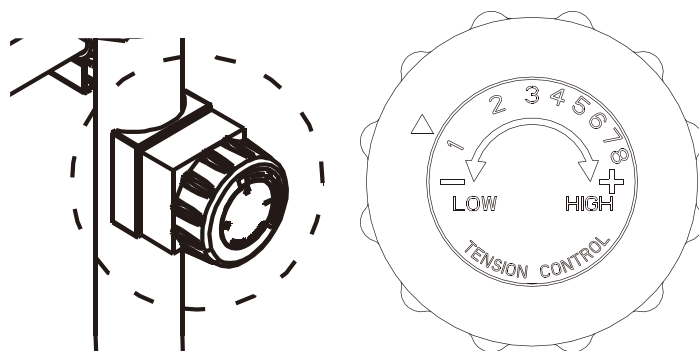
WIE KANN MAN DAS FAHRRAD VERSCHIEBEN?



Tenere lo stabilizzatore posteriore (n. 9) e sollevare la bicicletta finché le ruote dello stabilizzatore anteriore (n. 3) non toccano il suolo. Ora puoi portare la bici nella posizione desiderata.

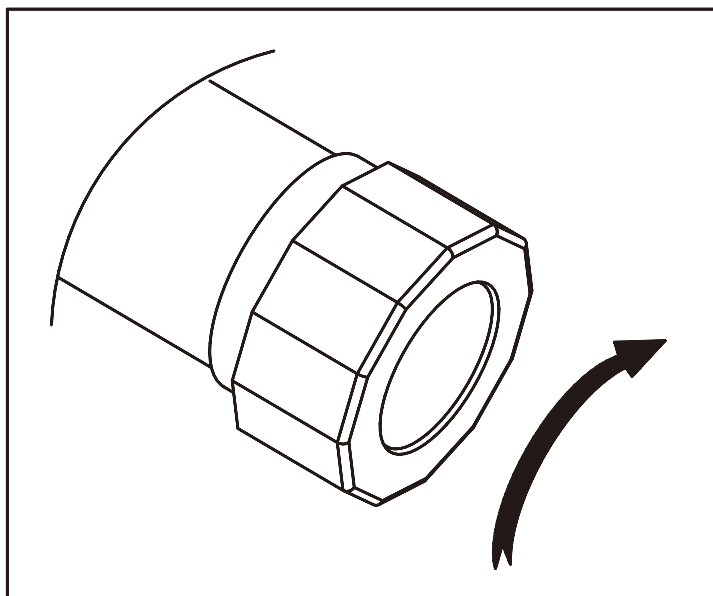
REGOLAZIONE DELLA RESISTENZA

Regolare la resistenza della bicicletta utilizzando il controllo della tensione (n. 72). Aumentare il livello di resistenza ruotando la manopola di tensione verso DESTRA (in senso orario), diminuire il livello di resistenza ruotando la manopola di tensione verso SINISTRA (in senso antiorario).

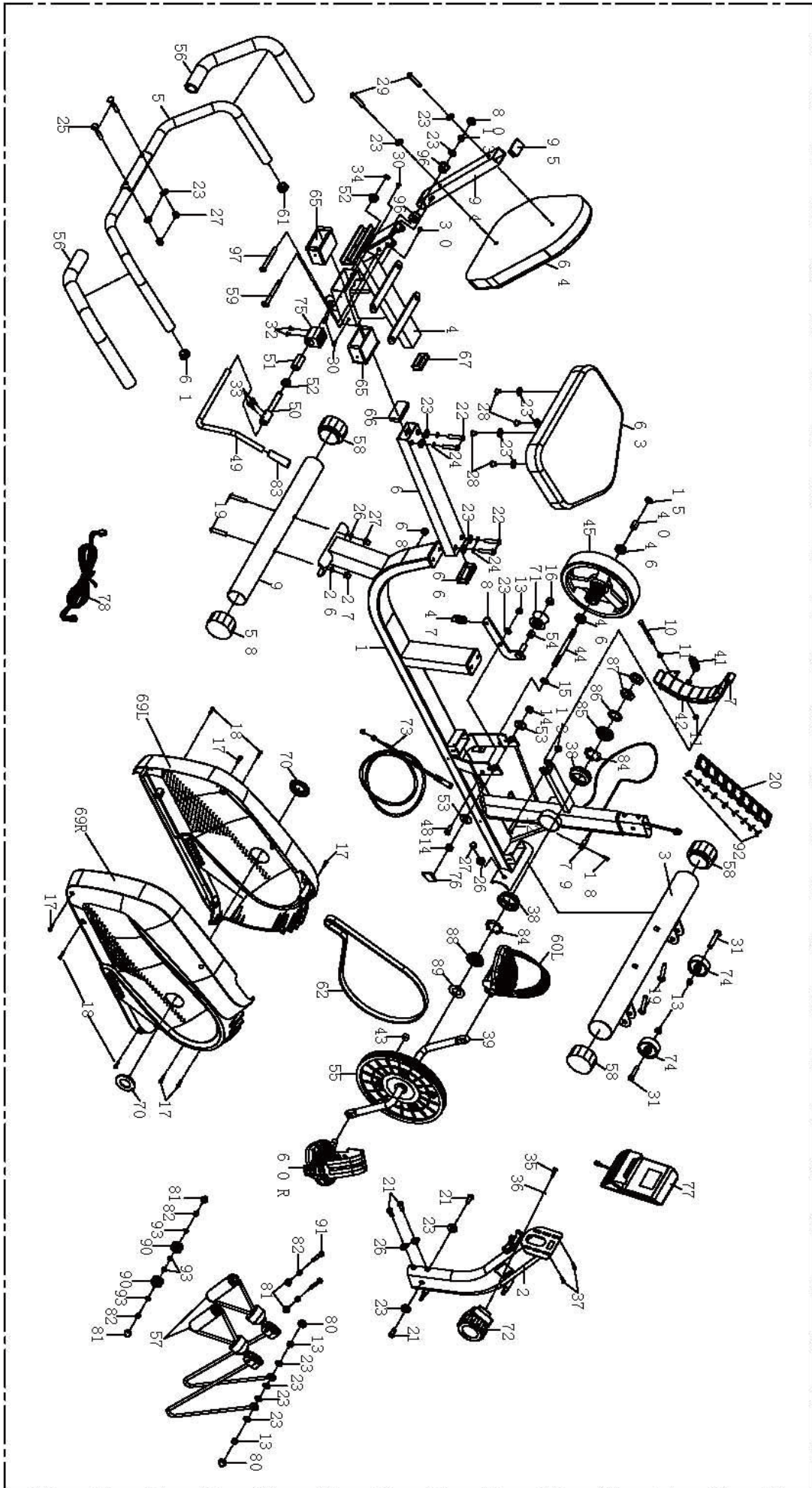


REGOLAZIONE DELL'ALTEZZA E DEL BILANCIAMENTO

Per ottenere una guida fluida e confortevole, è necessario assicurarsi che la bici sia stabile. Se noti che la bici è sbilanciata durante l'uso, dovresti regolare i cappucci terminali situati sotto lo stabilizzatore posteriore (n. 9). Per fare ciò, ruotarlo in senso orario.



EXPLOSIONSZEICHNUNG



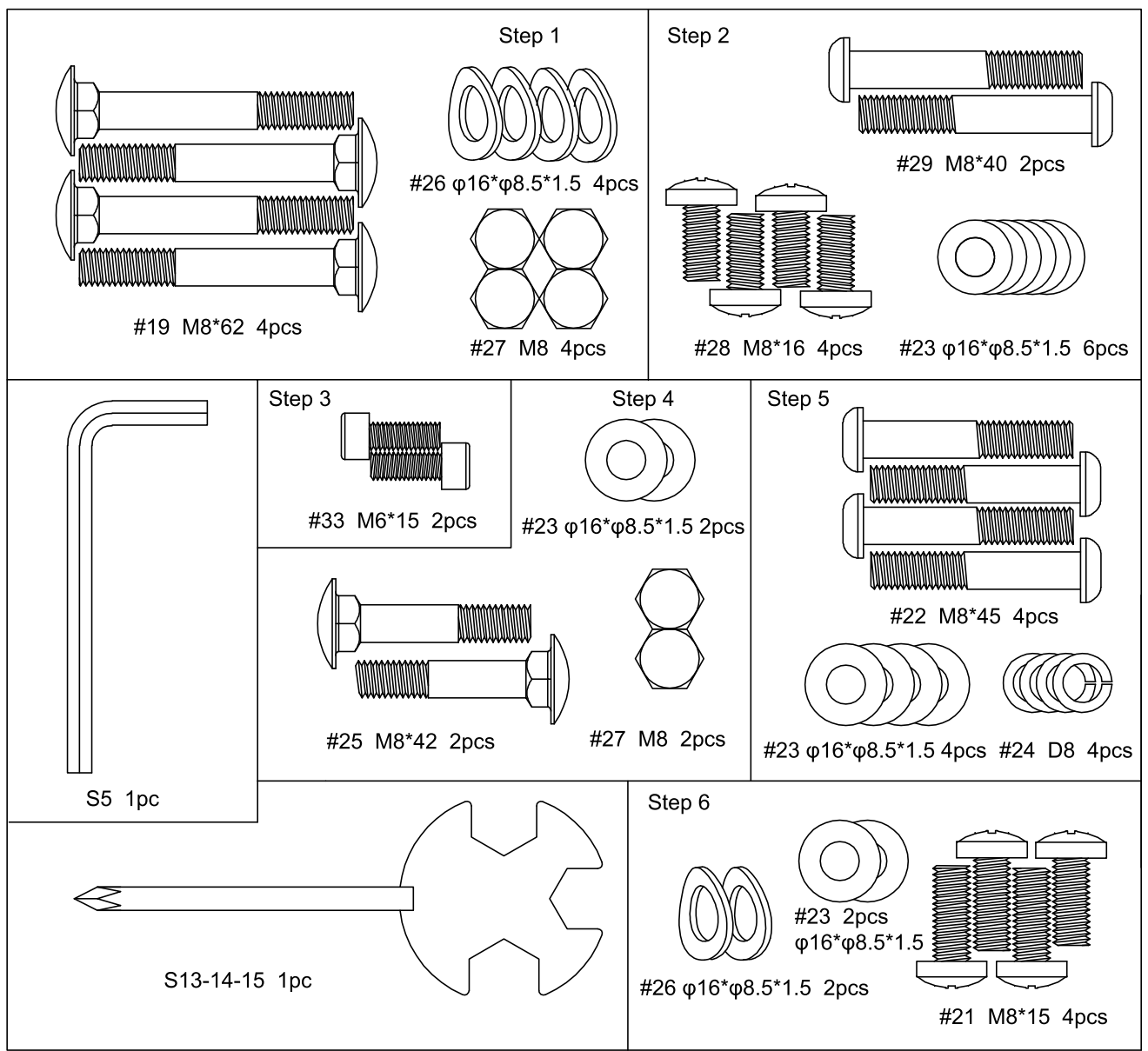
Teile-Liste

NO.	Beschreibung	QTY	NO.	Beschreibung	QTY
1	Hauptrahmen	1	50	Exzentrische Welle ϕ 12*105	1
2	Vordersäule	1	51	Ruota eccentrica ϕ 20*38	1
3	Vorderstabilisator	1	52	Boccola ϕ 23X ϕ 12.2X 11	2
4	Kissenkonstruktion	1	53	Rondella di sicurezza ϕ 30X2. 0	2
5	Lenkstange	1	54	Distanziatore folle ϕ 16* ϕ 10. 2*10	1
6	Regulierrohr	1	55	Riemenscheibe ϕ 240/J6	1
7	Magnetisches Whiteboard	1	56	Schaumstoffgriff ϕ 23 * ϕ 33 * 450	2
8	Verrückter Verbinder	1	57	Saitensatz	2
9	Hintere Stabilisatorstrebe	1	58	Endkappe hinten ϕ 50	4
10	M6-Schraube * 70	1	59	Dorn	1
11	M6-Mutter	2	60L/R	Pedal (1/2")	2
12	Schraube M8*40	1	61	Runde Endkappe ϕ 25*1,5	2
13	Sechskantmutter aus Nylon M8 S13	7	62	Tailenumfang 370 Pj6	1
14	Gewinde M10x1 xH5	2	63	Sitzkissen 360*280*40	1
15	Gewinde M10x1xH4	2	64	Rückenkissen 380*290 *40	1
16	Nylon-Gewindestift M10	1	65	Ärmel	2
17	Schraube ST4. 2*20	5	66	Kappe 60*30*1. 5	2
18	Schraube ST4. 2*20	5	67	Kappe 50*25*1. 5	1
19	Schraube M8*60	4	68	Spina 12	1
20	Schema der magnetischen Magnetisierung	1	69	Guscio	1
21	Schraube M8*15	4	70	Tappo a manovella	2
22	Schraube M8*45	4	71	Tenditore ad arco ϕ 43.5X25	1
23	Unterlegscheibe ϕ 16* ϕ 8,5*1,5	20	72	Spannungskontrollfaden 280mm	1
24	Rondella D8	4	73	Spannungskontrollfaden 55MAX/ 760mm	1
25	Bullone M8*42	2	74	Leitrolle ϕ 41X ϕ 8.5X20	2
26	Rondella ϕ 16* ϕ 8. 5*1. 5	6	75	Blocco freno 40*38*32	1
27	Nut M8	6	76	Rondella EV 40 * 20 * 3	1
28	Bullone M8*16	4	77	Cavo per computer 100mm	1
29	Bullone M8*40	2	78	Filo centrale 600mm	1
30	Bullone M5*8	4	79	Filo sensore Nadel 500mm	1
31	Schraube M8x38	2	80	Gewindebombierung für Nylonmutter M8	3
32	Schraube M5*15	2	81	Dado bombato per dado in nylon M6	4
33	Bullone M6*15	2	82	Dado aus Nylon M6	4
34	Rondelle di sicurezza per alberi D12	1	83	Drucktastenfelder für Bremsen ϕ 24*7 7* ϕ 12	1
35	Bolzen M5*20	1	84	Zehn Sätze Regale ϕ 46*8	2
36	Gewindestift D5	1	85	Gegeben ϕ 46*12	1
37	Bolzen M5*10	2	86	Rondella ϕ 46*2	1
38	Zehn Stück ϕ 56 * 15,5	2	87	Würfel 32*32*4	2
39	Manovella 140*220, 1/2	1	88	Dado di bloccaggio 2 ϕ 46*12	1

40	Distanzscheiben $\phi 16 \times \phi 10.2 \times 17$	1	89	Unterlegscheibe $\phi 40.5 \times 3$	1
41	Molla di trazione $\phi 18 \times 48 \phi 2$	1	90	Laufgrad	2
42	Schwarzer Magnet $40 \times 25 \times 10$	8	91	Schraube M6 * 45	2
43	Magnete rotondo $\phi 15 \times 6$	1	92	Vite ST3*10	9
44	Ruota inerziale $\phi 10 \times 1.25 \times M10 * 1 * 17$	1	93	Flache Scheibe D6	4
45	Externe Magnetflügel $\phi 200 \times 72,5 / 3 \text{Kg}$	1	94	Defekte Polsterauflage	1
46	Lager 6000Z	2	95	Verschlusskappe $40 \times 25 \times 2.0$	1
47	Zugfeder $\phi 18 \times 48 \phi 2$	1	96	Ärmel	2
48	Schraube $\phi 9,8 * 6 * M8 * 15$	1	97	Schraube M8*68	1
49	Bremsgriff $\phi 12 \times 380$	1			

BR5901R-2

HARDWARE



UK

If you have any questions, please contact our customer care centre.

Our contact details are below:



0044-800-240-4004



enquiries@mhstar.co.uk

IMPORTER ADDRESS:

MH STAR UK Ltd
1 Northampton Cross Logistics Park
Northampton Cross Road
Northampton
NN4 9FH
MADE IN CHINA

ES

Si tiene alguna pregunta, comuníquese con nuestro Centro de Atención al Cliente. Nuestros datos de contacto son los siguientes:



0034-931294512



atencioncliente@aosom.es

Importador/Fabricante/REP:

Spanish Aosom, S.L.
C/ Roc Gros, nº 15. 08550, Els Hostalets de Balenyà, Spain.
B66295775
atencioncliente@aosom.es
TEL: 931294512
HECHO EN CHINA

FR

Si vous avez la moindre question, veuillez contacter notre centre d'assistance à la clientèle.

Nos coordonnées sont les suivantes:



0033-1-84166106



aosom@mhfrance.fr

Importé par/Fabricant/REP:

MH France
2, rue Maurice Hartmann
92130 Issy-les-Moulineaux
France
FABRIQUÉ EN CHINE

PT

Se tiver alguma dúvida, por favor contacte o nosso Centro de Atendimento ao Cliente. Os nossos dados de contacto são os seguintes:



0034-931294512



info@aosom.pt.

IMPORTADOR:

SPANISH AOSOM, S.L
C.ROC GROS N.15, 08550. ELS HOSTALETES DE BALENYÀ
TEL: 931294512 (SEG-SEX DAS 7:30H ÀS 16:30H)
INFO@AOSOM.PT
WWW.AOSOM.PT

DE

Wenn Sie Fragen haben, wenden Sie sich bitte an unser Kundendienstzentrum.

Unsere Kontaktdaten stehen unten:



0049-0(40)-87408465



service@aosom.de

Importeur/Hersteller/REP:

MH Handel GmbH
Wendenstraße 309
D-20537 Hamburg
Germany
IN CHINA HERGESTELLT

IT

In caso di dubbio, si prega di contattare il nostro centro assistenza clienti. I nostri dettagli di contatto sono di seguito:



0039-0249471447



clienti@aosom.it

IMPORTATO DA/Produttore/REP:

AOSOM Italy srl
Centro Direzionale Milanofiori
Strada 1 Palazzo F1
20057 Assago (MI)
P.I.: 08567220960
FATTO IN CINA

